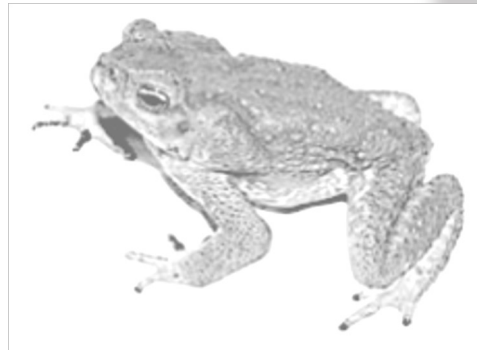




# Unveiling the interplay between environmental pollutants, animal health, and sustainable ecosystems



**Maria Claret Tsuchiya**

*Animal Biology Division, Institute of Biological Sciences  
University of the Philippines Los Baños, College, Laguna, Philippines  
Email: mblauan@up.edu.ph*

# Global water distribution

## Earth

- ~71% water-covered
- <2% freshwater

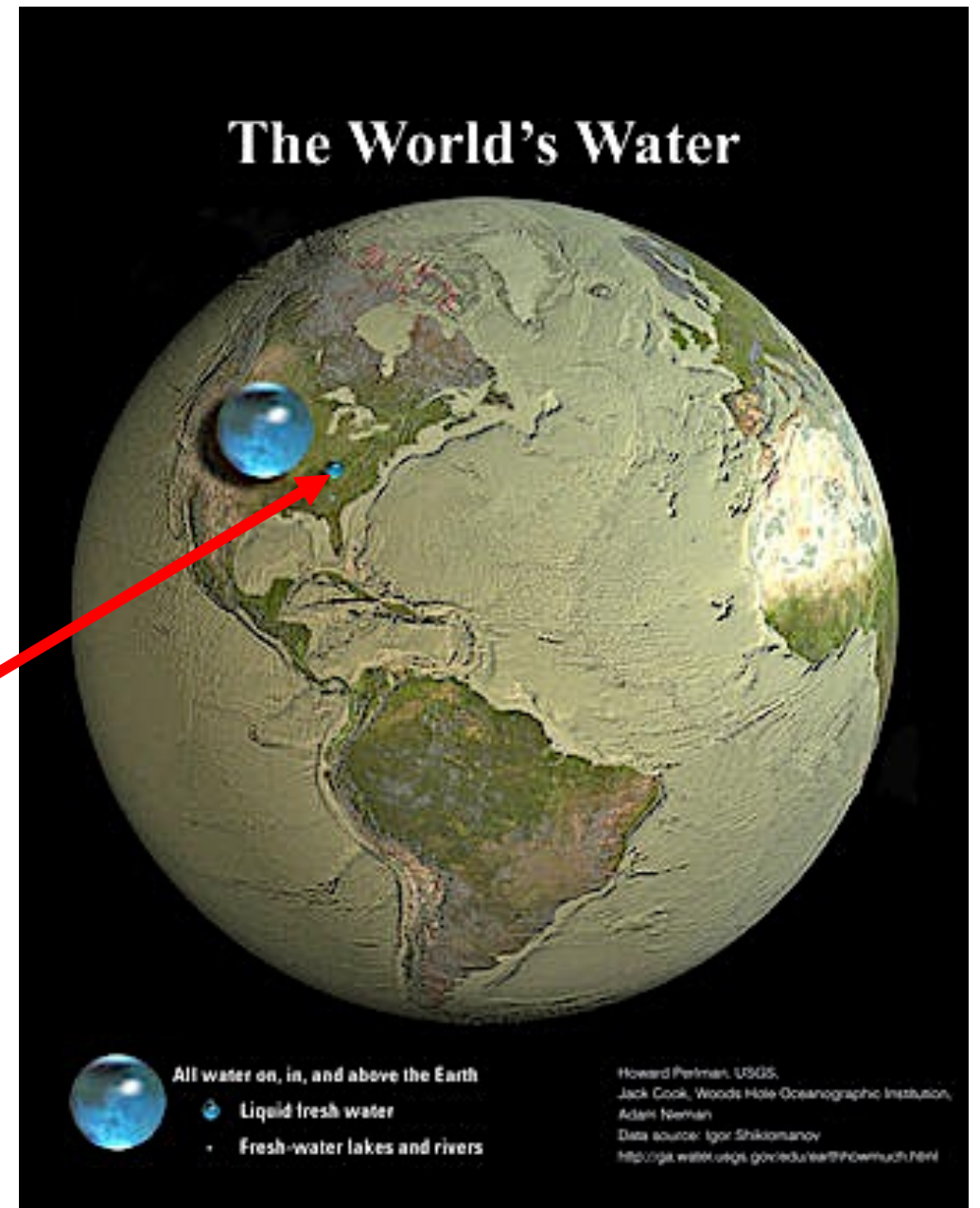
Water source	Water volume, in cubic miles	Water volume, in cubic kilometers	Percent of freshwater	Percent of total water
Oceans, Seas, & Bays	321,000,000	1,338,000,000	--	96.54
Ice caps, Glaciers, & Permanent Snow	5,773,000	24,064,000	68.7	1.74
Groundwater	5,614,000	23,400,000	--	1.69
<i>Fresh</i>	2,526,000	10,530,000	30.1	0.76
<i>Saline</i>	3,088,000	12,870,000	--	0.93
Soil Moisture	3,959	16,500	0.05	0.001
Ground Ice & Permafrost	71,970	300,000	0.86	0.022
Lakes	42,320	176,400	--	0.013
<i>Fresh</i>	21,830	91,000	0.26	0.007
<i>Saline</i>	20,490	85,400	--	0.006
Atmosphere	3,095	12,900	0.04	0.001
Swamp Water	2,752	11,470	0.03	0.0008
Rivers	509	2,120	0.006	0.0002
Biological Water	269	1,120	0.003	0.0001

# Global water distribution

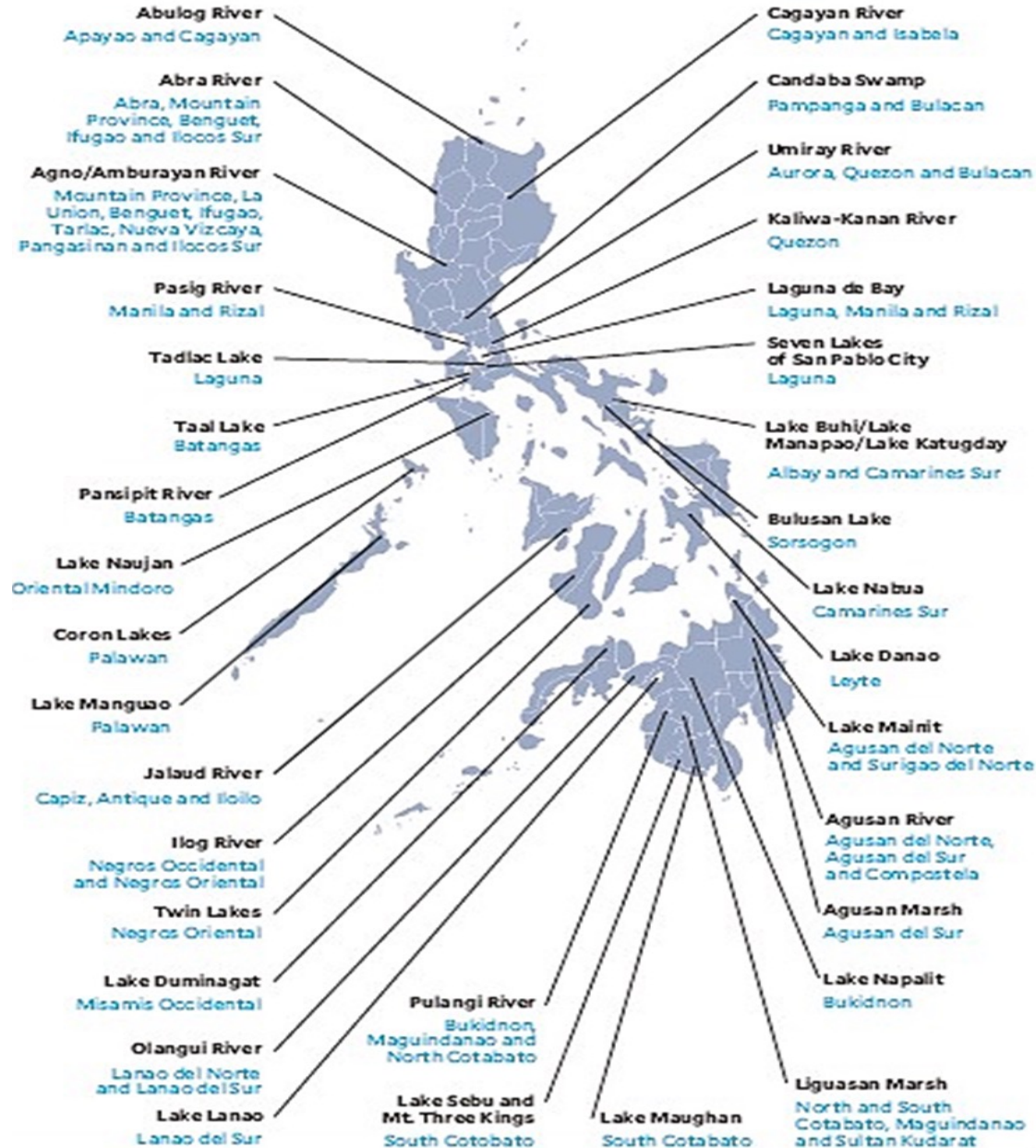
## Earth

- ~71% water-covered
- <2% freshwater

Most of the water people and life on earth need every day comes from these surface-water sources.



Credit: Howard Perlman, USGS; globe illustration by Jack Cook, Woods Hole Oceanographic Institution (©); and Adam Nieman.



# SAVING PHILIPPINE LAKES !

## Philippines

- 266 natural inland wetland ecosystems
- over 70% are lakes



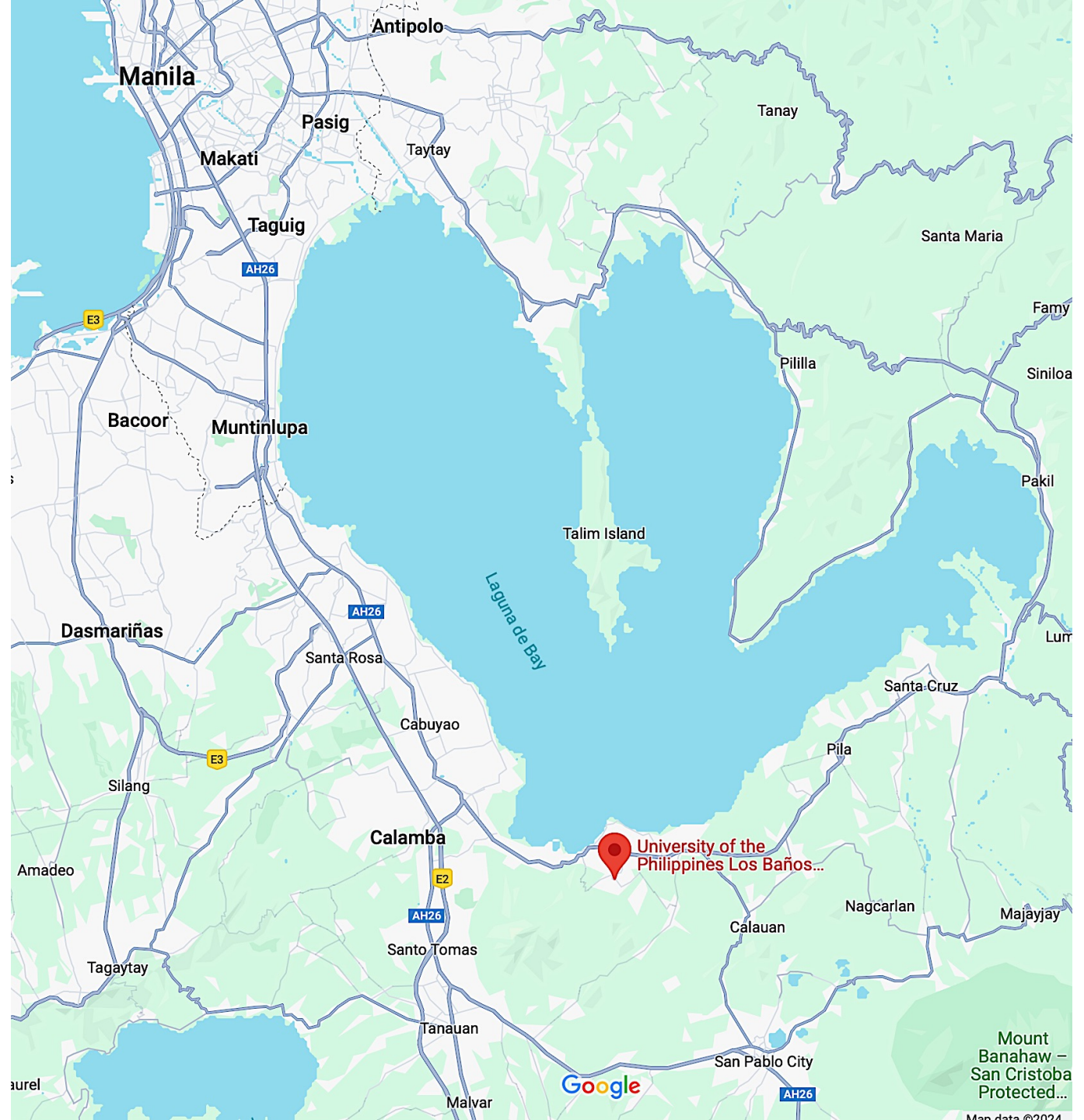
# TOP CONSERVATION AND RESEARCH AREAS FOR INLAND WATERS

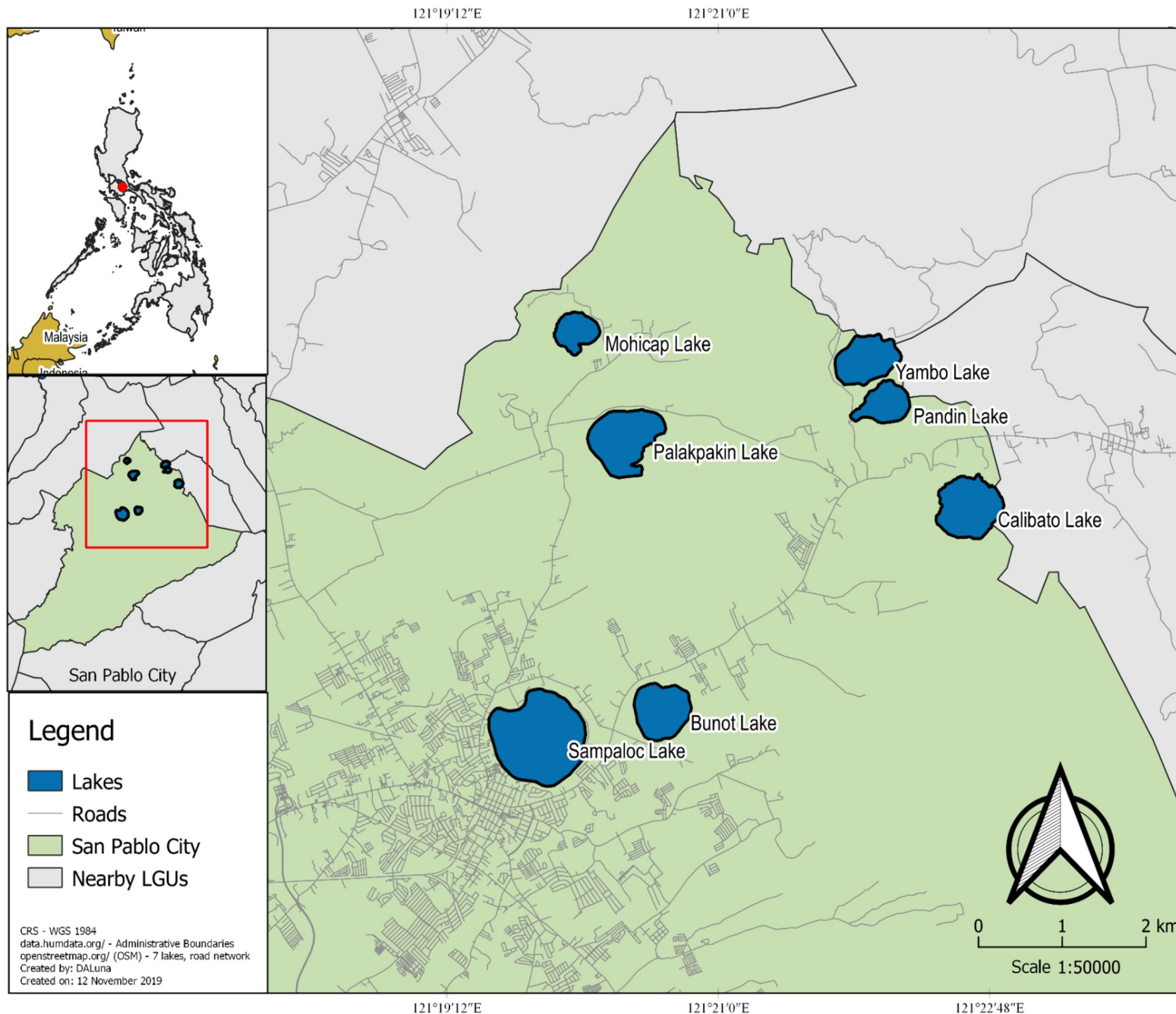


- Individual **assessments** on each inland water are still works in progress
  - status, resources, services, and threats
- More information needed to craft management plans to ensure **conservation and protection**
- The **assessment and monitoring** of the lakes need to be strengthened and assisted through identification of various factors that could contribute to their impairment.

