

【University-wide Study Abroad Program】Report of Program Activities

Today's Date	year2024month09date03
School/Graduate School・Major At Meiji University	Global Business
Grade when you started the program	year2 (year at your departure)
Date of return	year2024month08day25
Expected year of graduation (from Meiji University)	year2025month03
Information of Host Institution	
Country of your study abroad	America
Name of the host institution	Stanford University
Local Language / Language of Instruction at Host Institution	English / English
Study period	year2024month06~year2024month08
Grade you belonged to at the host institution	year2 (year you have belonged to at host institution)
School you belonged to at the host institution	<input checked="" type="checkbox"/> International Honor Program (IHP) <input type="checkbox"/> Haven't belonged to specific school.
School type	<input type="checkbox"/> National <input type="checkbox"/> Public <input checked="" type="checkbox"/> Private <input type="checkbox"/> Other
Academic calendar	Semester1: Semester2: Summer Session Semester3: (e.g./Semester 1 : Beginning of April~End of July, Semester 2 : Middle of September~Beginning of February)
Number of students	Approximately 16,000
Year of founding	1885

Study Abroad Expenses

Fees	Local Currency (dollar)	Yen	Note
Tuition	12,720	1,839,159yen	The exchange rate can be tiny different
Housing	3,608	521,673 yen	Including housing chargesm housing technology fee, and house dues
Food	2,500	361,470 yen	Meal Plan and others
Books and Text books		yen	
School Supplies	125	18,073 yen	Document fee
Cell Phone, Internet	116.88	16,900 yen	
Transportation	287	41,497 yen	I Bought a second hand bike (<input checked="" type="checkbox"/> Walk or bike to university)
Recreation		yen	
Clothes		yen	
Medical	21.79	3,151 yen	Anti-allergy medicine
Insurance	397.54	57,480 yen	type : Meiji University Overseas Insurance
Travel expense	1,923.18	278,069 yen	Two flights
Visa Application			
Petty expense		yen	
Other	708.58	102,452 yen	Student visa expense in total
Other		yen	
Total	22,407.97	3,239,924 yen	

Travel Information

Route: Flight from Tokyo to San Francisco, and flight from San Francisco to Tokyo

Travel Expenses

<u>Ticket type</u>	Economic Class
<u>Outward</u>	77,786JPY
<u>Return</u>	\$1,385.2
<u>Total</u>	Around 278,069JPY

Travel company you used, guidebooks, or any other resources you referred during the preparation:

I used booking.com to book the flight from Tokyo to San Francisco and I booked the flight back to Tokyo via the official website of Japan Airline.

Accommodation

1) Housing type (e.g. : apartment, dormitory of host institution etc.)

Dormitory

2) Room type

Single OR Living with others (Number of room mate 1)

3) How did you find the residence?:

Recommended by the University

4) Comments : (Describe your life at the housing and advise to students who are willing to study abroad.)

Live on campus was a wise choice because it's safe enough. It's a clean and peaceful dorm for graduate students with comprehensive facilities, my roommate and I respected each other and got along very well.

Local Information

1) Have you gone to any hospitals during studying abroad? Are there any clinics or medical offices at the host institution?

No,

Yes: I went to the Campus health center once because of skin allergy.

2) Who did you consult with if you have any problems? Is there any specific office where you could consult at the host institution?

For the courses, we have teaching assistants, and for our daily life, we have a dorm manager.

3) How did you get information on risk management? Have you encountered any dangerous situations or crimes during your stay? If yes, how did you deal with the problem?

We received information every day from university emails such as incident alerts and warnings. I didn't encounter any dangerous situations or crimes during my stay. The campus is quite safe and there are always sheriffs around the campus.

4) Are there any troubles or comments regarding the use of PC, cell phones, and the Internet?

(e.g.: The Internet environment at the dormitory was unstable and it stopped once a week. I could connect the Internet at café in the town, so I visit it during the time.)

I don't have problems with using my PC, cell phone and the internet. They all worked very well and convenient.

5) How did you bring your money?

(e.g.: I opened a bank account at a local bank and asked my parents to make wire transfers. The bank account couldn't be opened before completing alien registration there. I also used my credit card for shopping.)

I brought cash around \$2000, and most of the time I use a credit card.

6) Are there any items you should have brought from Japan?

Some necessary medicines such as for getting colds, fever or allergy are very important in case of need. There will also be a reference list provided by the host university for students to bring the necessities such as hairdrier, fan and beddings.

7) [Fee-paying program] The way and timing you have paid the tuition and fee. (e.g.: Paid by my own credit card before departure / Opened a bank account and made the payment through it after arrival/ Received the information from the host institution before departure/ Informed how to make the payment at the orientation after arrival/ and etc.)

