	協定留学近況報告書
記 入 日 2019:	年 09月 26日
留 学 先 大 学 北京	 大学
[特5	定の学部·研究科等に所属している(以下に学部等名を記入)
留学先での所属学部等	等名(日本語): , (現地言語での名称):
	定の学部等に所属せず様々な学部等の授業を履修している。
<u></u> □₹0	D他:
留 学 期 間 2019	年9月-2020年7月
明治大学での所属 法学部	3 <u>法律</u> 学科 <u>国際関係法</u> 専攻 /
学年(出発時本学での学年) 学部25	年生/研究科□博士前期課程□博士後期課程 年生
l. 出発前にどのように情報を集め、準備	をしましたか。しておいて良かったこと,準備不足だったこと, ぜひ次の学
生に準備としてアドバイスしたいことを記述	述してください。
留学先の日本人先輩にいろいろアドバイスを	そもらい、不安点を事前に聞くことです。それぞれの大学に必ず日本人会がある
ので、是非問い合わせてみてください。	
Ⅱ-1. 留学のための渡航前手続き(留学	学ビザ)
ビザの種類 :X1ビザ	申請先:中国ビザ申請サービスセンター
ビザ取得所要日数:1 週間 (申請してから何日/週間要したか)	ビザ取得費用:8500 円程度
ビザ取得のためにどのような書類の提出が求	えめられましたか?また,どのように手配しましたか?
https://www.visaforchina.org/TYO_JP/IC	詳しく記載されています。ぜひ参照してください!
具体的な申し込み手順を教えて下さい。	
北京大学から受入許可証が6月上旬ごろに	こ明治大学へ到着します。その後、上記サイトにてオンライン予約をしたのち、
指定された資料を持参し、当ビザセンターへ	<u>行きます。</u>
ビザ取得の際に,留学先国大使館で面接の	あった方は、どのような質問を受けましたか?
面接はありません。	
ビザ取得に関して困った点・注意点	

欧米に比べ、ビザ申請は非常に楽です。ただし、中国渡航後に X1ビザ所持の方は「居留許可証」の申請が必要で厄介です。「居留許可書」申請のために、中国で面接や健康診断(日本でも可)があります。受け取りまで 2 週間ほどかかります。

Ⅱ-2. 留学のための渡航前手続き(その他の事前準備について)

その他済ませておくべき準備があればお書き下さい(現地での現金調達準備、携帯電話購入、荷物運送など)

銀行開設までは現金で生活します。中国ではスマホ決済が一般的なので、「居留許可証」申請前に銀行開設することを強くお勧めします。携帯電話は現地で安く SIM カード購入が可能なので、SIM 解除を事前にしておきましょう。