# Laguna Lake

## Seven lakes of San Pablo





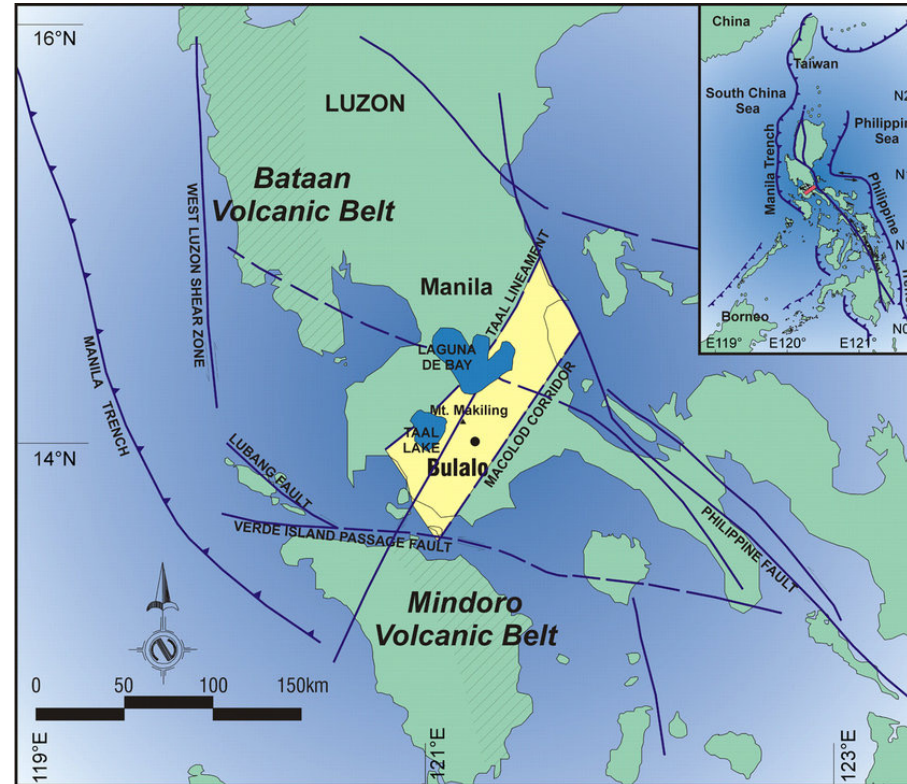
# The Seven Maar Lakes of San Pablo City, Laguna, Luzon Island

- Crater lakes
- “Threatened Lakes of the Year 2014” by the Global Nature Fund



# Maar Lakes of San Pablo City, Laguna, Luzon Island

- Geographically located in the **Macolod Corridor**
- **Volcanic origin:** formed through **phreatomagmatic eruptions** of Mt. Banahaw-San Cristobal



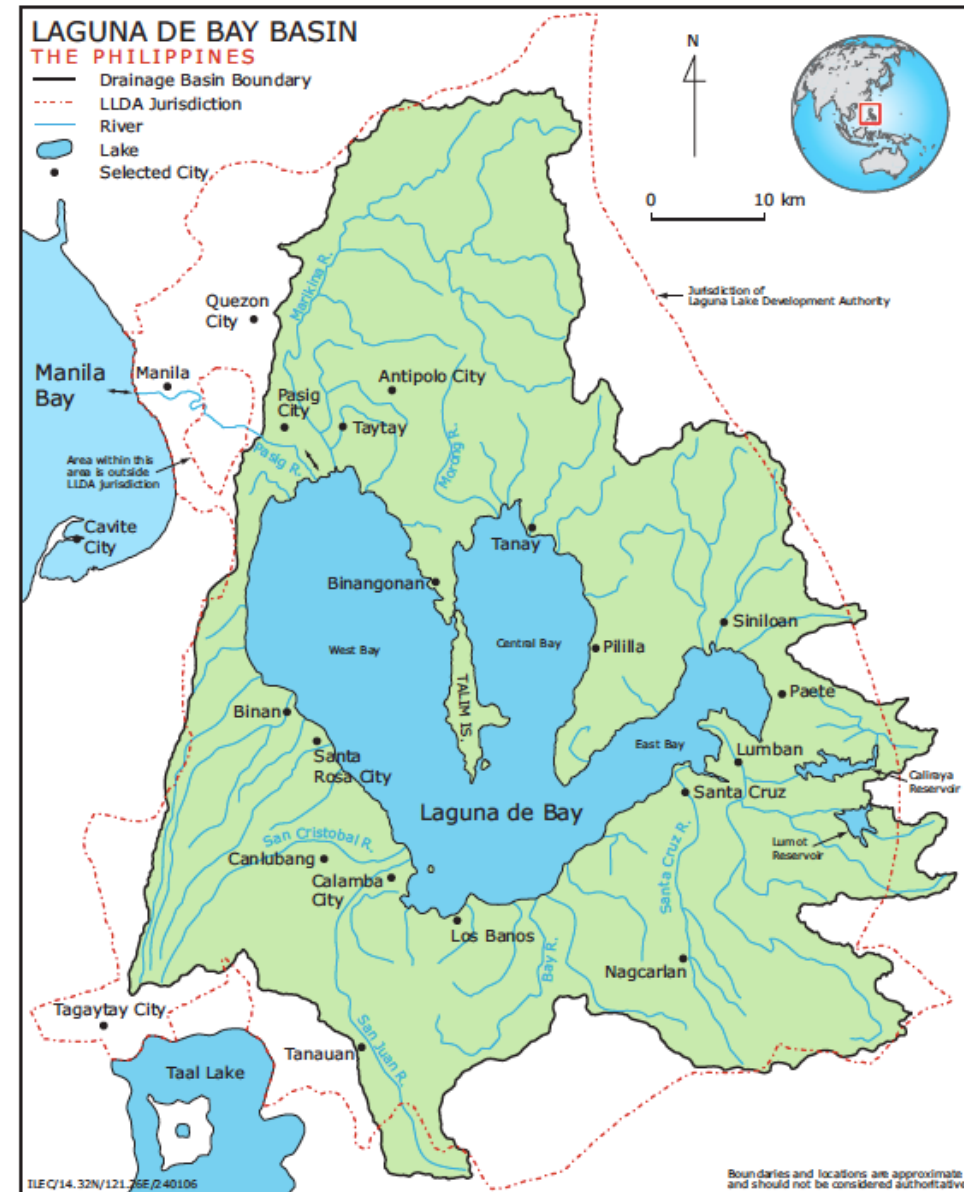
Vicedo et al., 2008





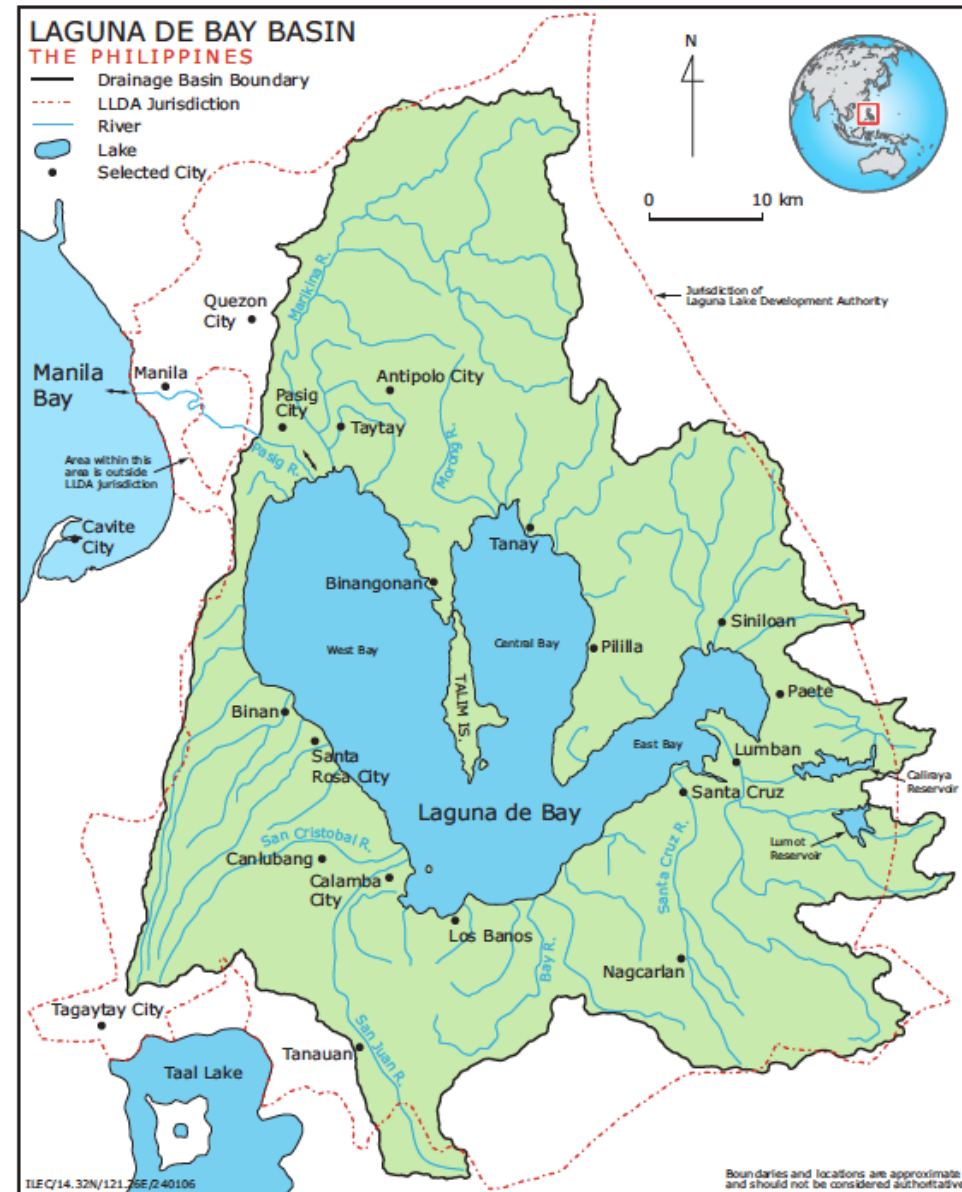
# Laguna Lake

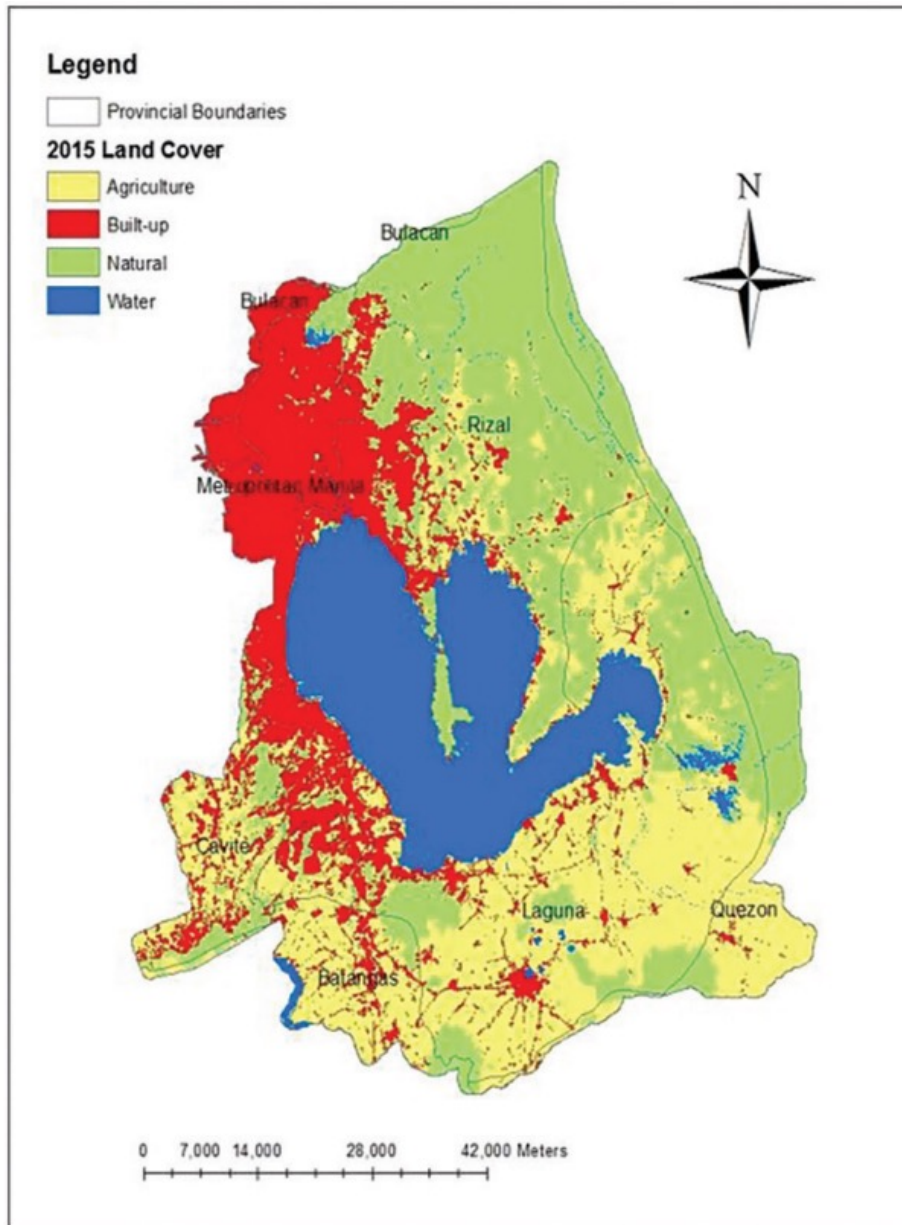
- Largest freshwater lake in the Philippines
  - Surface area 900 km<sup>2</sup>
  - Water volume – 2.25 km<sup>3</sup>
  - second largest in SouthEast Asia by surface area
- 15 km southeast of the center of Metropolitan Manila
  - One of resource for drinking and irrigation water



# Laguna Lake

- One of the shallowest lakes
  - Ave depth – 2.5 m
- Dominant use for fisheries
  - Open water fishing and aquaculture
- Serves as a sink for solid and liquid (treated and untreated) wastes from households (77%), cropland areas/agriculture (11%), and industries (11%)





PEMSEA; NAMRIA

- West Bay: Industries as extension of Metro Manila  
381-672 households/km<sup>2</sup> population density  
**Highly Urbanized and Industrialized**
- South and East Bays: Agricultural farms  
21-25 Households/km<sup>2</sup> population density  
**Agro-industrialized**
- Environmental contaminants detected and studied in Laguna de Bay