Meiji University paid the tuition fee before my departure and also I paid by my credit card for the extra fees such as meal plan within the due date given by the University. It's not mandatory to open a local bank account if you have a valid visa card or apple pay.

Report of your study (Describe the details of all the classes you took)

1) Number of credits you've earned	Number of Credits you converted (at Meiji University)
8 units Credits	<input type="checkbox"/> Credits <input checked="" type="checkbox"/> Haven't requested to convert any credits (Reason: I have to talk with the MBS office)
2) Please describe each class you took during studying abroad including advice for students who wish to study abroad. If the space is not enough, make another document (A4 size) and attach it to this report.	
Name of the class :	
Introduction to Financial Decision-making	
Faculty	Annamaria Lusardi
Duration	8 weeks, 2024/06/24 - 2024/08/15
Number of credits	5 Units
Number of credits converted to Meiji	Credit
Class style	Lecture, tutorial and practices (tutorial, lecture, etc.)
Class frequency/ hours	270minutes *3times per week
Professor	Annamaria Lusardi
Contents	<p>This course is designed to provide a comprehensive overview of finance's role in society and help us understand our roles within it. The goal is not just to familiarize us with financial concepts but to build our confidence in tackling the major financial decisions we'll face throughout our lives. These decisions, some of which are already foreseeable, will significantly impact our quality of life, financial security, and resilience against unforeseen challenges.</p> <p>Throughout the course, we explored various approaches to typical financial situations, learning from both sound decisions and common mistakes that can have serious consequences. By examining case studies, historical data, and simple analytical tools, the course aims to equip us with a practical understanding of basic financial principles, the key players in financial decision-making, and the pros and cons of different approaches for both individuals and society. This course covers a wide range of topics, including financial planning, budgeting, managing money, understanding credit and loans, saving, investing in different assets, purchasing insurance, and more.</p>
Test, Homework etc.	3 After-class assignments plus 1 weekly problem set per week, 2 mid-term exams, and 1 final exam
Comments / Advice	<p>This course has been incredibly insightful and practical, offering a comprehensive look into the role of finance in personal contexts. I appreciated the clear explanations of complex financial concepts and how they apply to everyday life. The mix of real-life examples, case studies, and practical tools made the material relatable and easy to understand, even for someone like me without a deep background in economics. One of the most valuable aspects was learning to build financial awareness, identify common financial mistakes, and understand how to make better-informed decisions. The course covered budgeting and managing money to more advanced topics like investing, mortgages, and social security insurance, providing a solid foundation that I know will be crucial as I navigate my financial future. I highly recommend this course because it's very crucial to start to have a financial sense especially when you are young and better prepared for your future financial plan.</p>

Name of the Class :	
the Ethical Analyst	
Faculty	Dale Nesbitt, Ishita Sanjay Tambat, Will Moyo, Victor Shyaka
Duration	8 weeks, 2024/06/24 - 2024/08/15
Number of credits	3
Number of credits converted to Meiji	Credit
Class style	lecture and tutorial (tutorial, lecture, etc.)
Class frequency/ hours	230minutes 1times per week
Professor	Dr. Dale M. Nesbitt
Contents	We raise awareness of ethically sensitive situations and provide principles and tools for forming coherent ethical judgments regarding individual, government, or organizational actions. Students like me learn ethical theories and tools from which they create their own personal ethical codes and test against established ethical principles, class discussion, homework, class presentations, and situations from work and life. The course addresses personal life, human action and relations in society, technology, medicine, coercion, harming, stealing, imposition of risk, deception, and other ethical issues.
Test, Homework etc.	90 seconds video of ethical dilemma, respond to ethical dilemma videos for peers, 2 ethical principles essays, 3 ethical code essays, 1 mid-term presentation, and 1 final presentation
Comments / Advice	This course has been a thought-provoking and transformative experience. It effectively raised my awareness of ethically sensitive situations and provided me with practical tools and principles to form coherent ethical judgments. Learning about different ethical theories and applying them to real-world scenarios helped me understand the complexity of ethical decision-making in various contexts, whether it's personal, governmental, or organizational. One of the standout aspects of the course was the emphasis on developing our ethical codes. Through class discussions, case studies, and engaging assignments, I had the chance to critically evaluate my values and test them against established ethical principles. The course covered a wide range of topics, including issues in technology, medicine, and societal relations, which made the content highly relevant to the current challenges we face in the modern world. This course challenged me to think deeply about my ethical beliefs and how they apply to my research. It's an essential course for anyone looking to navigate the complexities of ethical dilemmas with clarity and confidence.