荷物は1週間生活できる量で大丈夫です。現地調達のほうが安いです。

Ⅲ. 現地到着後のなた	バれ				
1.到着時の様子					
利用航空会社	JAL				
航空券手配方法	JAL のマイレーシ				
			空券情報等があれば記入して ⁻ 	下さい。	
大学最寄空港名	│ 北京首都国際空》 │		現地到着時刻	12 時ごろ	T
キャンパスへの移動手段	│ □大学手配の │ │ 出迎え	☑知人の 出迎え	│ □公共交通機関 │ │ (□バス□電車)	□ タクシー	一その他
移動の所要時間	1 時間程度				1
空港からキャンパスへの移	動の際の注意点	,タクシー・公共	交通機関で移動する際の	の行き方, 料金等	
地下鉄、バスのどれでも大	丈夫です。オリエン-	テーション開始ージ	週間前から、大学が空港ま	で迎えに来る制度が	あるのでうまく活用しまし
よう!	000011	- I. I.			
大学到着日	8月30日11時	f 頃			
2.住居について		- / \-			
到着後すぐに住居		いいえを選ん	だ方: 月	日から	入居可能だった。
入居できましたか?	いいえ				
住居のタイプ	፟፟፟፟፟፟፟፟ቜ	□アパート	□ その他()	
部屋の種類	☑一人部屋	□二人部屋	□その他()	
ルームメイト	□日本人学生	□他国からの	留学生 🗹 その他(中国	人)	
住居を探した方法	✓大学の斡旋	□自分で探し	た)	
住居の申込み手順	交換留学生の場	場合、優先的に留	留学生寮の申し込みが出	来ます。それを逃る	すときついです。
住居は渡航前に,また渡	度航後すぐに見つた	いりましたか?トラ	ラブルはありましたか?		
交換留学生以外は、入寮	できずに賃貸を探し	ていました。留学	生寮はここ数年の間に建築	されているので、綺麗	麗です。オートロック式で
安全面も文句なしです。私	の部屋はここ数年位	吏われてなかった	:せいか、メンテナンス不足・	で、エアコンや暖房か	らの水漏れ、冷水が出
ず、熱いシャワーしか出ない	いなどの事態も起こり	ました。電話により	り修理する方がすぐにきます	(無料)。	
3.留学先でのオリエン・	テーションについ	て			
オリエンテーションの有無	夕 あった]なかった			
日程	9月3日				
参加必須ですか?	☑必須	任意参加			
参加費用は?	☑無料 []有料(金額:)		
内容と様子は?	授業の履修登録	表方法、中国に関	関するミニゲーム		
留学生用特別ガイダンス	夕 あった	なかった			
授業開始日	9月9日から				

	IV. その他、渡航してから必要な手続きについて
	1. 現地で滞在許可等の申請の必要はありますか?いつ、どこで、方法は?日数、料金は?トラブルは?
	「居留許可証」が必要となります。交換留学生の場合、合同日程に沿って申請できます。総日数 3 週間ほどです。
	合同日程を逃すと自分ですべて申請しなければならないため、なるべく学校のスケジュール通りに行いましょう。
L	料金は健診に 350 元、居留許可書に550元ほどかかります。
	2. その他現地でした手続きは?(健康診断、予防接種等)いつ、どこで、方法、日数、料金は?トラブルは?
	健診は日本でもできますが、中国で行うほうが断然お得です。自分で健診所に行く場合は、朝の7時から並ぶ必要がありま
	す。長蛇の列に並ぶため、すべて終了するのが14:30ぐらいでした。
	3. 現地で銀行口座を開設しましたか?手続方法、必要書類、日数、料金は?トラブルは?
	学校の近くにある中国銀行で銀行開設しました。パスポート、住居登記書(寮がくれます)、留学センターからの申請書などがひつようとな
	るため、「居留許可証」申請前に銀行開設を済ませておきましょう。生活においての手続きが全てスマホ決済を通して行われるため、銀
	行開設は早めに!
L	4. 現地で携帯電話を購入しましたか?手続方法、必要書類、日数、料金は?トラブルは?
	寮の敷地内で SIM カードを格安価格で販売してくれます。設定なども英語で対応してくれたため、安心して手続きが出来ま
L	す。
	V. 履修科目と授業について
	1.履修登録はいつどのような形で行いましたか?
	□出発前に(月 日頃)
	□オンラインで登録 □志願書類に記入して登録 □できなかった □その他()
	✓到着後に(9月9日頃)
	登録時に留学生として優先されることは あった 夕なかった
	優先が「あった」方はどのように優先されましたか?
L	
L	優先が「なかった」方はどのように登録しましたか?
	オンラインにて授業を登録します。2回ほど履修科目の変更をすることが出来ます。9月23日までに履修科目が確定し、そ
L	の後はドロップすることが出来ません。交換留学生の場合、6単位以上20単位以下という条件下で科目選択します。

出発前に授業を登録した方は、現地で変更・追加できましたか?また希望通りの授業が取れましたか?