Heavy Metals

Xenoestrogens

Pharmaceuticals

Polyaromatic Hydrocarbons

Surfactants

Polychlorinated Biphenyls

Per- and polyfluoroalkyl substances

Organochlorine Compound


Polybrominated Diphenyl Ethers

# Pollutant Contamination in Laguna de Bay

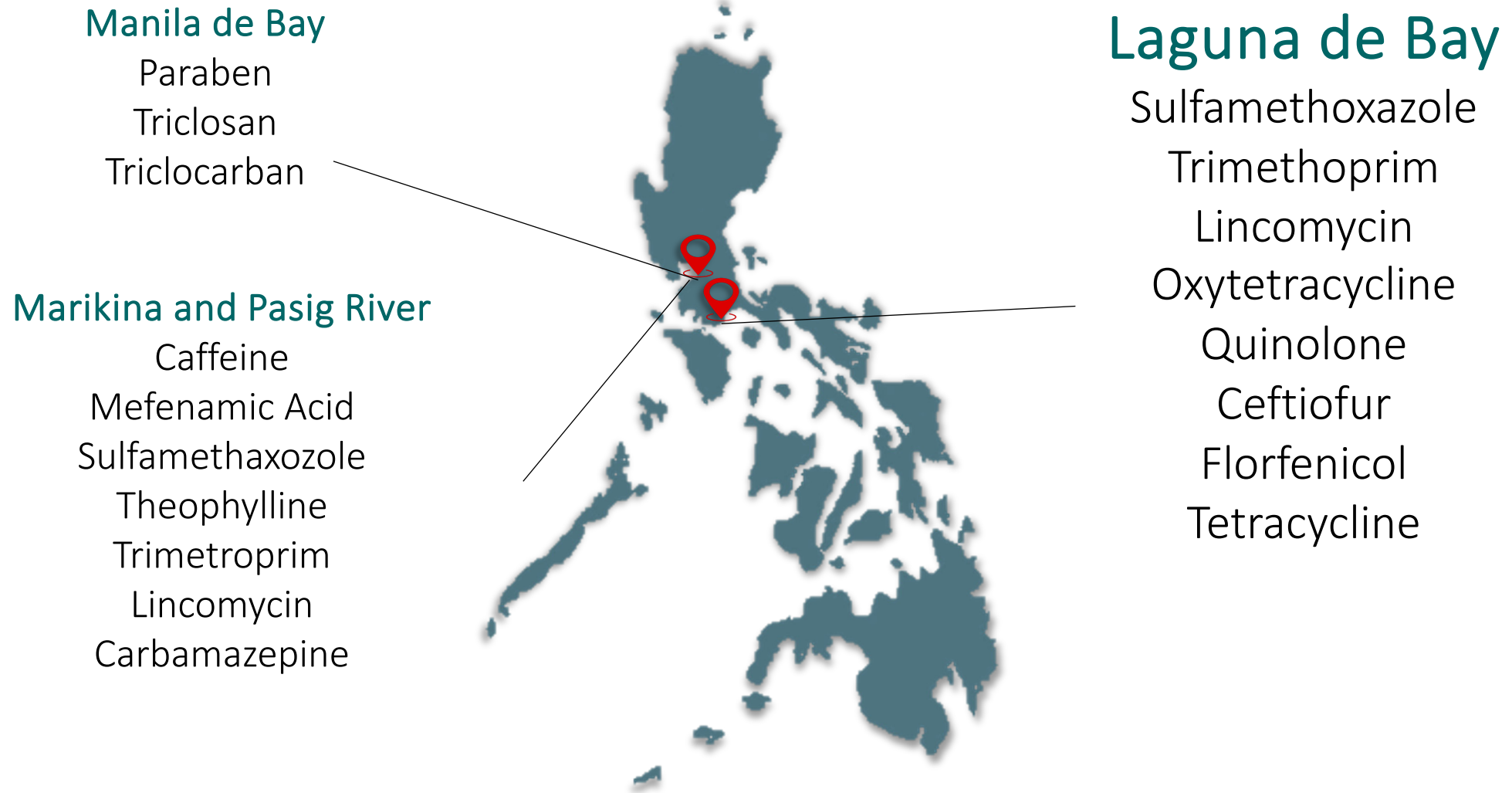
Year	Research Highlights	Authors
2005	<p>Heavy metal concentration (in mg/kg) in sediments: Ca, Cr, Co, Pb, Ni, Zn</p> <p>PAHs concentration (in ng/kg) in sediments: Flourene, Phenanthrene, Pyrene, Perylene</p> <p>NO PCB detected</p>	<p>Hallare, Kosmeh, Schulze, Hollert, Kohler, Tribskorn</p> <div><p><b>Polycyclic Hydrocarbons (PAHs)</b></p><ul style="list-style-type: none"><li>• organic compounds Used in dyes, plastics, pesticides</li></ul></div>
2006	<p>Lead and Cadmium contents in water spinach:</p> <ul style="list-style-type: none"><li>• Lead</li><li>• Cadmium</li></ul> <p>Edible portions &lt; tolerable daily intake (WHO)</p>	<p>Baysa, Anuncio, Chiombon, Dela Cruz, Ramelb</p>



# Pollutant Contamination in Laguna de Bay

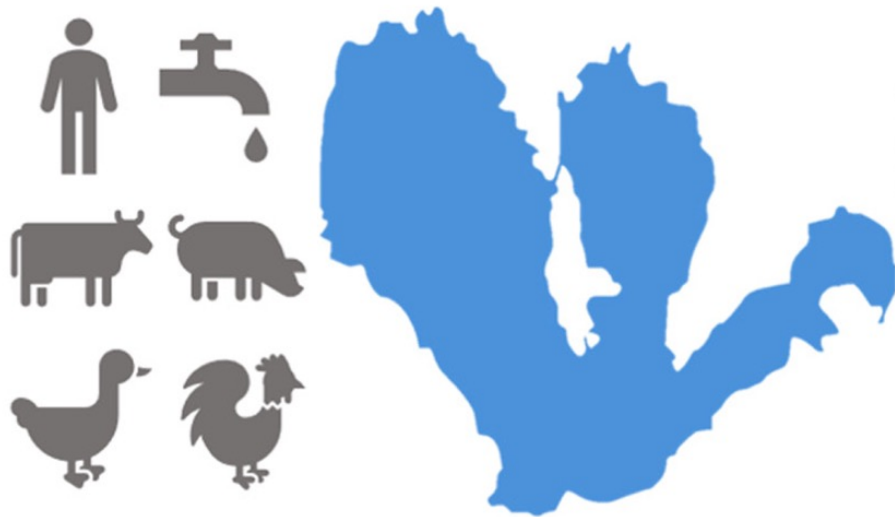
Year	Research Highlights	Authors
2010	<b>PCB concentration of surface water samples: 3.0-10.9 ng/L</b> 5.5-fold higher than in Venice Lagoon (Moret et al., 2005) 25.17-fold higher than in Hongkong Coast (Worl et al., 2006) 7.4-fold higher than in Pearl River Delta (Guan et al., 2009)	Santiago C. and Rivas F.
2012	<b>Pesticide residues in surface waters of Pagsanjan-Lumban catchment</b>  <b>Polychlorinated Biphenyl (PCB)</b> <ul style="list-style-type: none"><li>organic chlorine compound</li><li>hydrophobic with low water solubility</li></ul>  High level of PCB, PBDE, and organochlorines (e.g. dichlorodiphenyldichloroethylene (4,4' DDE), oxychlordane and <i>trans</i> nona-chlor)	Varca L.  

# Pharmaceutical Pollution in the Philippines



# Microbial source tracking of fecal contamination in Laguna Lake

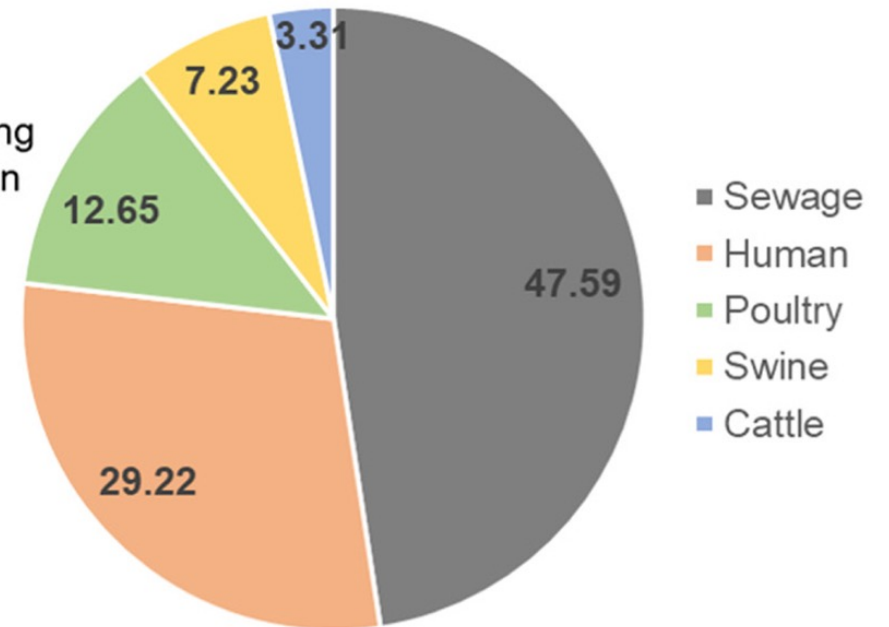
## Fecal pollution point sources



*E. coli* DNA fingerprinting  
Host library construction  
Machine learning



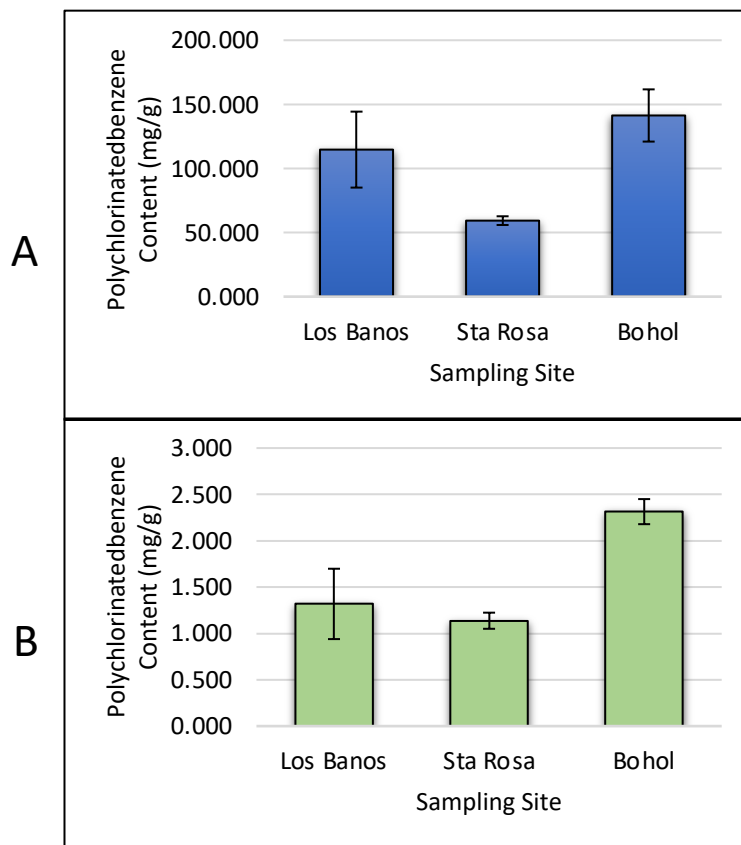
## Predicted sources





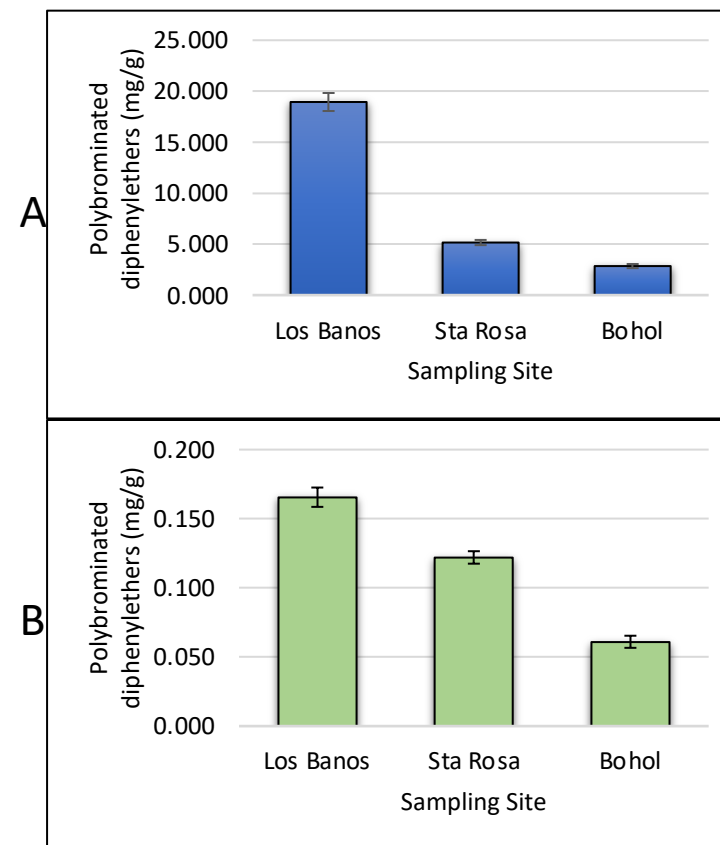
# Levels of PCBs/PDBEs in Tilapia

## Polychlorinated benzene



Polychlorinatedbenzene concentration (mg/g) in the liver of *Oreochromis niloticus* obtained from the three sampling sites according to (A) lipid weight and (B) wet weight.

## Polybrominated Diphenylether



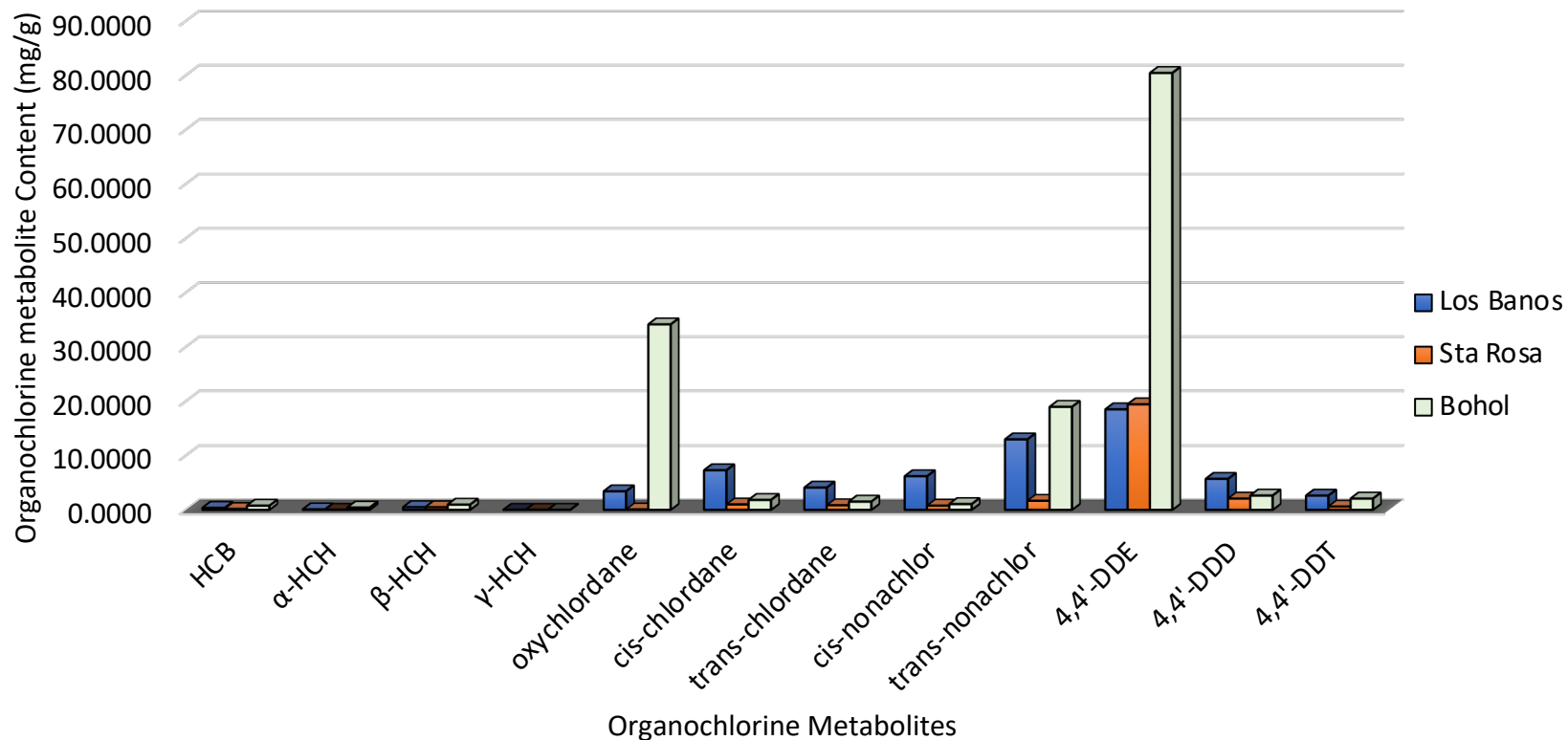
Polybrominated diphenylether concentration (mg/g) in the liver of *Oreochromis niloticus* obtained from the three sampling sites according to (A) lipid weight and (B) wet weight.





