

March 24, 2020

To students and faculty members

Meiji University

About returning from abroad

Students and faculty members who returned from abroad are requested to respond as follows. When you return from an endemic area of new coronavirus, quarantine inspections are conducted at the airport of arrival. Please follow the instructions of the inspector.

1. Students and faculty members who returned from areas where new coronavirus are prevalent

*Refer to the separate sheet "[Flow 1](#)"

(1) If you have pyrexia (37.5 degrees or more) and respiratory symptoms such as a cough within 2 weeks from the date of return to Japan.

① Avoid contact with others, wear a mask, and consult the nearest "Counseling Center for Returnees and Contacts" (※) by yourself or with your guardians before visiting a medical institution. Then visit the medical institution recommended by the Center as soon as possible.

*"Counseling Centers for Returnees and Contacts" will be set up at each health center. In the meantime, contact your local healthcare center (Contact: See below).

② Regardless of whether or not you are infected, please contact the faculty office or department to which you belong by telephone (Contact: See below) about the results of the diagnosis made by the medical institution.

(2) If you have a fever (37.5 degrees or more) and no respiratory symptoms such as a cough within 2 weeks from the day of return to Japan.

① Please stay at home for 2 weeks after returning to Japan.

Students should keep in close contact with their parents.

② Before starting to stay at home, please call the faculty office or department (Contact: See below) to which you belong.

③ If symptoms occur, respond as described in 1 above (1).

2. Students and faculty members who returned from other area

*Refer to the separate sheet "[Flow 2](#)"

(1) If you have pyrexia (37.5 degrees or more) and respiratory symptoms such as cough within 2 weeks from the date of return to Japan.

- ① Avoid contact with others, wear a mask, and visit the nearest medical institution immediately.
- ② Regardless of whether or not you are infected, please contact the faculty office or department to which you belong by telephone (Contact: See below) about the results of the diagnosis made by the medical institution.

(2) If you have no fever (37.5 degrees or more) and no respiratory symptoms such as cough within 2 weeks from the day of return to Japan.

- ① For two weeks after returning to Japan, take your temperature twice a day, morning and evening, and check your health condition. Students should keep in close contact with their parents.
- ② Please refrain from going out as much as possible for 2 weeks after returning to Japan.
- ③ If symptoms occur, respond as described in 2 above (1).

(Contacts)

*Public Health Center District Guide (Website of the Ministry of Health, Labour and Welfare)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/kenkou/hokenjo/

*List of contacts by department in our university

<https://www.meiji.ac.jp/cip/english/contact.html>

*Service Hours (Handling of Clerical Work during the Spring Break Period: 2/4 to 3/31)

<https://www.meiji.ac.jp/koho/news/2019/6t5h7p00002kxrqi.html>

(References)

MHLW website (For new coronavirus infections)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html

Ministry of Education, Culture, Sports, Science and Technology website

(Countermeasures against New Coronavirus Infections)

https://www.mext.go.jp/en/mext_00006.html