Ⅵ. 一週	間のスケジュール	レ 授業時間、	課外活動、勉強	鱼時間等、毎	日の生活につい	て記入してくだ	<i>ごさい</i> 。
	月	火	水	木	金	土	日
7:00							
8:00		国際公法	国際公法				
9:00	専門漢語	国際公法	国際公法				
10:00	専門漢語		憲法学		刑法分論		
11:00	専門漢語		憲法学		刑法分論		
12:00							
13:00	憲法学		中国概況	刑法分論			
14:00	憲法学		中国概況	刑法分論			
15:00			中華人民共和国対外政策(聴講)				
16:00			中華人民共和国対外政策(聴講)				
17:00			中華人民共和国対外政策(聴講				
18:00							
19:00		外交学	日本人及び日 本人論				
20:00		外交学	日本人及び日 本人論				
21:00		外交学					
22:00							
23:00							
24:00							

Ⅲ. 現在までの感想

留学先大学、プログラムについて、授業、宿舎、生活全般についてなど、自由に書いてください。

北京について:東京に比べ、北京の夏は暑く、冬は 10 月から冷え込み、乾燥し非常に寒いです。また、PM2.5などの大気 汚染もまだあり、週に1回は空がどんよりとしています。生活費は非常に安く、とりわけ大学内で販売されているものは破格の お値段です。大学内では、カードにお金をチャージし、レジでタッチし購入します。学外では、スマホ決済が主流です。現金 で支払うことも可能ですが、どこでもスマホ決済に対応しています。

北京大学の学生:北京大学の学生はアジアトップ校の生徒の名に恥じず、日々勉学やサークル活動に勤しんでいます。日中学生交流も盛んで、日本が好きな学生が大勢います。一度友達になれば、家族のように大切にしてくれ、勉学や生活面で不安があった際には様々なサポートをしてもらっています。

北京大学のプログラム:北京大学が明治大学交換留学生に対して開講しているプログラムは 2 種類あります。1. 中国語プログラム;このプログラムを選んだ場合は、中国語の授業をメインにとることとなります。北京大学本科生向けの授業を履修することが出来ないので注意が必要です。英語で開講された留学生向けの授業は履修可能です。2. 本科生プログラム;このプログラムは HSK6級ほどの中国語能力を持っていないと選択できません。本科生とともに授業を履修するため、授業及びテストは全て中国語で行われます。1 学期ごとにプログラムを選択することが出来るため、留学前半に中国語プログラム、後期に本科生プログラムを選択することが可能です。

宿舎: 交換留学生の場合、留学生寮に泊まることが出来ます。1 人部屋で、お風呂場とリビングは 2 人共用となります。寮費が本科生用の寮費よりも高いため、自分で家を探す人もいます。しかし、北京大学から歩いて 8 分ほどの場所に位置しているため、非常に便利です。

事務の人の対応:膨大な数の留学生相手に日々様々な対応をしているため、何かトラブルや不安なことがあったら自分から積極的に質問しに行くことが必要となります。

物価の安さ: 食堂で食べると、一食当たり 200 円前後で抑えることが出来ます。 寮費は毎月5,6万円ほどです。その他衣類や生活用品は淘宝(タオパオ)というネットショッピングを利用することをお勧めします。

留学先大学を目指す学生に向けてのアドバイスをお願いします。

留学先大学の決め手:将来日中の橋渡し役として外交官になりたいと考えていました。そのため、政治の中心で学びたいということで北京の大学に行きたいと考え、中国一の大学である北京大学を選びました。また、中国法を学びたいと考えており、中国で法学に強いのは北京大学だということを知り、志望しました。

留学先大学への準備:明治大学交換留学の制度を利用したい方は、遅くとも半年前から出願準備をすることをお勧めします(夏休み頃)。2019 年交換留学プログラムに参加した際、北京大学への出願条件が、HSK6 級(各セクション全て 7 割越え)、GPA2.8以上(毎年変動し、以前は3.0以上)でした。夏休み以前、自身は HSK3 級しか保持していませんでしたが、半年(6 月から 10 月)猛勉強し、HSK6 級を取得しました。また、GPA を保持するために選択科目の調整などをしていくのが良いと思います。選考合格後は、北京大学での 1 年間を無駄にしないためにも中国語及び英語(留学生と交流でき、いざ中国語でうまく伝えられない場合使えます)を強化していくことをお勧めします。