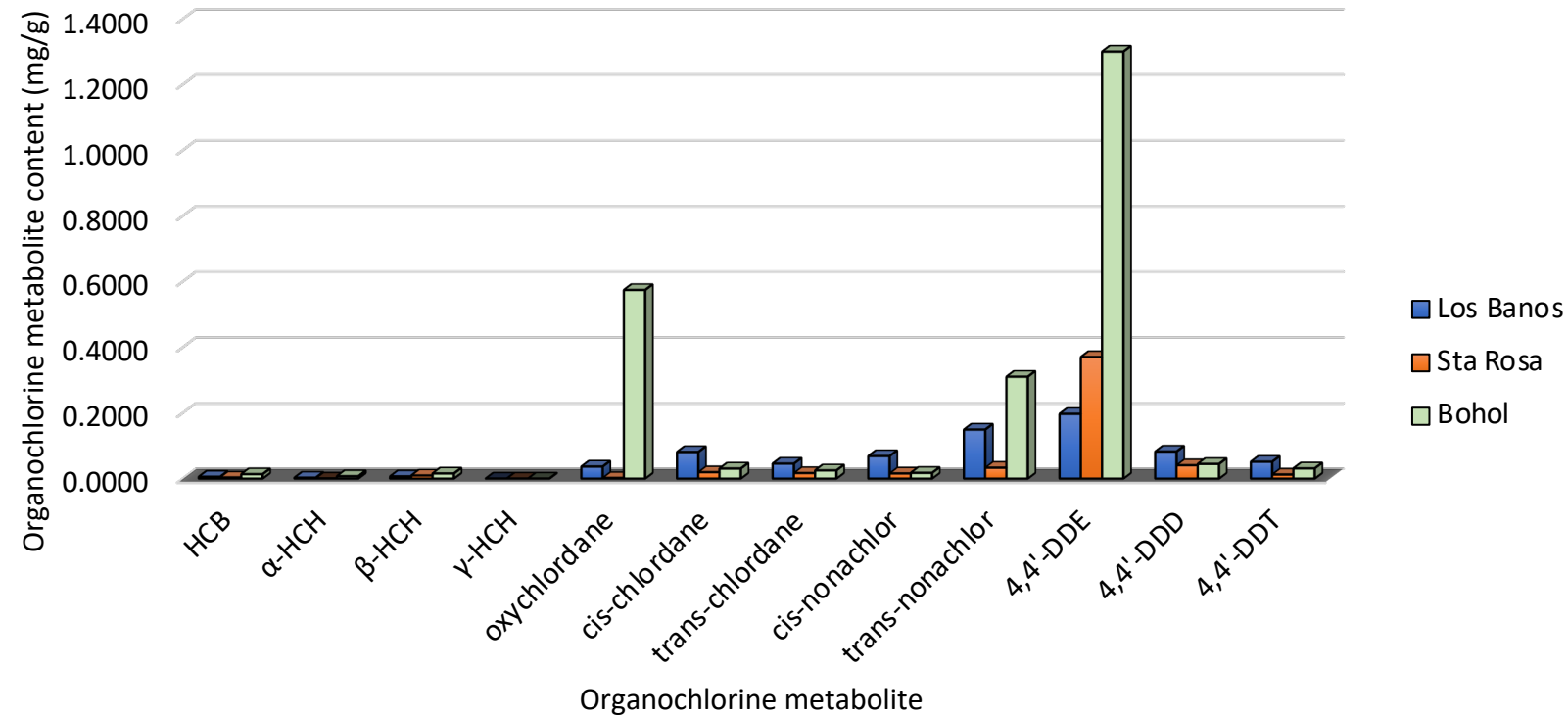
# Levels of OCs in Tilapia

## Organochlorine (Lipid Weight (mg/g))



Organochlorine metabolites concentration (mg/g) in the liver of *Oreochromis niloticus* obtained from the three sampling sites based on lipid weight.

Organochlorine (Wet Weight (mg/g))



Organochlorine metabolites concentration (mg/g) in the liver of *Oreochromis niloticus* obtained from the three sampling sites based on wet weight.

HEADLINES SHARE THIS



# Pollution, squatting, industries hasten death of Laguna de Bay

By: [Maricar Cinco](#) - Correspondent / [@maricarcincoINQ](#) Philippine Daily Inquirer / 12:28 AM January 05, 2017



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08 NOV 2017 | STORY | ECOSYSTEMS

## Battling pollution in the Philippines' largest lake





# Poisoned waters: Laguna Lake's steady crawl to brink of disaster

WRITTEN BY: **CRISTINA ELOISA BACLIG**

May 22, 2024

(Part 1 of 2)

MANILA, Philippines—Encircled by the contrast of verdant and urban landscapes, Laguna Lake is a silent witness to the environmental tug-of-war between progress and preservation, with few actors playing by the rules.

Nestled in the heart of the Philippines, Laguna Lake — also known as Laguna de Bay — holds the distinction of being the nation's largest freshwater lake and ranks as the third-largest in Southeast Asia by surface area.





Lakes	Measured Parameters	References
7 Lakes	pH, DO, BOD, NH3-N, NO3-N, PO4, Chloride, Turbidity, TDS, TSS, Total Coliform, Chlorophyll a, Phytoplankton, Zooplankton	Zapanta et al. (2008)
Pandin, Palakpakin, Sampalok	<b>Pesticides, Pharmaceuticals, Artificial sweeteners, Insect repellants and Fire retardants</b>	Dimzon et al. (2018)
7 Lakes	Plasma vitellogenin (VTG) levels, Hepatosomatic index (HSI) and Gonadosomatic index (GSI)	Mabansag et al. (2019)



Image via Getty Images

**Microplastics** (MPs) are an **emerging pollutant** of freshwater.

(Qiu et al., 2020)

## 1.01Mt (2016) → 2.7Mt (2021) mismanaged plastic waste

**Table 3. Countries with the highest mismanaged plastic waste generated by coastal populations in 2016.** The two U.S. estimates (bold text) provide lower and upper bounds reflecting contributions from domestic litter (0.31 Mt), domestic illegal dumping (0.05 to 0.15 Mt), and inadequate management of plastic waste generated during the processing of imported U.S. plastic and paper scrap in countries with greater than 20% inadequately managed waste (0.15 to 0.99 Mt). Mt, million metric tons. HIC, high income; UMC, upper middle income; LMC, lower middle income.

Country	Mismanaged plastic waste (Mt)	Income status	Coastal population (millions)	Per capita plastic waste generation (kg/day)	% Plastic in solid waste	% Mismanaged waste
Indonesia	4.28	LMC	202.49	0.68	14.0	61
India	3.16	LMC	201.20	0.57	9.5	79
<b>United States, upper bound</b>	<b>1.45</b>	<b>HIC</b>	<b>117.94</b>	<b>2.72</b>	<b>13.1</b>	<b>2.98</b>
Thailand	1.16	UMC	26.73	1.08	17.6	62
China	1.07	UMC	270.94	0.44	9.8	25
Brazil	1.03	UMC	78.68	1.05	13.5	25
Philippines	1.01	LMC	92.06	0.39	10.6	74

Image from Law et al. (2020)

The Philippines is the **third** largest plastic contributor in the world.

(Jambeck et al., 2015; Law et al., 2020; Osorio et al., 2021)



## Condition of the Seven Lakes of San Pablo City, Laguna

- Surrounded by **illegal settlers**, municipal **establishments**, fish cages, & commercial or industrial **effluents**
- All have **aquaculture** cages for **tilapia**
- Polluted with **plastics**



Images from [City of Seven Lakes](#)



# Microplastic occurrence in rural and urban surface waters: the cases of Lake Sampaloc and Lake Yambo in San Pablo City, Laguna, Philippines

Fatima A. Natuel<sup>\*1,4</sup>, Damasa B. Magcale-Macandog<sup>2</sup>, Decibel V. Faustino-Eslava<sup>1</sup>, Loucel E. Cui<sup>1</sup>, and Stefan Hotes<sup>3</sup>

- Only recent paper done on **microplastics in San Pablo lakes** (Feb 2023)
- Determined and compared **MP types and quantities in surface water** samples (from lakes Sampaloc and Yambo)

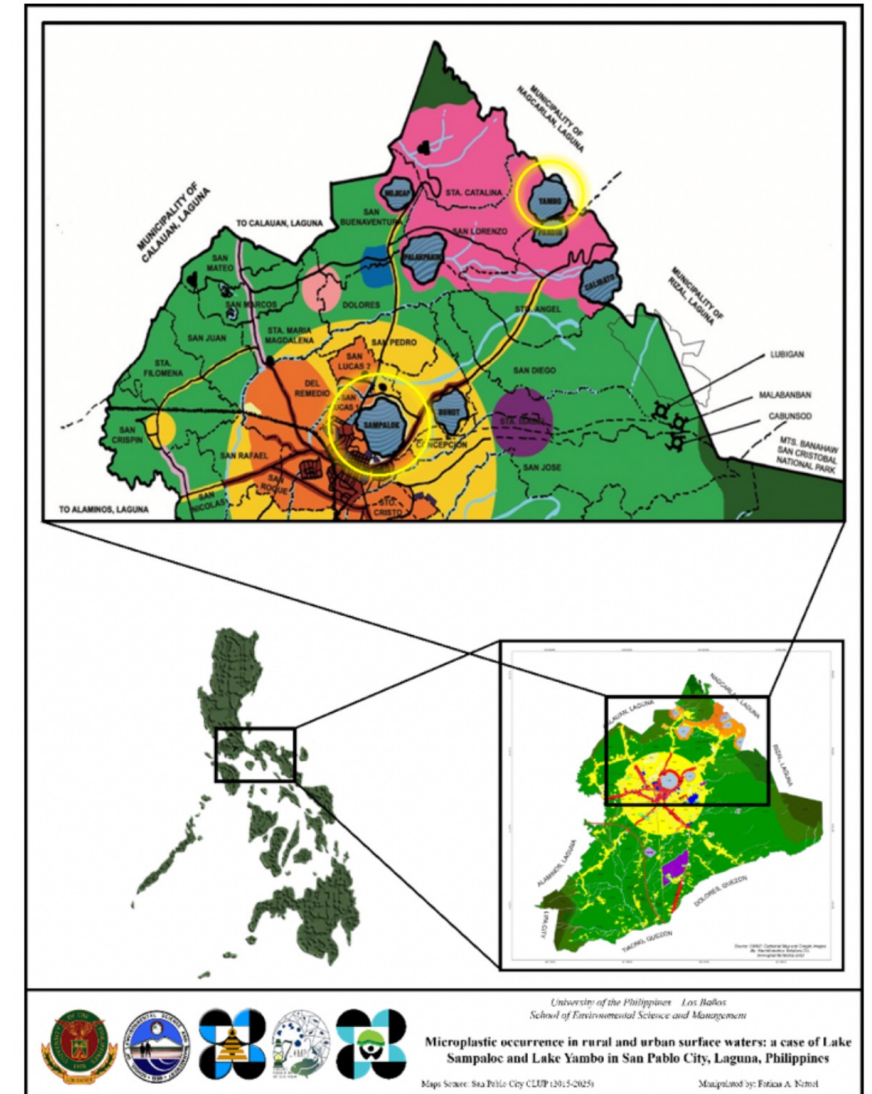
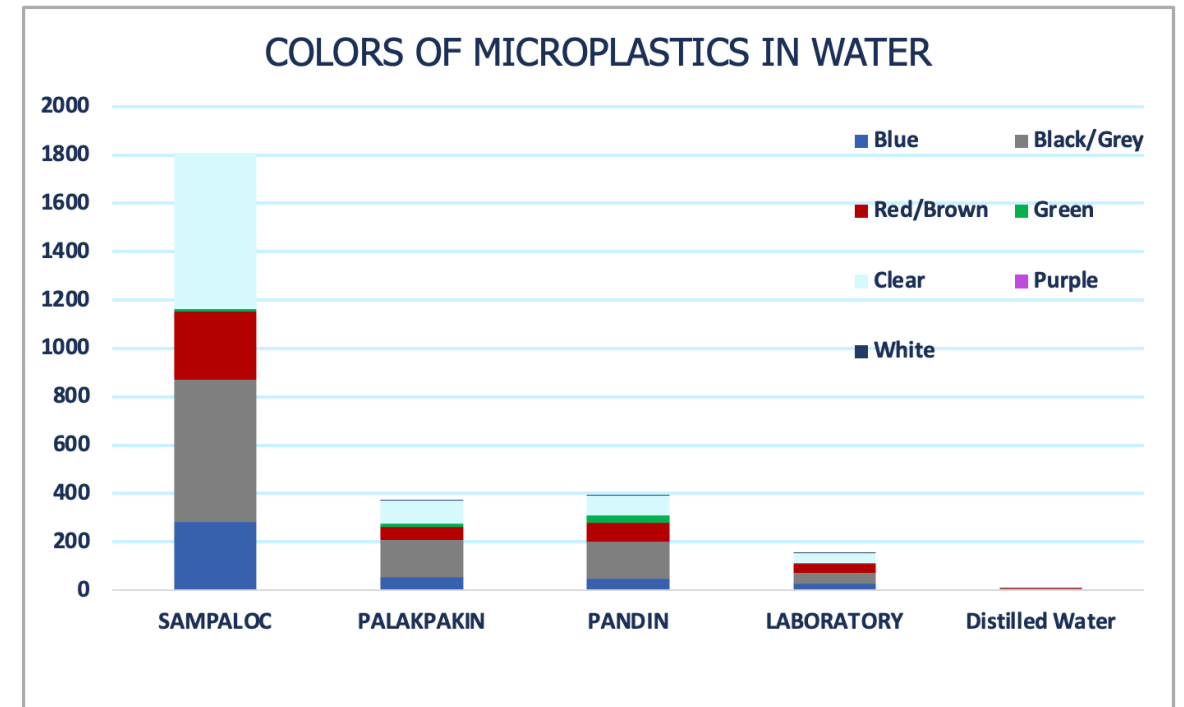
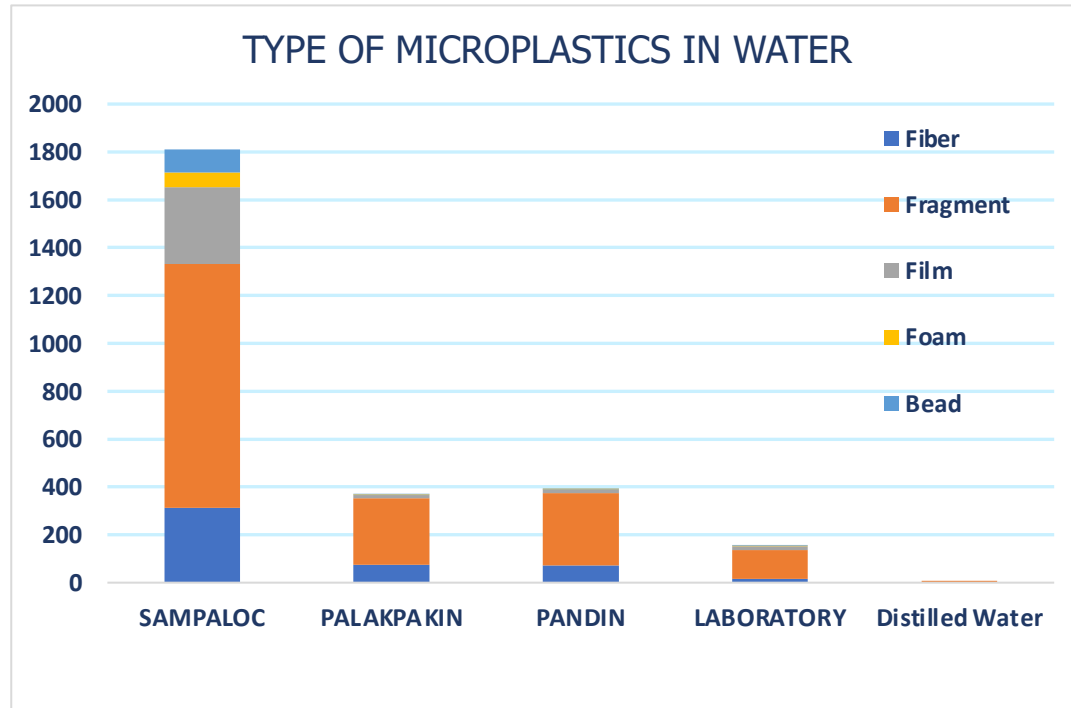


