Report of the program activities (during the program)

<table>
<thead>
<tr>
<th>Date of reporting</th>
<th>Year 2019 month 9 day 20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Host University</td>
<td>State University of New York at New Paltz</td>
</tr>
</tbody>
</table>
| Department you belonging to at the host university | ☑️ I belong to a specific department (Please fill out the following information)  
  ※ Name of the department:  
  ☑️ I do not belong to any specific department and taking the classes of various majors.  
  ☐ Other: |
| Duration of the exchange program | year2019 month8 to year2020 month12 |
| Department you belong to at Meiji University | School of Global Japanese Studies Major (field of study) Global Japanese Studies / Graduate school of _____ Major _____ |
| Year (before departure) | Undergraduate: year 4 / Graduate ☑️ Masters ☐ Doctorate year |

I. How did you find the information to prepare for your departure? Please report and give some advises for future exchange students going abroad on what they need to know and be informed.

I have researched the information through the internet, and there were lots of excel files which is like a preparation check list for the departure. So I used it.

II -1. Preparing before going exchange program (About VISA)

<table>
<thead>
<tr>
<th>Type: J1</th>
<th>Where to apply: USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>How long did it take to get a VISA: about one month (How long did it take from the application to the acquisition of your VISA?)</td>
<td>Cost: I don't remember the exact amount but surely more than 200$</td>
</tr>
</tbody>
</table>

What kinds of documents were required to submit to apply for VISA? How did you prepare those documents?

- a permission paper from the school, SEVIS

Please report on the details of applying process.

I waited the permission paper came to my house, paid for the VISA, and made an appointment for the interview. About a week later, I received VISA with my passport.

If you took any interview at the Embassy, please report on the details of the questions you were asked.

They asked why do I go to the USA, and do I have any relationship with any person related to North Korea, and who pays for my tuition fee.

Were there any difficulties or notices to take the VISA?

No

II -2. Preparation before departing for exchange program (Other topics)

Please report on any other necessary preparation before your departure. (E.g. Preparation of money, purchasing a cellphone, shipments of your commodities, and etc.)

I made city bank card which can be used as both debit and cash card, and brought lots of clothes for 4 seasons because this place has 4 seasons in a day. Also, I purchased sim card from Mint mobile at online in this country, and it is really cheap compare to other companies like AT&T and T mobile.
### III. After Arrival

#### 1. Arrival Information

| **Airline** | Asiana |
| **How to purchase air ticket** | their official website |
| **Arrival airport** | JFK airport |
| **Arrival time** | about 11:30AM |
| **How to get to the campus** | ☑ Pick-up of host university, ☐ Pick-up of your friend, ☐ Public transportation (Bus, Train), ☐ taxi, ☐ other |
| **How long did it take from the airport to the campus?** | About 2 hours |
| **Are there any important points to get to the campus? Please inform on the cost of taxi or any transportsations.** | The shuttle bus costs $40 |
| **Arrival date** | Month 8 date 20 2019 |

#### 2. Housing

| Did you check-in soon after arriving? | ☑ Yes, ☐ No |
| **Type of housing** | ☑ Dormitory, ☐ Apartment, ☐ Other ( ) |
| **Type of the room** | ☐ Alone, ☐ two persons, ☐ Other ( ) |
| **Room mates** | ☐ Japanese Student, ☐ International Student, ☑ Other (I don’t have a roommate but I have American and French suitemates) |
| **How to find the accommodation** | ☑ Recommendation from host university, ☐ by yourself, ☐ Other ( ) |
| **Details of the application** | ☑ |

**Have you decided your accommodation before departure or after arriving easily? Were there any troubles to find it?**

I was assigned by the university when I have arrived

#### 3. Orientation

| **Was there any orientation?** | ☑ Yes, ☐ No |
| **Date** | 2019.8.21~25 |
| **Was it mandatory to attend?** | ☑ Yes, ☐ No |
| **Did it cost any?** | ☑ No. It’s free of charge, ☑ Yes (Cost: $100) |
| **Contents (details)** | They introduced the campus and the system of the school |
| **Was there any special guidance arranged for exchange students?** | ☑ Yes, ☐ No |
| **Date of beginning of the class** | Month 8 day 26 |
### IV. Other process to be completed after arriving