留学先でしか経験できないこと: 中国の将来を担うであろう人々と沢山知り合えることです。また、他国からの交換留学生も、これから中国と関わっていきたいという人ばかりなので、人脈作りの面では北京大学でしかできないことだなと思います。また、北京大学に関わらず、急速に発展途中の中国で身を置くことで、日本で耳にする中国と実際の中国の大きな違いを体感することが出来ます。

北京大学ではなく、中国に留学したい方、奨学金について聞きたい方、留学全般について相談したい方は、国際事務室の方に連絡先にメールアドレスを聞いて、遠慮なく私に連絡してください! 留学準備中は大変ですが、飛行機に乗ったときの「やっと留学が始まる!」うきうき感は爽快です!がんばってくださいね!

Report of the	ne program ad	ctivities (during the program)
Date of reporting	Year2019 month	11 day08
Host University	Peking University	
	☐ I belong to a sp	ecific department(Please fill out the following information)
	※ Name of the de	epartment:
Department you belonging to	☑I do not belon	g to any specific department and taking the classes of
at the host university	various major	S.
	Other:	
Duration of the evaluation	Voor2010 month	00 to veer 2020 month 0.7
Duration of the exchange	rearzors monun	09 to year2020 month07
Panartment vou belang to et	Cabaal of Law Ma	sign/intermedianal relations) / Chadwate ashaal of
Department you belong to at		ajor(international relations) / Graduate school of
Meiji University	Major	0/0 1 50 1
Year (before departure)		⁻ 2 ∕ Graduate
		e for your departure? Please report and give some
	ge students goi	ng abroad on what they need to know and be
informed.		
Contact with the Japanese Universit	y students who has ali	ready been there. Ask the whatever you are worried. Also I highly
recommend you to contact with Japa	nese association in the	e university. I'm sure that each university have the institution.
recommend you to contact with Japa	nese association in the	e university. I'm sure that each university have the institution.
recommend you to contact with Japa	nese association in the	e university. I'm sure that each university have the institution.
recommend you to contact with Japa II -1. Preparing before going		
·		am (About VISA)
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II -2. Preparation before departing for exchange program (Other topics)

Please report on any other necessary preparation before your departure. (E.g. Preparation of money, purchasing a cellphone, shipments of your commodities, and etc.)

Before opening a bank account, cash would be the primary mode of payment. In China, payment via smartphone is the norm, and thus it is strongly advised to open a bank account before applying for your residence permit. SIM cards can be bought locally at low prices, thus do ensure that your mobile phone is unlocked before arriving in China. It's fine to pack 1 weeks' worth of luggage, as it's cheaper to buy things in China

Ⅲ. After Arrival						
1. Arrival Informat	ion					
Airline		JAL				
How to purchase	se air	JAL Mileage	Э			
ticket		※利用した旅行	社・旅行サイト,格安航空	2券情報等があれば記入し	て下さい。	
Arrival airport		Beijing	International	Arrival time	12	om
Anvaranport		Airport	. —			
How to get to the car	mniis	☐ Pick-up	- '	☐ Public transporta	ition	□other
Tiow to get to the cul	приз	host universi	your friend	(∐Bus ∐Train)		
How long did it tal	ce from	About	1 Hour			
the airport to	the					
campus?						
Are there any im	portant	points to	get to the cam	ous? Please infor	m on the co	st of taxi or any
transportations.						
You can take th	ne train or	bus. From on	e week before orien	tation starts, the univ	ersity will fetch yo	ou from the airport, so
please use this service	e!					
Arrival date	Mon	th August da	ate 30 th time 1	1 am		
2. Housing						
Did you check-in	✓Yes	li li	f your answer is	"No"∶The date yo	u checked-in w	/as
soon after	□No			month	day	
arriving?						
Type of housing	✓Dorm	nitory	□Apartment	☐Other()	
Type of the	✓Alone	e	rsons	Other()		
room						
Room mates	□Japar	nese Student	☐International S	student Other	Chinese Student)
How to find the	✓Reco	mmendation	from host univers	ity □by yourself	☐Other()
accommodation						
Details of the	lf	you're an	exchange stude	ent, you will get	priority in ap	plying for student
application	accomm	nodation. It'll l	oe tough if you mis	ss this opportunity.		