Figure 1: Map of Lake Sampaloc and Lake Yambo

# Microplastics (MPs) in water

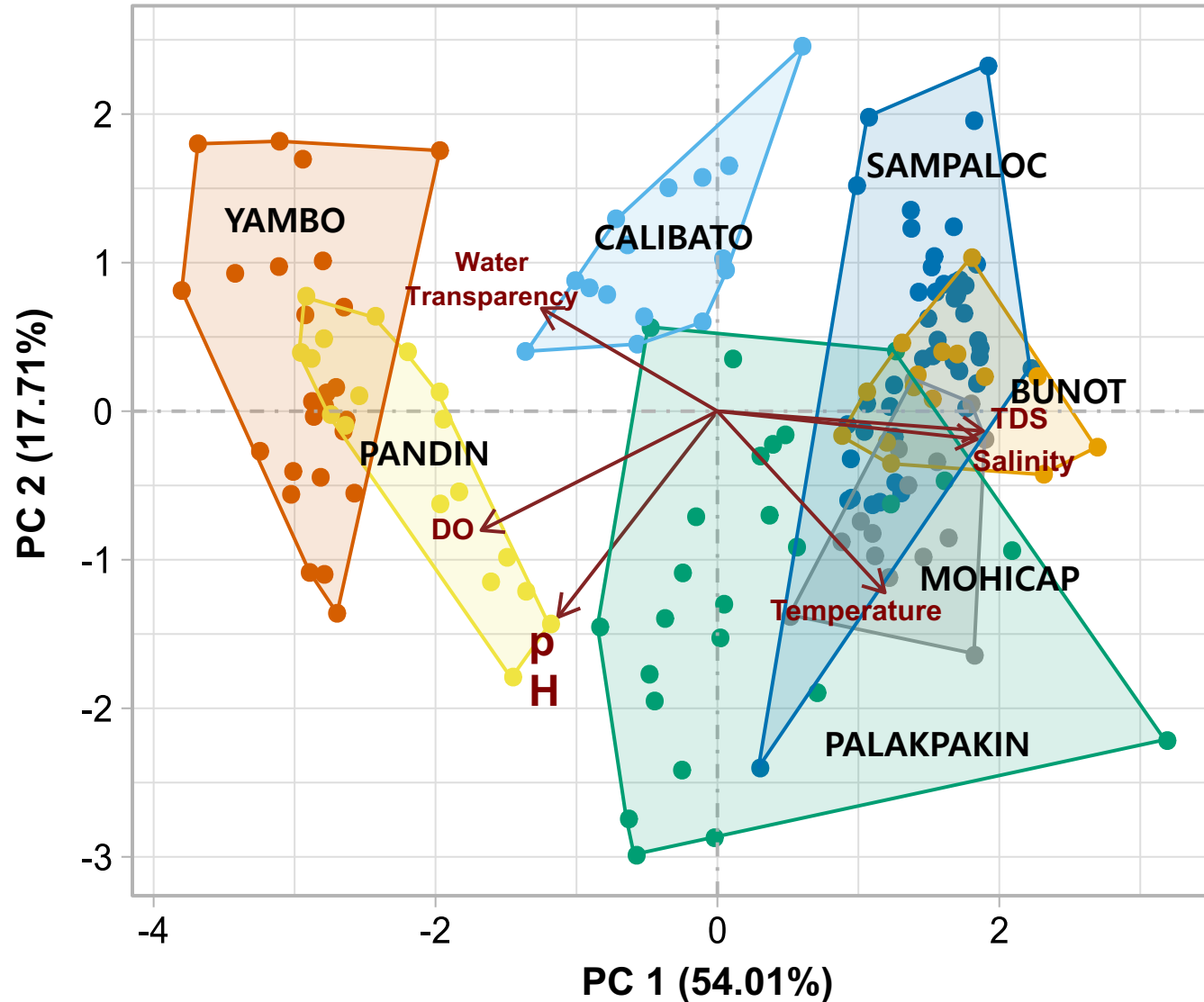


\*\*Ongoing undergraduate thesis

**Environmental variables (average ± SD) in the Seven Lakes of San Pablo, Laguna.** BUN – Bunot, CAL – Calibato, MOH – Mohicap, PAL – Palakpakin, PAN – Pandin, SAM – Sampaloc, YAM – Yambo. TEM – temperature, CON – conductivity, TDS – total dissolved solids, SAL – salinity, DO – dissolved oxygen, pH, TUR – Turbidity).

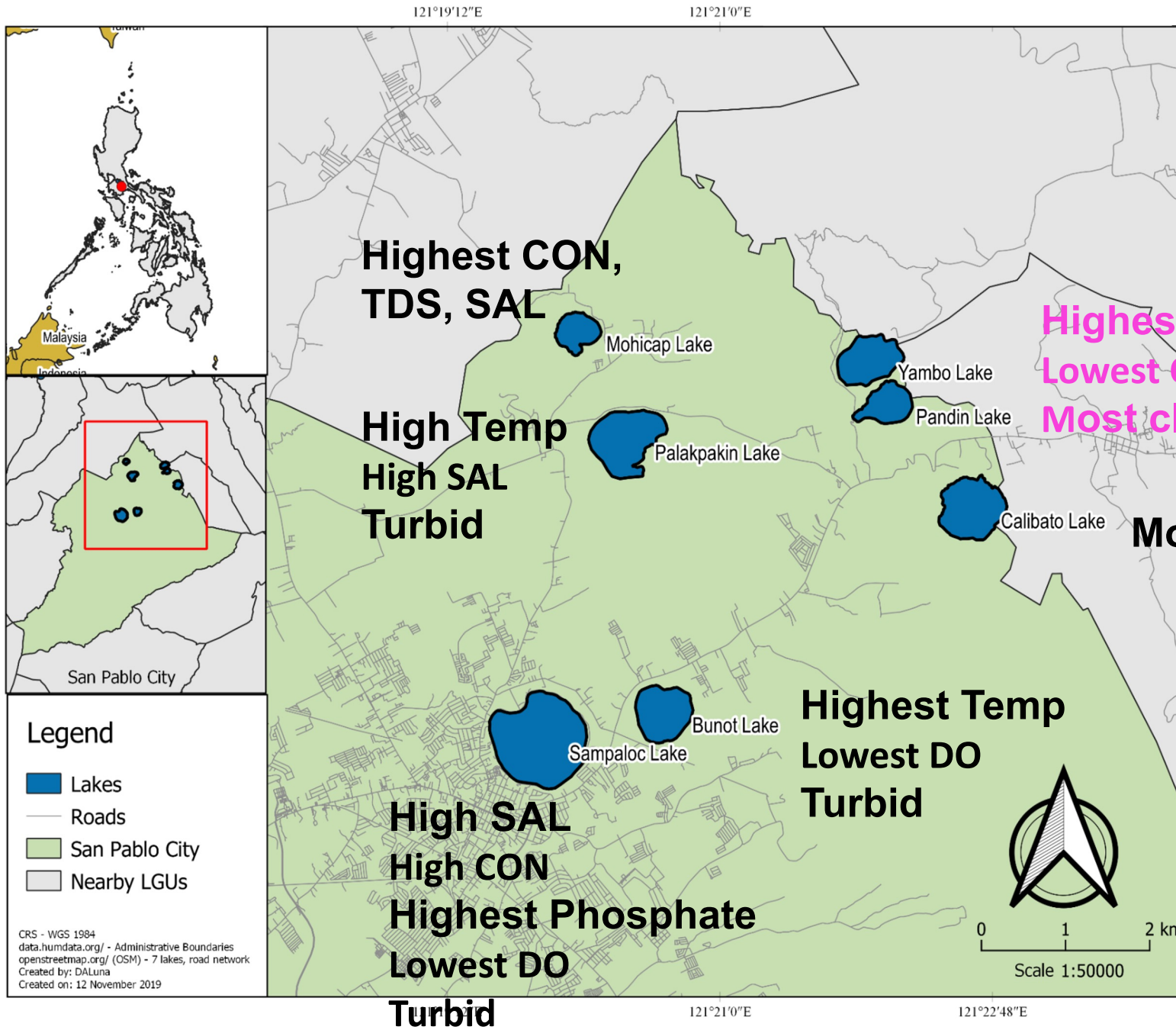
LAKES	TEM (°C)	CON (S/m]	TDS (mg/L)	SAL (ppt)	DO (mg/L)	pH	TUR (m)
BUN	30.14 ± 0.49	0.3009 ± 0.003	178.34 ± 1.30	0.13 ± 5.75E-17	2.585 ± 0.48	6.177 ± 0.04	1.042 ± 0.21
CAL	28.58 ± 0.28	0.272 ± 0.005	165.26 ± 2.69	0.12 ± 5.75E-17	4.20 ± 0.63	5.871 ± 0.15	0.83 ± 0.33
MOH	30.09 ± 0.15	0.38 ± 0.0008	227.11 ± 0.59	0.16 ± 0.004	4.17 ± 0.25	5.94 ± 0.21	2.15 ± 0.75
PAL	30.09 ± 0.55	0.303 ± 0.05	181.66 ± 22.75	0.15 ± 0.05	4.75 ± 0.87	6.01 ± 0.10	0.94 ± 0.20
PAN	29.49 ± 0.38	0.196 ± 0.003	120.84 ± 14.30	0.08 ± 0.002	5.56 ± 0.47	5.70 ± 0.11	2.31 ± 1.59
SAM	28.87 ± 0.33	0.366 ± 0.004	221.26 ± 1.22	0.16 ± 8.42E-17	2.74 ± 0.53	6.34 ± 0.10	1.57 ± 0.40
YAM	29.23 ± 0.20	0.188 ± 0.001	112.716 ± 0.79	0.08 ± 1.42E-17	5.28 ± 0.21	5.95 ± 0.37	3.44 ± 1.27

# Environmental Variables



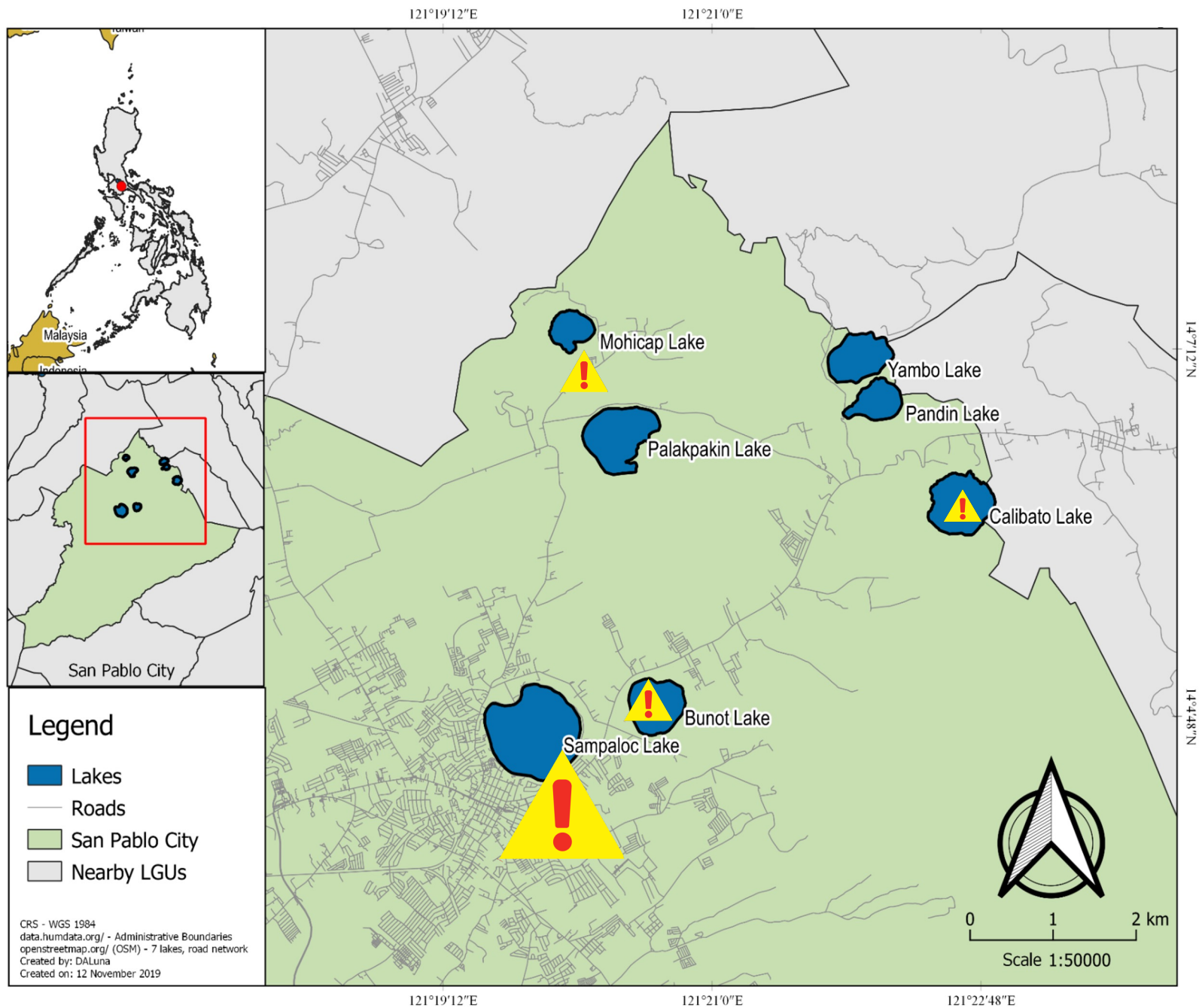
Water Parameters		
Temperature (°C)	0.317	<b>-0.570</b>
Dissolved Oxygen (mg/L)	<b>-0.448</b>	-0.374
pH	-0.302	<b>-0.647</b>
Water Transparency (m)	-0.333	<b>0.323</b>
Total Dissolved Solids (mg/L)	<b>0.504</b>	-0.062
Salinity (ppt)	<b>0.492</b>	-0.087
Variance explained by component	3.241	1.062
Total variance explained (%)	54.015	17.708





Inset map of the Philippines showing the location of San Pablo City in the Philippines. The map includes labels for Malaysia, Indonesia, and San Pablo City. A red box highlights the area shown in the main map.

CRS - WGS 1984  
data.humdata.org/ - Administrative Boundaries  
openstreetmap.org/ (OSM) - 7 lakes, road network  
Created by: DALuna  
Created on: 12 November 2019



# Diversity of insects across the seven lakes of San Pablo City



*Mesovelia* sp.



*Mesovelia vittegera*



*Thurselinus scutellaris*



*Cercotmetus* sp.



*Ranatra* sp.



*Nychia sappo*



*Paraplea* sp.



*Elophila* sp.

*Potamomusa* sp.



*Agriocnemis* sp.



*Ischura* sp.



*Pseudagrion* sp. 1



*Pseudagrion* sp. 2



*Ophiogomphus* sp.



*Libellula* sp.



*Urothemis* sp.



*Rhynocypha* sp.



*Ganonema* sp.



Hydropsychidae sp.



*Oecetis* sp.



*Ecnomus* sp.





*Enochrus* sp.

46  
species







# Mollusk diversity in the seven lakes of San Pablo City

Ampullariidae	Lymnaeidae		Pachychilidae		Planorbidae	Physidae	Stenothyridae
							
10mm	5mm	5mm	10mm	10mm	2mm	5mm	1mm
<i>Pomacea canaliculata</i>	<i>Radix quadrasi</i>	<i>Bullastra cumingiana</i>	<i>Jagora asperata</i>	<i>Sulcospira</i> sp.	<i>Gyraulus</i> sp.	<i>Glyptophysa hungerfordiana</i>	<i>Stenothyra</i> sp.