After Graduation

1) Career plan after graduation

Start working
 Continue studying
 Not decided
 Other : Find Internship

2) Any documents, book or organizations referred when you decided your career plan.

In deciding my career plan in the jewellery industry, I've relied on a mix of authoritative sources, industry reports, and insights from leading organisations. I frequently refer to resources like the World Gold Council to stay updated on market trends and statistics, which are crucial for understanding the gold and jewellery market dynamics. Official websites of renowned brands like Cartier, Tiffany & Co., and Van Cleef & Arpels have given me a sense of brand positioning, design philosophies, and the standards of excellence expected in the industry.

3) If you will start working, please mention the company and the reason why you decided to join it. (Not mandatory, writing the name of company only is also accepted.)

※For 1st~3rd year students who are going to start job hunting, please describe which industry you want to work for. (not mandatory)

I wish to work in the jewellery industry and intern in companies like Cartier or Tiffany & Co. to apply theory to the real world and get closer to consumers or people working there.

4) Any advices or comments regarding your job hunting.

※For 1st~3rd year students who are going to start job hunting, please describe your motivation toward it or any changes occurred on your career plan through studying abroad.

Start early, such as researching companies in the industry you are interested in and related to what you are good at, tailoring your resume, and preparing in advance. Look for roles that align with your values, skills, and career goals, not just prestige. Also, Connect with alums, professionals, and professors to gain insights and discover opportunities. Use rejections to refine your approach and improve your applications and interview skills. Last, keep refining your skills, stay organised, and be persistent.

5) If you will continue studying, please write the institution you are going to.

Not decided.

6) Any advices for students who wish to continue studying after studying abroad (about preparation for examination, and etc.)

Students planning to continue their studies after studying abroad should start preparing early by researching exam requirements like GRE, GMAT, or language tests. Create a study plan that fits your schedule, focusing on areas needing improvement. Use quality resources like prep books, online courses, and practice tests. Balance your study time with rest, exercise, and downtime to keep your mind sharp. Stay motivated by keeping your future goals in mind and seeking support from peers or mentors when needed.

7) If you selected "Other" above, please describe your plan and provide some advice to the students who wish to study abroad in the future.

To find an internship after graduation, research companies and industries that fit your career goals and build a tailored resume highlighting relevant skills and experiences. Network actively through career fairs, LinkedIn, and your university's resources to connect with professionals in your field. Apply strategically, customising each application to match the role, and prepare well for interviews by researching the companies and practising your answers.

Time Chart for the Study Abroad

Please describe things you have done from preparation before your departure (including studying), during your staying abroad, and after returning to Meiji University.

(e.g.: Studied for language proficiency test, inner screening, application, middle exam (during study abroad program), final exam, other events, and etc.)

Pre-Study Abroad year	January - March	Attend thesis tutorials and set research topic
	April - July	Attend Meiji University Spring Semester
	August - September	Learn about study abroad programs
	October - December	Apply for study abroad programs
Study Abroad Year	January - March	Make visa, take vaccine, set Stanford student ID
	April - July	Enroll in courses, apply for the Stanford housing
	August - September	Attend the program, complete the all the tasks
	October - December	Attend Meiji University winter semester
Study Abroad / Post Study Abroad Year	January - March	Continue thesis writing and doing research
	April - July	Graduate from Meiji University and start internship/work
	August - September	Internship/work and continue doing my research
	October - December	Work and continue doing my research

Advice for Meiji Students Considering Study Abroad

*Please provide advice to Meiji students considering study abroad on why you chose this study abroad destination country/university and on life in general, etc.

For Meiji students considering studying abroad, I highly recommend the Stanford Summer Session program as well as other top university programs provided by our Meiji University. Studying at Stanford offers a unique opportunity to experience the academic rigor of one of the world's top universities while immersing yourself in a vibrant and diverse community. The courses are challenging but incredibly rewarding, and they push you to think critically and engage with complex topics that go beyond textbooks.

Stanford's campus is not just about academics, it's a place where you can connect with peers from around the globe, share ideas, and gain perspectives that will broaden your worldview. The program also offers access to world-class resources, from state-of-the-art libraries to inspiring guest lectures from industry leaders. It's an experience that extends far beyond the classroom, allowing you to explore the innovative spirit of Silicon Valley and witness firsthand how ideas can transform into impactful solutions.

On a personal level, studying abroad at Stanford or other top universities in the United States will push you out of your comfort zone and help you grow in ways you never imagined. It teaches you independence, adaptability, and resilience—skills that are essential not just for your academic journey but for life. It's a chance to learn about yourself, build confidence, and make memories that will stay with you forever. If you're looking to challenge yourself and gain a global perspective, go study abroad!