Have you decided your accommod	ation before departure or after arriving easily? Were there any troubles
to find it?	
Non-exchange students looked for leases	as they were unable to stay in the dorms. The dorms for exchange students were built
recently, and thus are clean and pretty. The	re is an autolock system, thus I have no complaints about safety. My room might have not
been used for a few years, and thus was no	t well-maintained: there were problems such as the aircon and heater having water leaking
from them, and only hot water coming out o	f the showers (as opposed to being able to mix cold and hot water to obtain one's desired
temperature). I called the maintenance staff	who came to fix the issues speedily (free of charge).
3. Orientation	
Was there any orientation?	✓Yes □No
Date	September, 3rd
Was it mandatory to attend?	✓Yes □No
Did it cost any?	✓ No. It's free of charge.
Contents (details)	How to apply for classes, and minigames relating to China
Was there any special guidance	✓Yes □No
arranged for exchange students?	
Date of beginning of the class	month September day 9th
IV. Other process to be comple	eted after arriving

1. Was it necessary to get any permission of staying after arriving? If yes, where, report on when, and how to apply for a permission? How long and how much did it take? Was there any trouble?

Yes. For exchange students, one can apply following a fixed schedule. The process takes approximately 3 weeks. If you miss the fixed schedule, you have to apply for everything yourself. Therefore, do follow the school's schedule. As for costs, it is 350 yuan for the physical examination, and 550 yuan for the residency permit application.

2. Were there any other procedures you completed after arriving? (E.g. medical checkup, inoculation and etc.) If yes, report on where, when, and how did you complete them? How long and how much did it take? Was there any trouble?

You can do the physical examination in Japan too, but it's a lot cheaper to do it in China. If you do to the clinic yourself, you need to queue up from 7am. There's a long queue, so you might finish your appointment only at 2:30pm.

3. Did you open any bank account abroad? How did you open it and what kinds of documents were required to apply? How long and how much did it take? Was there any trouble?

I opened a bank account at Bank of China near my school. I needed documents such as my passport, proof of address (provided by my dorm), an application form from the exchange students' centre. As such, do apply for your bank account before applying for your residency permit. Your daily life chores can all be completed using your smartphone, thus you should open your bank account as soon as possible.

4. Did you purchase any cellphone? How did you open it and what kinds of documents were required to purchase it? How long and how much did it take? Was there any trouble?

SIM cards are sold cheaply within the dorm premises. Explanations regarding the settings etc. can be given in English, so I could do all of it without worries.

V. Course registration and classes
When and how did you register your courses?
☐Before departure(approximate date: month day)
☐Online ☐Filling out an application form ☐ Not allowed to register ☐other()
✓ After arriving(approximate date: around month day)
✓Online
☐ Not allowed to register ☐other()
Was there any priority as an exchange ☐Yes ✓ No
student?
If your answer is Yes, please report on the details.
If your answer is No, how did you register your classes?
I registered for my classes online. You can change your module options twice. Your modules will be confirmed by 23
September, and you won't be able to drop them after that. For exchange students, one must take modules amounting to
no more than 6 credits and no less than 20 credits.
If you had registered the courses before departure, could you change or add any classes after arriving? Could
you register all the classes which you wished to attend?
VI. Weekly Schedule (Please enter your daily life such as class, activities, and self studies.)
Mon Tue Wed Thu Fri Sat Sun

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
7:00							
8:00		Public International Law	Public International Law				
9:00	Technical academic Chinese	Public International Law	Public International Law				
10:00	Technical academic Chinese		Constitutional Law		Criminal Law		
11:00	Technical academic Chinese		Constitutional Law		Criminal Law		
12:00							
13:00	Constitutional Law		China Studies	Criminal Law			
14:00	Constitutional Law		China Studies	Criminal Law			
15:00			Chinese Foreign Policy (attendance)				
16:00			Chinese Foreign Policy (attend)				
17:00			Chinese Foreign Policy (attendance)				
18:00							
19:00		Diplomacy	Japanese & Japanese Studies				
20:00		Diplomacy	Japanese & Japanese Studies				
21:00		Diplomacy					
22:00							
23:00							
24:00							

WI. Feedbacks from the beginning of the program to the present

Please give us any feedbacks on the host university, your program, classes, dormitory, and your life abroad.