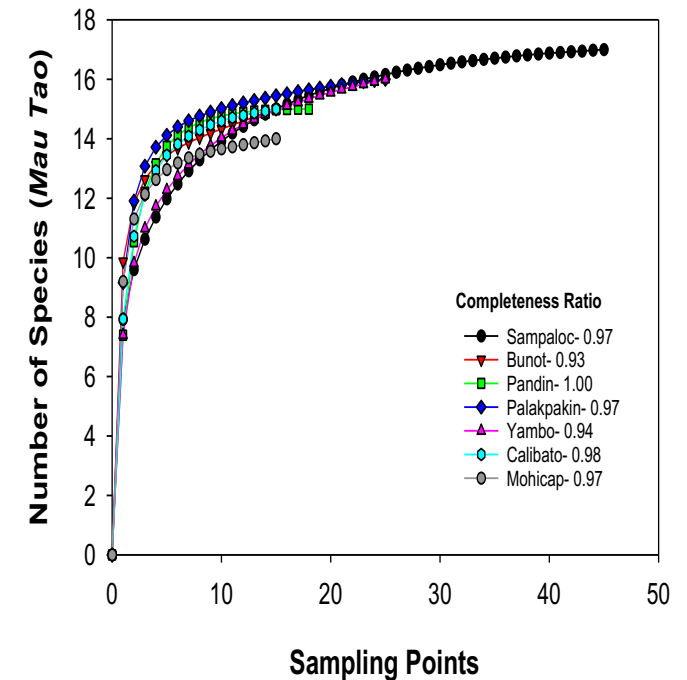
Thiaridae				Viviparidae		Unionidae	Cyrenidae
							
5mm	3mm	5mm	5mm	10mm	10mm	30mm	10mm
<i>Melanoides tuberculata</i>	<i>Stenomelania</i> sp.	<i>Mieniplotia scabra</i>	<i>Tarebia granifera</i>	<i>Sinotaia aeruginosa</i>	<i>Vivipara angularis</i>	<i>Sinanodonta woodiana</i>	<i>Corbicula fluminea</i>

17  
species



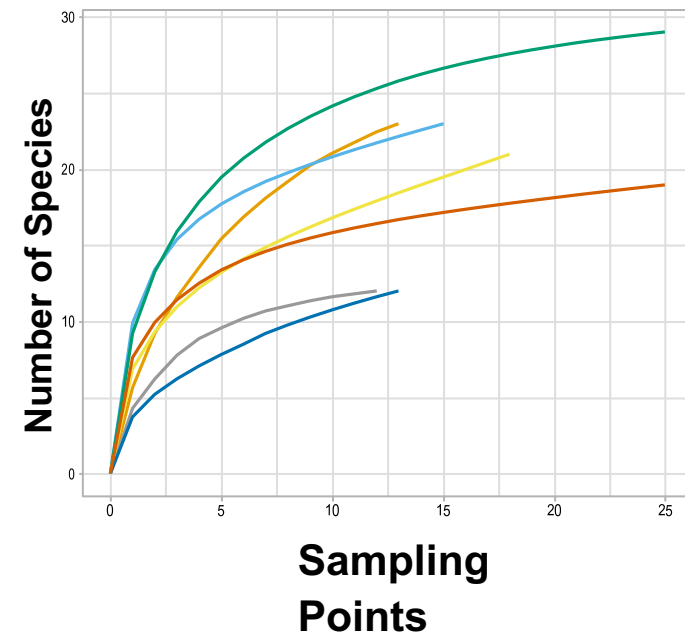
# Diversity indices of mollusks in the seven lakes of San Pablo City

Lake	Total Species Richness	Total Abundance	Shannon-Weiner Diversity Index ( $H'$ )	Evenness ( $J'$ )
Sampaloc	17	17,379	1.72	0.33
Bunot	15	1,792	2.10	0.54
Pandin	15	1,969	1.91	0.45
Palakpakin	16	3,543	2.06	0.49
Yambo	16	3,518	2.09	0.51
Calibato	15	1,013	1.95	0.47
Mohicap	14	2,538	1.73	0.40
<b>TOTAL</b>	<b>17</b>	<b>31,752</b>	<b>2.10</b>	<b>0.48</b>



# Diversity indices of insects in the seven lakes of San Pablo City

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<b>TOTAL</b>	<b>17</b>	<b>31,752</b>	<b>2.10</b>	<b>0.48</b>



# Biodiversity Findings

Mollusks	Insects
<b>Lake Sampaloc</b> has the highest species richness (17 species) while <b>Lake Bunot</b> the highest diversity index ( $H' = 2.10$ )	<b>46</b> species belonging to <b>26</b> families and <b>7</b> orders were identified
The most abundant species was <b><i>Stenothyra</i> sp.</b> (n= 7, 758)	<b><i>Cleon</i> sp.</b> (Order Ephemeroptera, Family Baetidae) was the most abundant insect
<b>Three invasive species, <i>Pomacea canaliculata</i>, <i>Sinotaia aeruginosa</i> and <i>Sinanodonta woodiana</i> were recorded.</b>	<b>Pollution-tolerant species dominated Lakes Calibato, Bunot, Mohicap and Sampaloc</b>
Species accumulation curves demonstrated an <b><math>\alpha</math>-dominated community</b> , and <b>efficient sampling</b> marked by high completeness ratio (CR= 1.00).	

# Animal health and Food safety

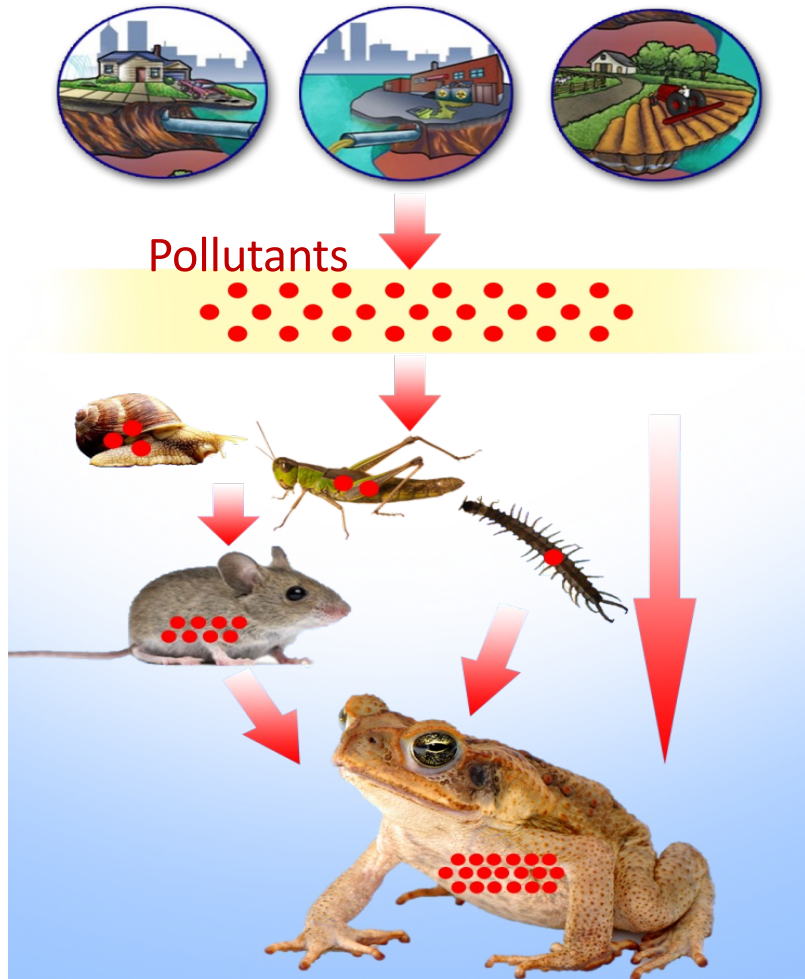


Image via [The Guardian](#)



# Food Sources in Laguna lake and San Pablo lakes







## Nile Tilapia

(*Oreochromis niloticus* L., 1758)

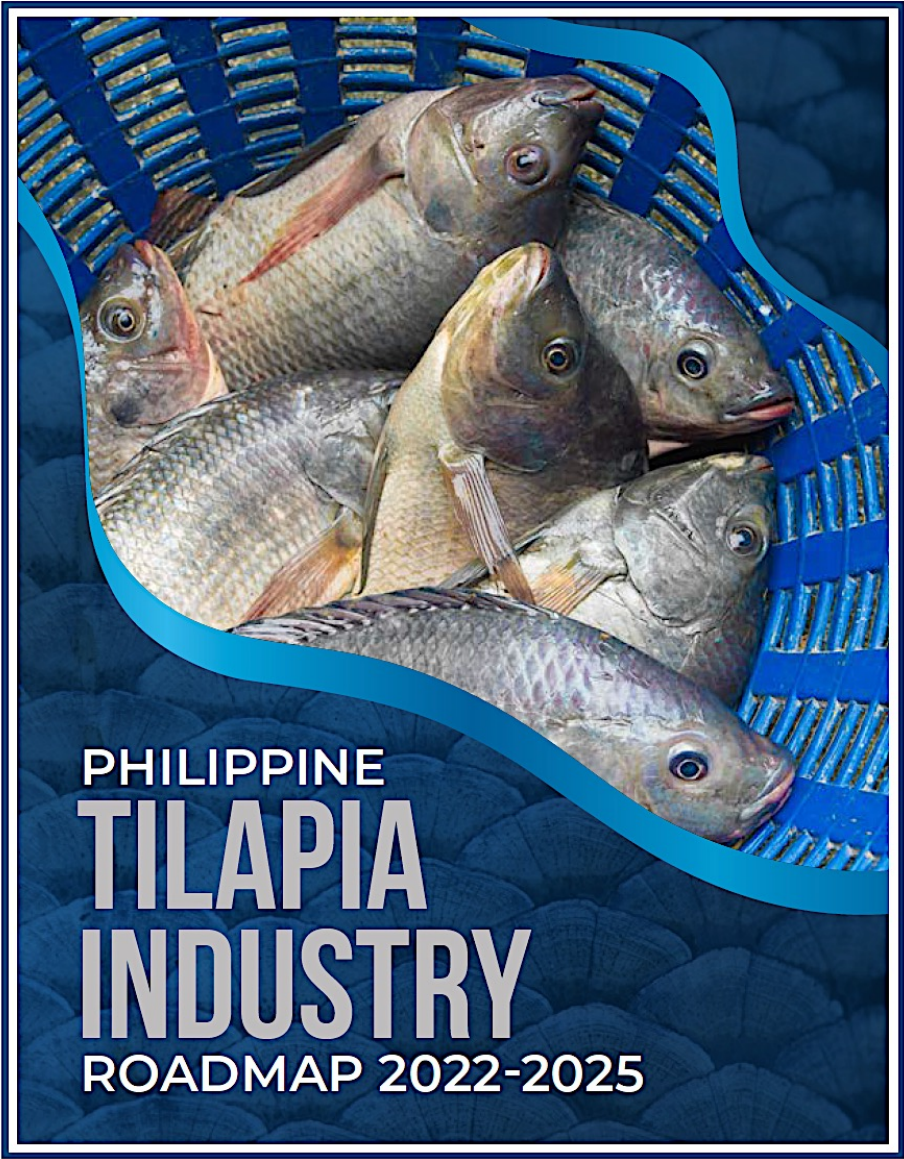
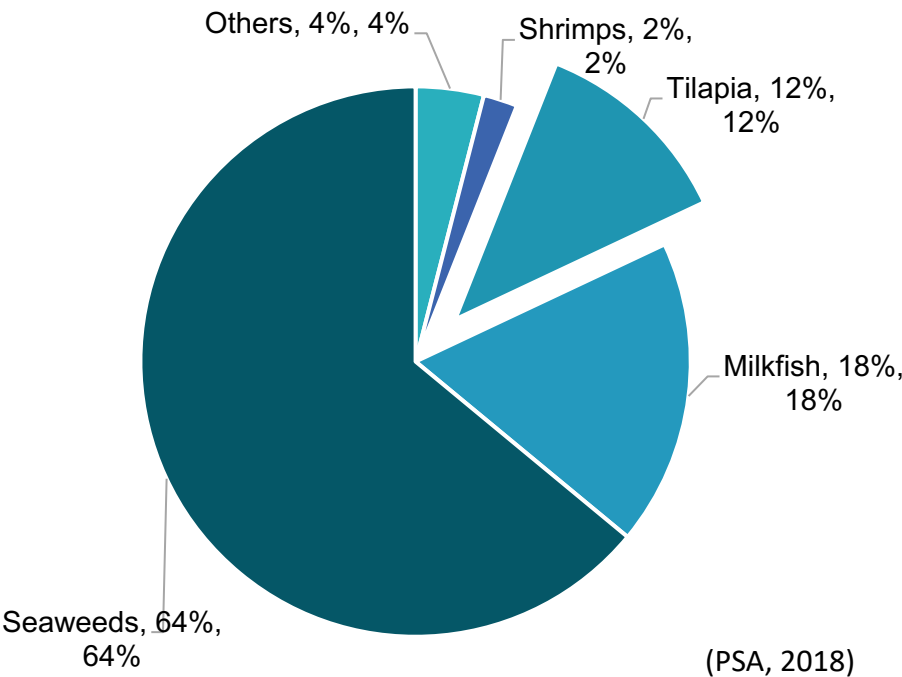
### in San Pablo Lakes

- Main **cultured** fish in all lakes
- Harvested and **sold** to communities
- Commodity and **food** source

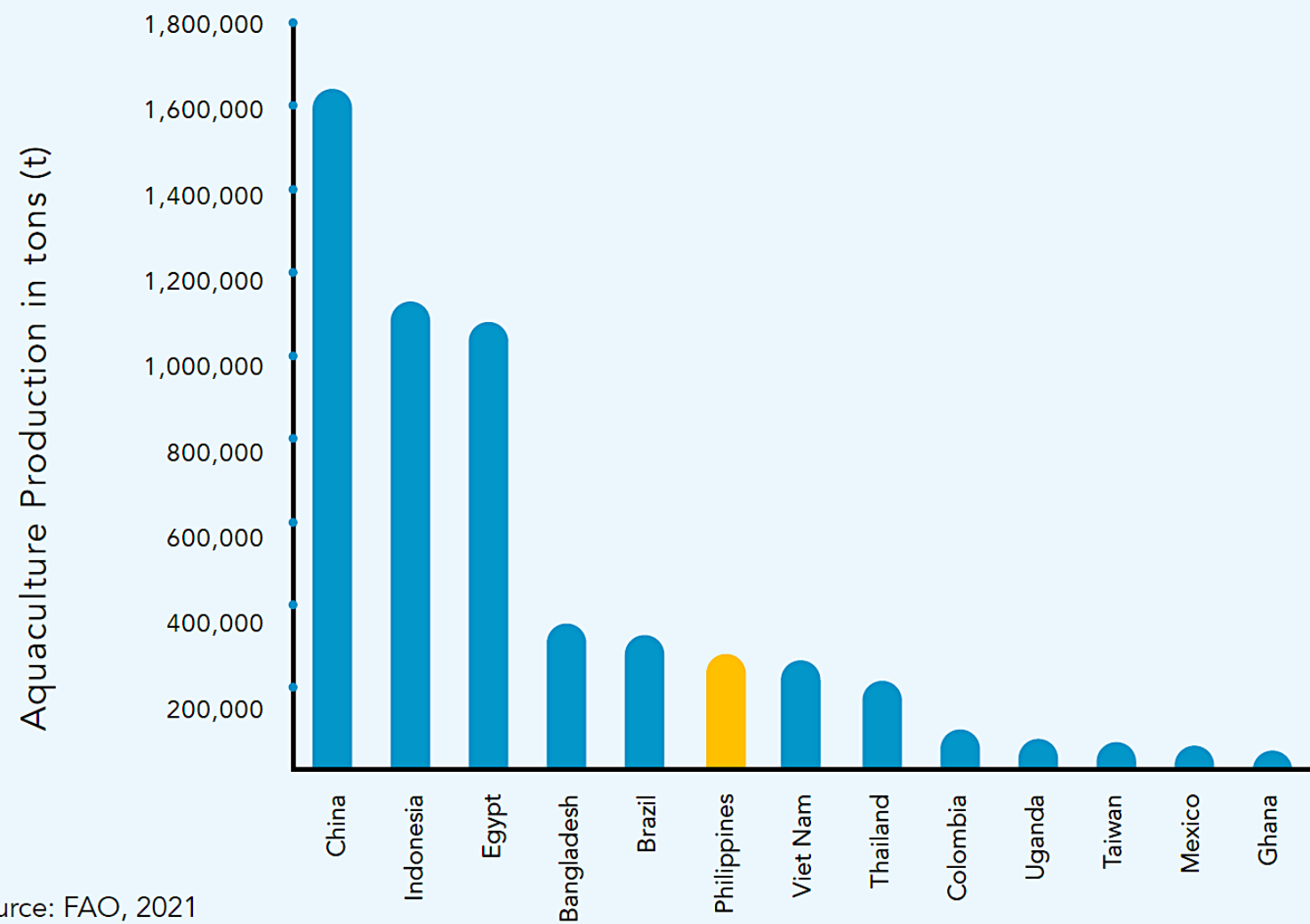


# Nile Tilapia in the Philippines

Species		Region	Volume of Production (metric tons)		
			2016	2017	2018
Tilapia					
	Central Luzon	127,241.91	133,882.74	136,819.49	
	CALABARZON	92,372.73	91,866.80	92,136.28	