<table>
<thead>
<tr>
<th>1. Was it necessary to get any permission of staying after arriving? If yes, where, report on when, and how to apply for a permission? How long and how much did it take? Was there any trouble?</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2. Were there any other procedures you completed after arriving? (E.g. medical checkup, inoculation and etc.) If yes, report on where, when, and how did you complete them? How long and how much did it take? Was there any trouble?</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
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</table>

<table>
<thead>
<tr>
<th>3. Did you open any bank account abroad? How did you open it and what kinds of documents were required to apply? How long and how much did it take? Was there any trouble?</th>
</tr>
</thead>
<tbody>
<tr>
<td>The bank of America. People from the bank came to the campus fair and opened my account at the place. I need to prepare my Visa and passport.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>4. Did you purchase any cellphone? How did you open it and what kinds of documents were required to purchase it? How long and how much did it take? Was there any trouble?</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
</tbody>
</table>

### V. Course registration and classes

<table>
<thead>
<tr>
<th>1. When and how did you register your courses?</th>
</tr>
</thead>
</table>
| ☑ Before departure (approximate date: month 6 day 26)  
  - Online  
  - Filling out an application form  
  - Not allowed to register  
  - Other ( ) |
| ☑ After arriving (approximate date: around month 8 day 26)  
  - Online  
  - With support by International office at the host university  
  - Not allowed to register  
  - Other ( ) |
| Was there any priority as an exchange student? | ☑ Yes  
  ☑ No |
| If your answer is Yes, please report on the details. |

If your answer is No, how did you register your classes?  
By online or sending e-mail to the person in charge of international office  
If you had registered the courses before departure, could you change or add any classes after arriving? Could you register all the classes which you wished to attend?  
I could change any classes but not for all because there are some prerequisites for taking the classes or the classes were already full.
### Weekly Schedule

*(Please enter your daily life such as class, activities, and self studies.)*

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<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
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<tbody>
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<td>7:00</td>
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<td>8:00</td>
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<td>9:00 Class</td>
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<td>Class</td>
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<td>10:00</td>
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<td>Swimming</td>
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<td>11:00</td>
<td>Lunch</td>
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<tr>
<td>13:00</td>
<td>Study or hanging out</td>
<td>Lunch</td>
<td>Class</td>
<td>Lunch</td>
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<tr>
<td>14:00</td>
<td>Class</td>
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<td>15:00</td>
<td>Study or hanging out</td>
<td>Class</td>
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<td>18:00</td>
<td>Dinner</td>
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<td>19:00</td>
<td>Internation Student Union meeting</td>
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<td>Internation Student Union meeting</td>
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<td>20:00</td>
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<td>Internation Student Union meeting</td>
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### Feedbacks from the beginning of the program to the present

Please give us any feedbacks on the host university, your program, classes, dormitory, and your life abroad.

If you like to draw, I want to recommend ‘Intro to Studio Art’ class. The class time is longer than normal classes, but I am having a lot of fun. Also, Expressive art in education is also good for expressing my inner mind through art. Also, I want to suggest to take ‘Live Theatre Experience’ if you like to watch musicals or plays at the school or New York City. Also, ISU (International Student Union) is the best club for making international students. For residence hall, Ridgeview hall is the best, and Ashokan, Minnewaska, Esopus, and Lenepe halls are also good. I want to recommend you to request for being assigned to suite rather than corridor, because you can make more friends at the suite style hall than corridor style hall.

Please give some advice to the students who are willing to study abroad at the same host university in the future.

I chose here because I thought the university is close to New York city. However, it is not actually. You can still go to the city but it takes 1.5~2 hours for a single way. So, if you want to come here to go to the city frequently, you are making a wrong decision. But they have beautiful campus and town. I love the atmosphere of the campus and people here. I want to recommend to come here if you love nature and liberal atmosphere.