Regarding Beijing: As compared to Tokyo, Beijing's summer is hotter, and for winter, it starts to get cold in October, and gets dry and very cold. Furthermore, there are pollutants such as PM2.5 particles, and the sky gets dull and heavy once every week. Living expenses are very cheap, especially for things sold in school. Within the school, you can charge your card (with money), and pay for items by tapping it at the register. Outside of school, it's common to make payments via smartphone. You can pay using cash too, but I usually use my smartphone to pay everywhere.

Beijing University Students: They are not ashamed of being the students of the top university in Asia, and work hard at their studies and club activities. There are lots of Sino-Japanese events, and lots of students who like Japan. Once you become their friend, they treat you like family - if you have any worries about studies or life in China, they'll go to great lengths to help you.

Beijing University's Programme: There are 2 programmes available for Meiji University students. The first is a Chinese Language programme. If you choose it, you will primarily take Chinese language classes. Do note that you will not be able to take classes catered for the mainstream students. You will be able to take classes conducted in English aimed at foreign students. The second is the mainstream programme. This programme can only be taken by students whose Chinese language ability is at HSK6. You will take classes together with the local students, thus classes and tests will all be in Chinese. You can choose programmes each semester, and thus you can pick the Chinese Language Programme in the first semester, and the mainstream programme in the second semester.

Accommodation: If you're an exchange student, you can stay in a student dorm. It is a single room, with a shower and living room shared with one other person. The dorm is more expensive than the dorms for local students, and thus there are people who find accommodation on their own. However, the dorms are an 8-minute walk from school, and thus is extremely convenient.

Interaction with HR: There are a lot of exchange students with a lot of issues to be dealt with, and thus if there are any problems or worries that you have, you must be proactive and find HR to ask about it.

Cost of living: If you eat in the school cafeteria, you can have a meal for around 200 yen. The dormitory rent is around 56,000 yen per month. Other necessities can be bought from Taobao, an online shop.

Please give some advice to the students who are willing to study abroad at the same host university in the future.

What made me choose Beijing University: I am thinking of being a diplomat in charge of Sino-Japanese relations. For this purpose, I wanted to study in China's political centre, Beijing, and chose China's most famous university, Beijing University. Also, I wanted to study Chinese Law, and Beijing University is famous in China for Law.

Preparations for entering Beijing University: For people not using Meiji University's exchange programme, you need to prepare your applications half a year in advance at the latest (around the summer vacation). If you joined the 2019 exchange programme, you need to get HSK6 (with at least 70% in all sections), and a GPA of 2.8 and above (varies form year to year - it was 3.0 previously) to have applied. Before the summer vacation, I only had HSK3, but I studied very hard for half a year (June to October), and attained HSK6. Furthermore, in order to get the required GPA, it is probably good to adjust your module choices appropriately. Once you pass the selection process, you should continue working on your Chinese and English (to communicate with other foreign students who might not be so good at Chinese).

Unique point about Beijing University: You get to meet many of the future leaders of China. Most people want to have strong connections with China, and thus I think that Beijing University provides a unique opportunity to form good personal connections. Furthermore, apart from Beijing University, by experiencing the rapidly developing China, one is able to experience the large gap between the China we hear of in Japan, and China in reality.

For those who want to study not just in Beijing University but in China generally, those who want to know more about scholarships, or merely about studying abroad in general, feel free to ask for the international office for my email address and contact me! It's tough to prepare for studying abroad, but the buoyant feeling of being on the plane and thinking "my study abroad has finally begun!" is refreshing! All the best!