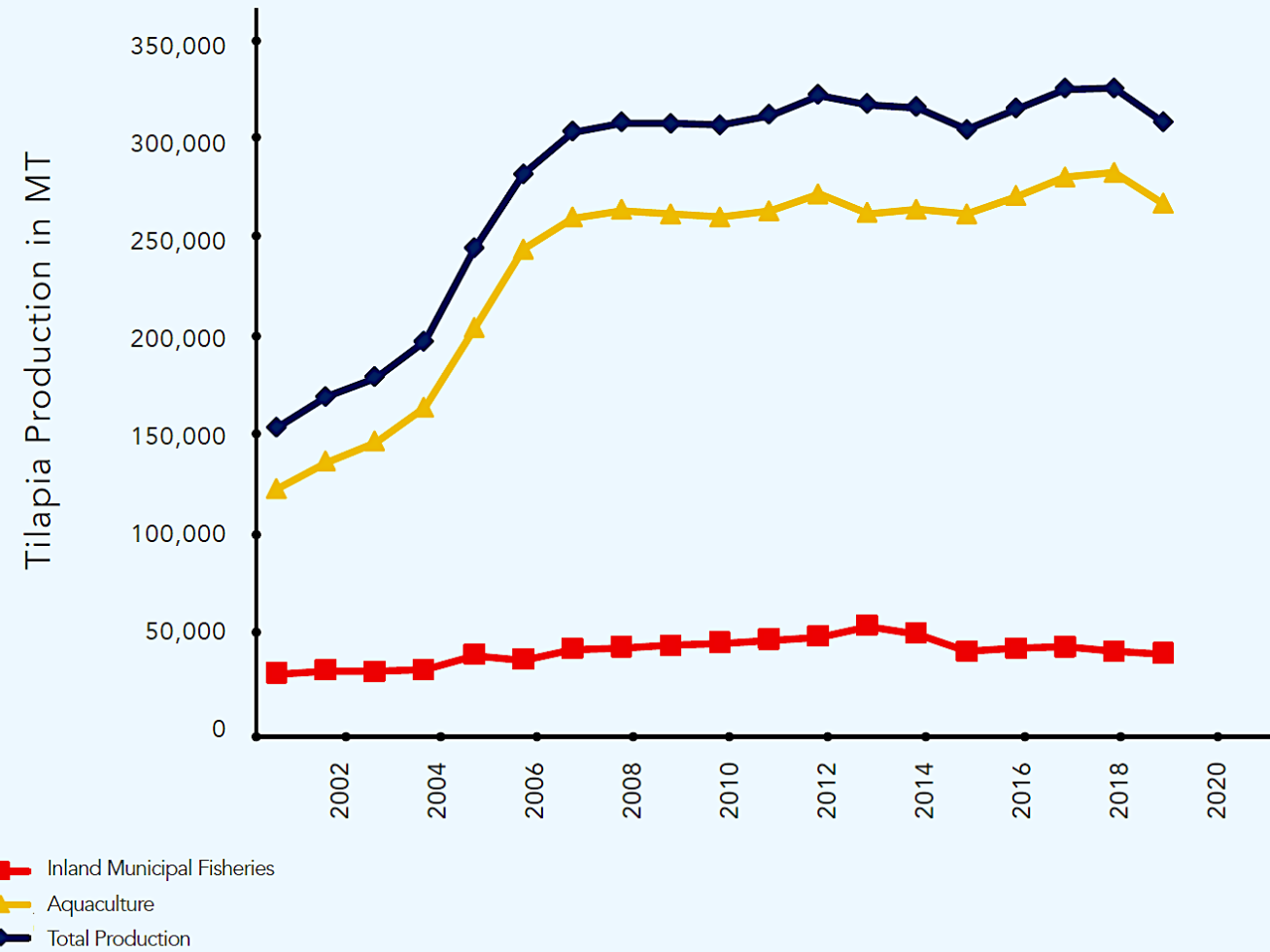
**FIGURE 3: WORLD PRODUCER OF FARMED TILAPIA IN 2018**



Source: FAO, 2021

# Production

FIGURE 4: COUNTRY'S TILAPIA PRODUCTION (2002-2020)

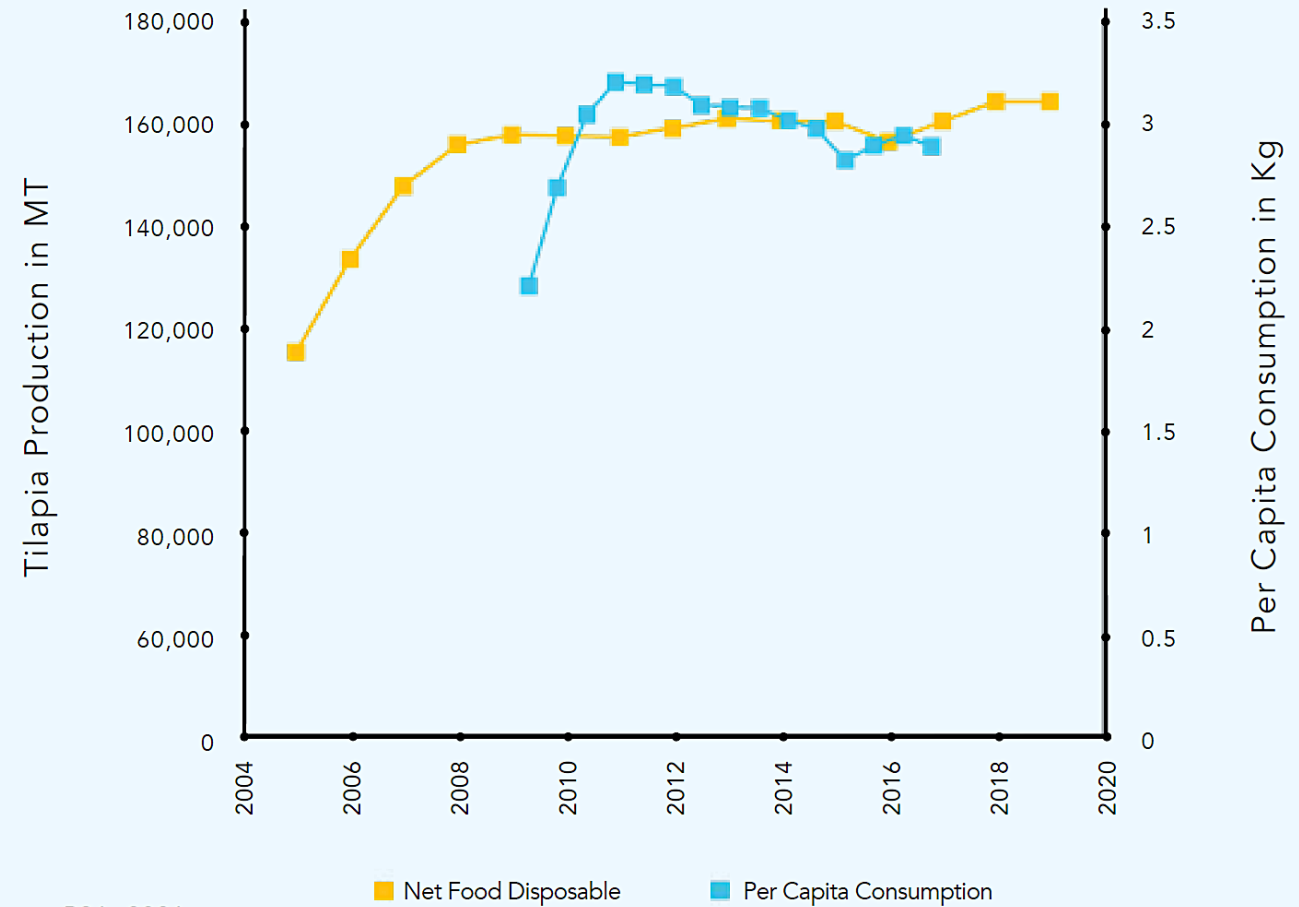


Source: PSA, 2021



# Consumption

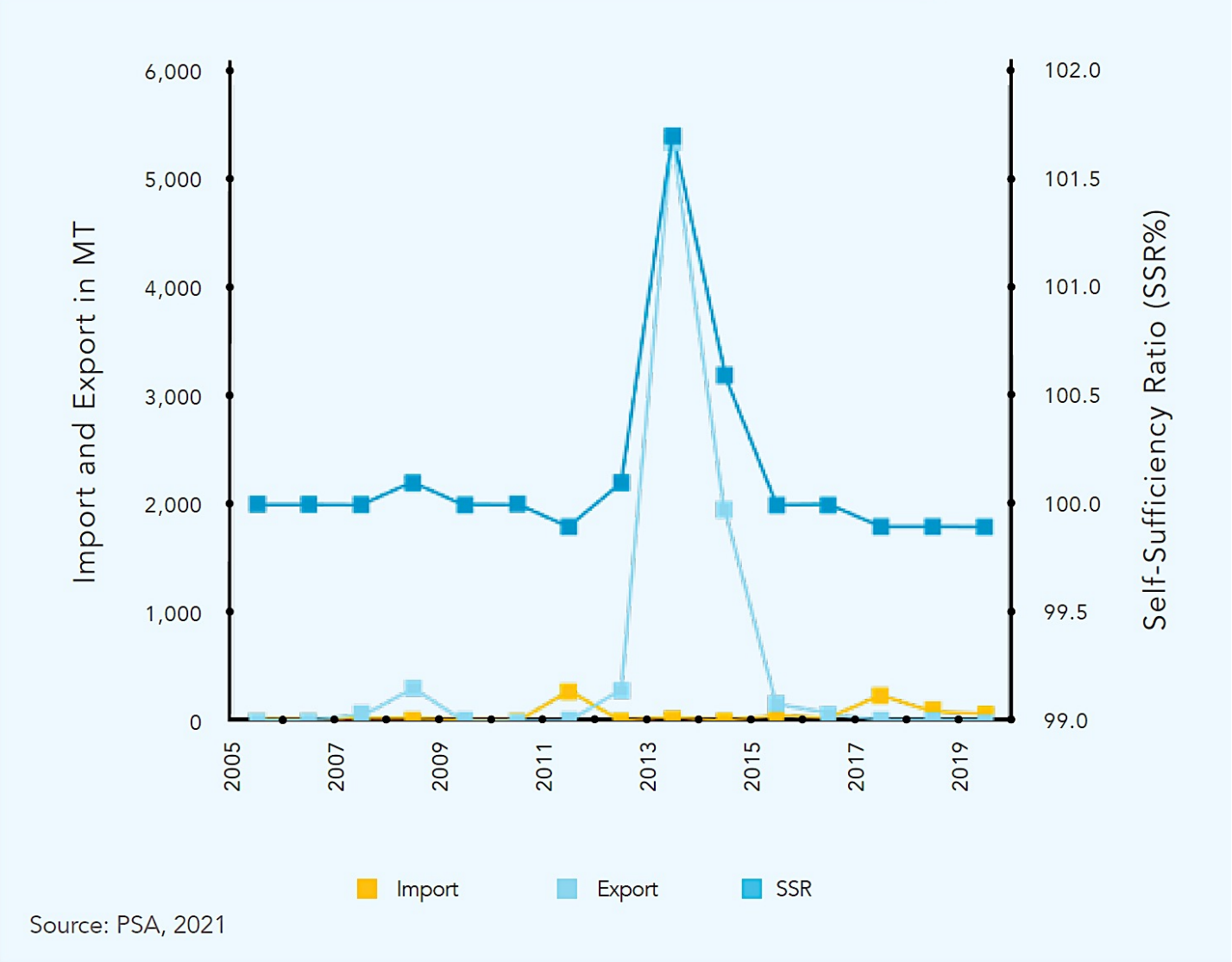
FIGURE 8: NET FOOD DISPOSABLE AND PER CAPITA CONSUMPTION OF TILAPIA (2005-2019)



Source: PSA, 2021

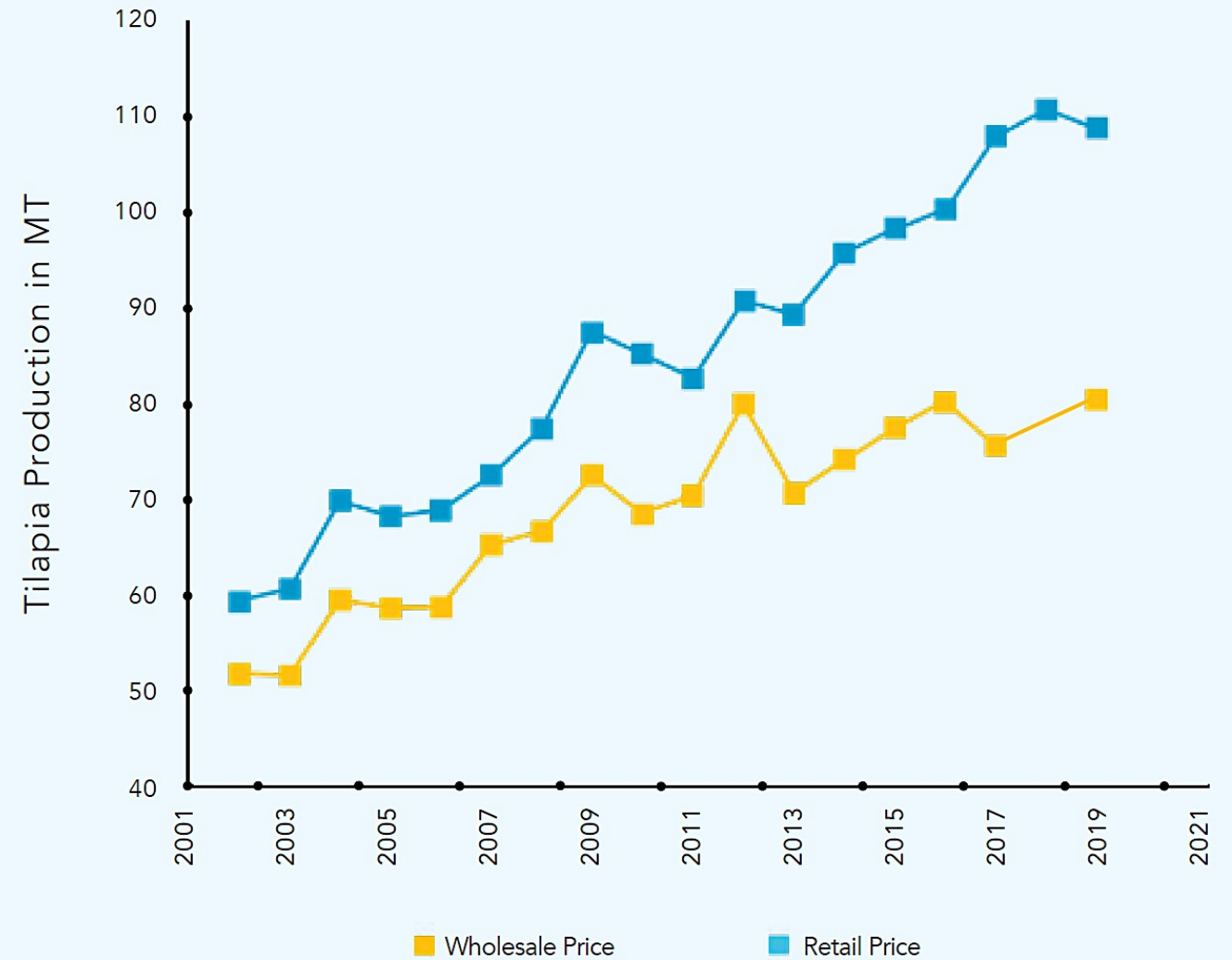
# Self-Sufficiency ratio

FIGURE 9: IMPORT, EXPORT AND SELF - SUFFICIENCY RATIO OF TILAPIA (2005-2019)



# Price

FIGURE 10: WHOLESALE AND RETAIL PRICE OF TILAPIA (2002-2019)

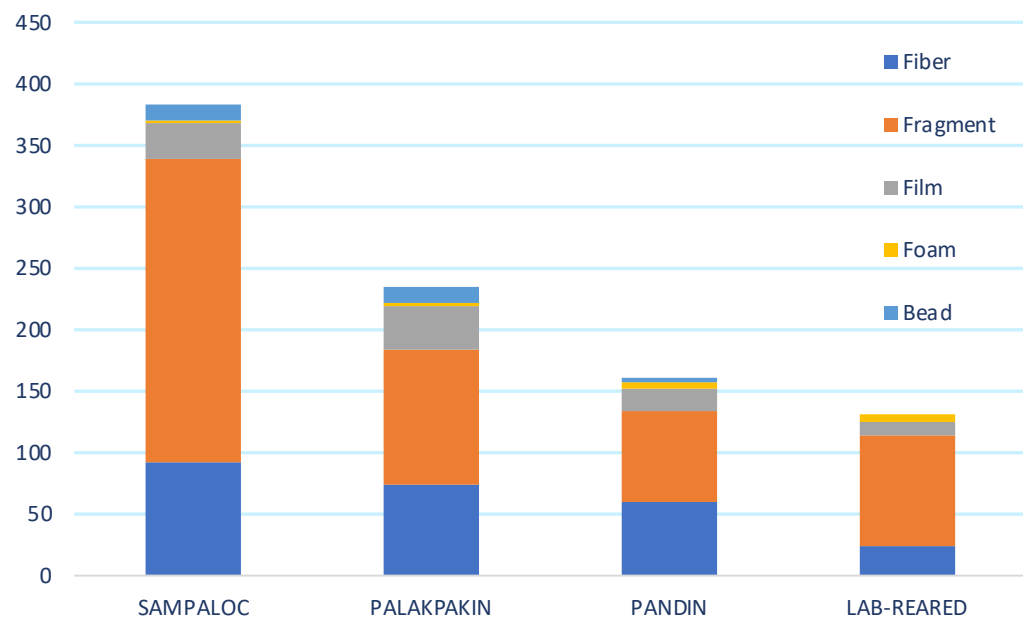


Source: PSA, 2021

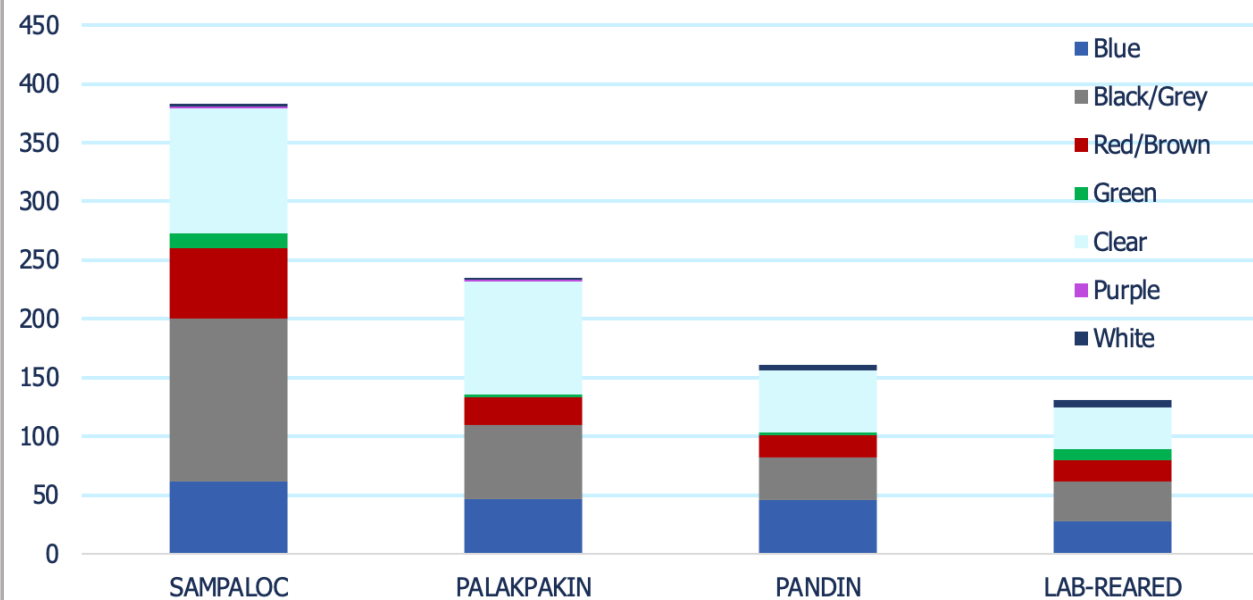


# Microplastics in Nile tilapia muscle

TYPES OF MICROPLASTICS IN TILAPIA



COLORS OF MICROPLASTICS IN TILAPIA

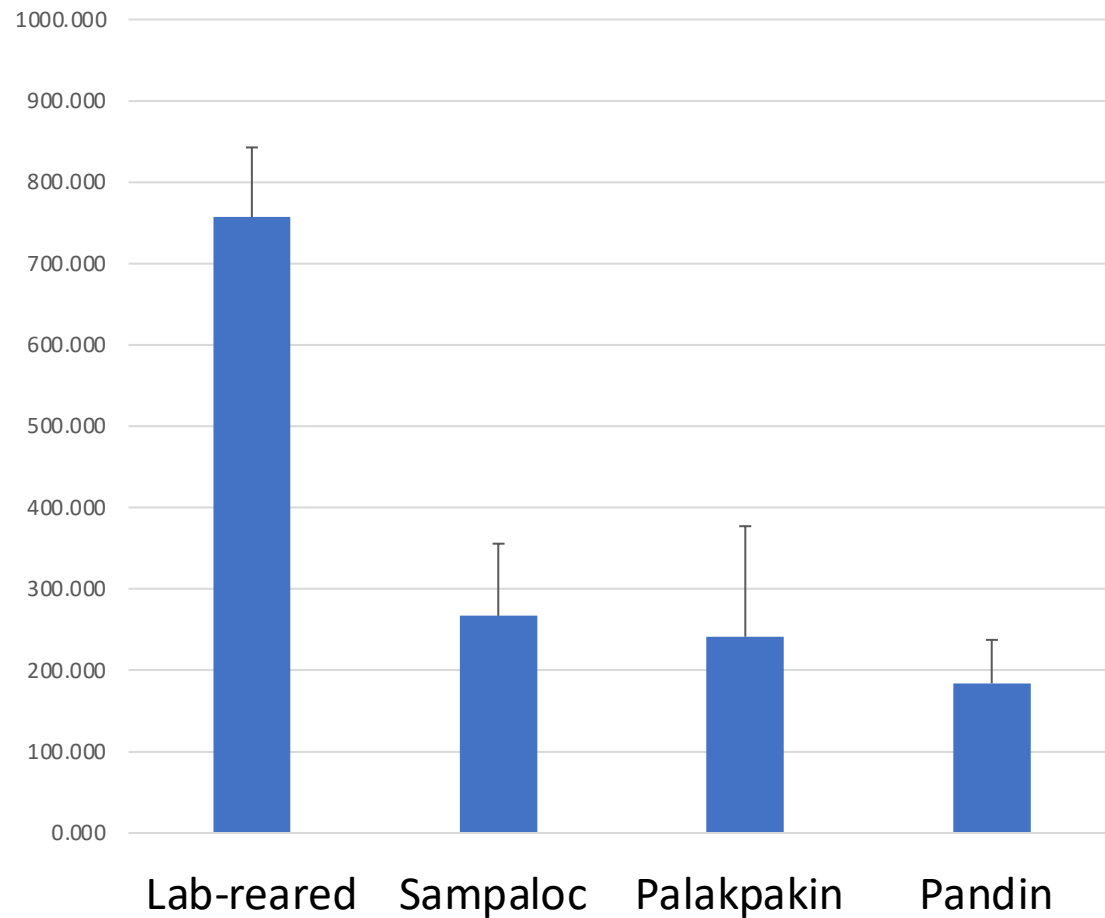






# Malondialdehyde (MDA) Protein

- biomarker of oxidative stress

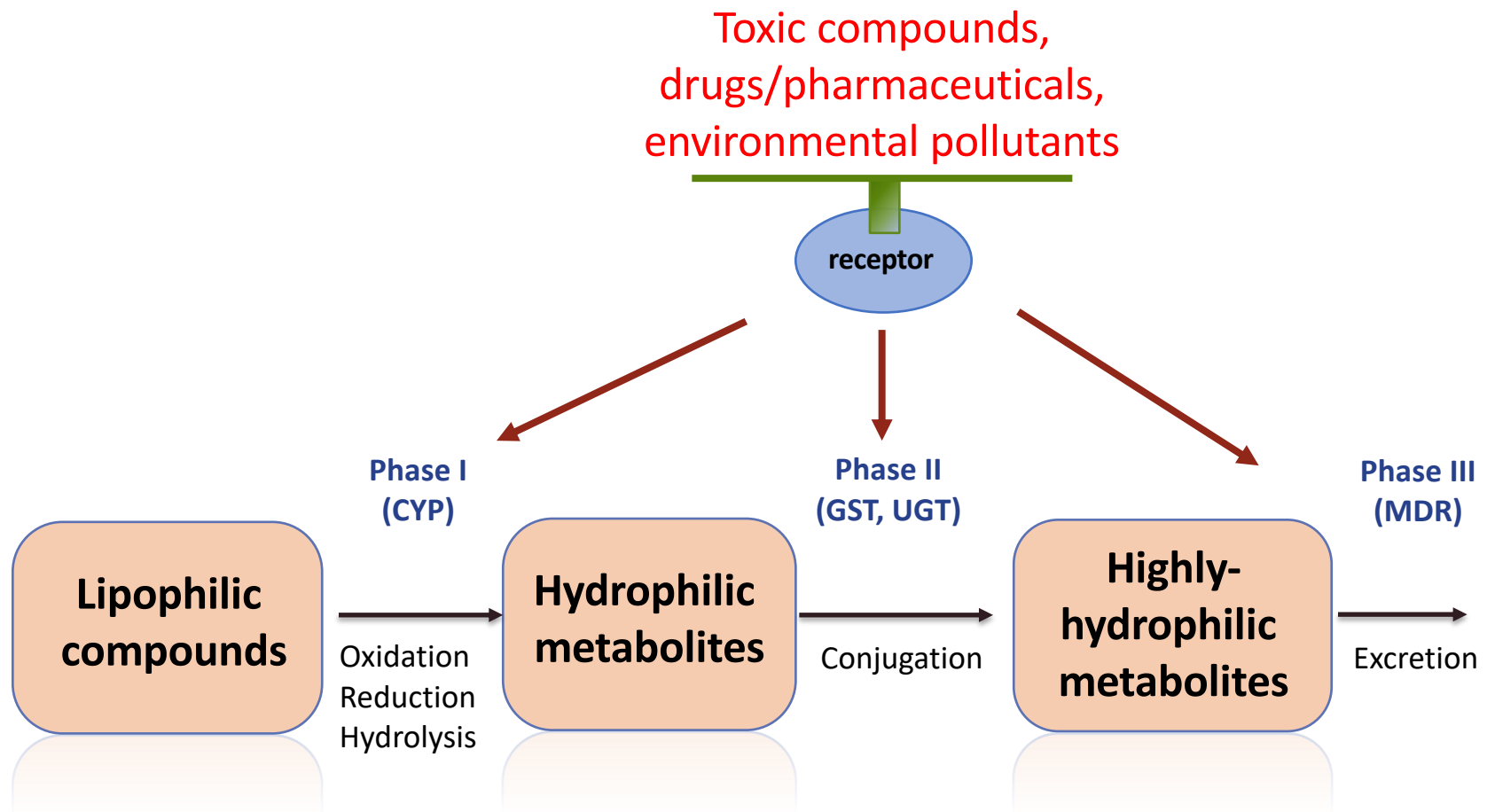


- decreased MDA protein in the Nile tilapia from the lakes



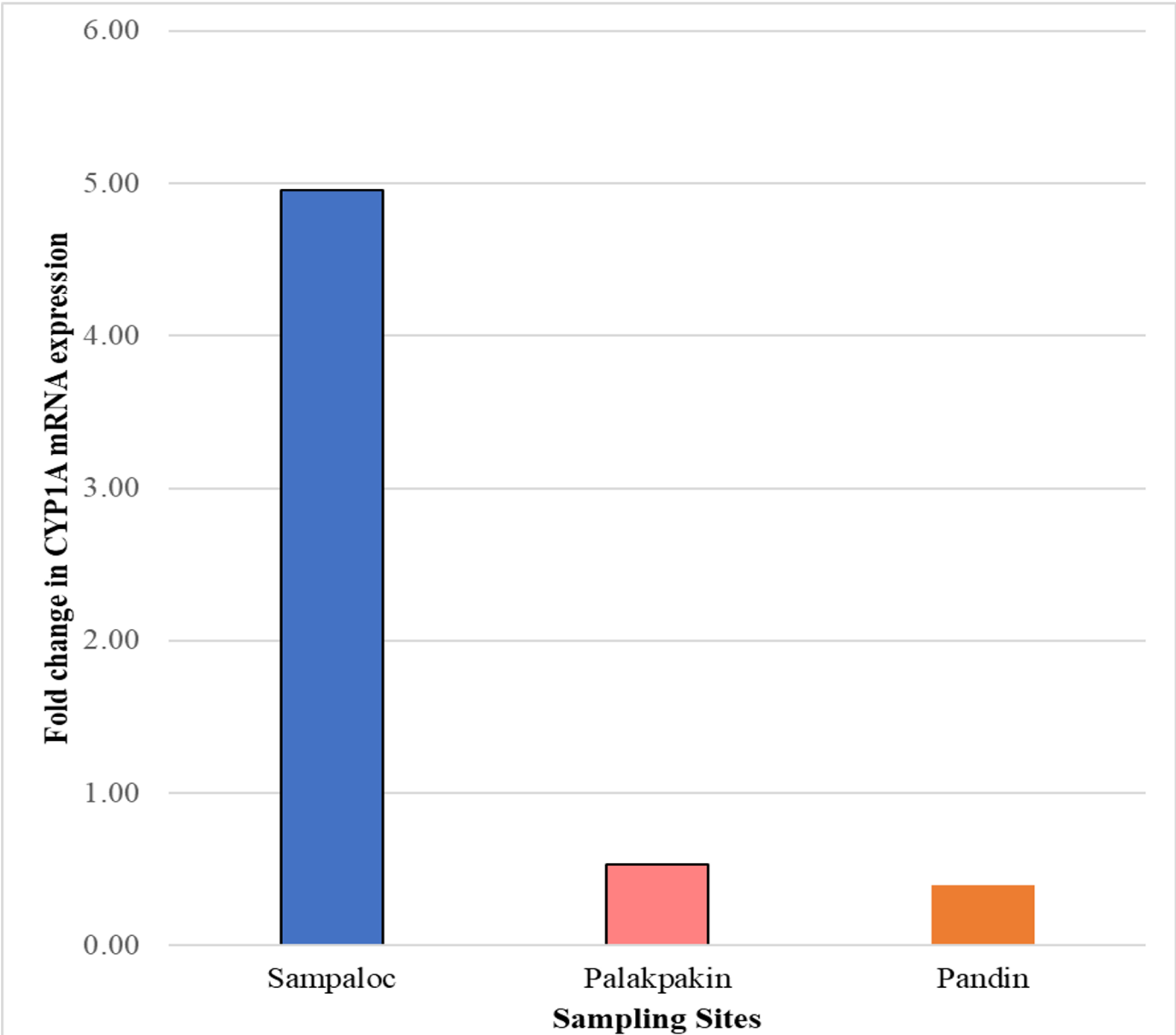
# Cytochrome P450 Enzymes

- biomarker of environmental pollutants

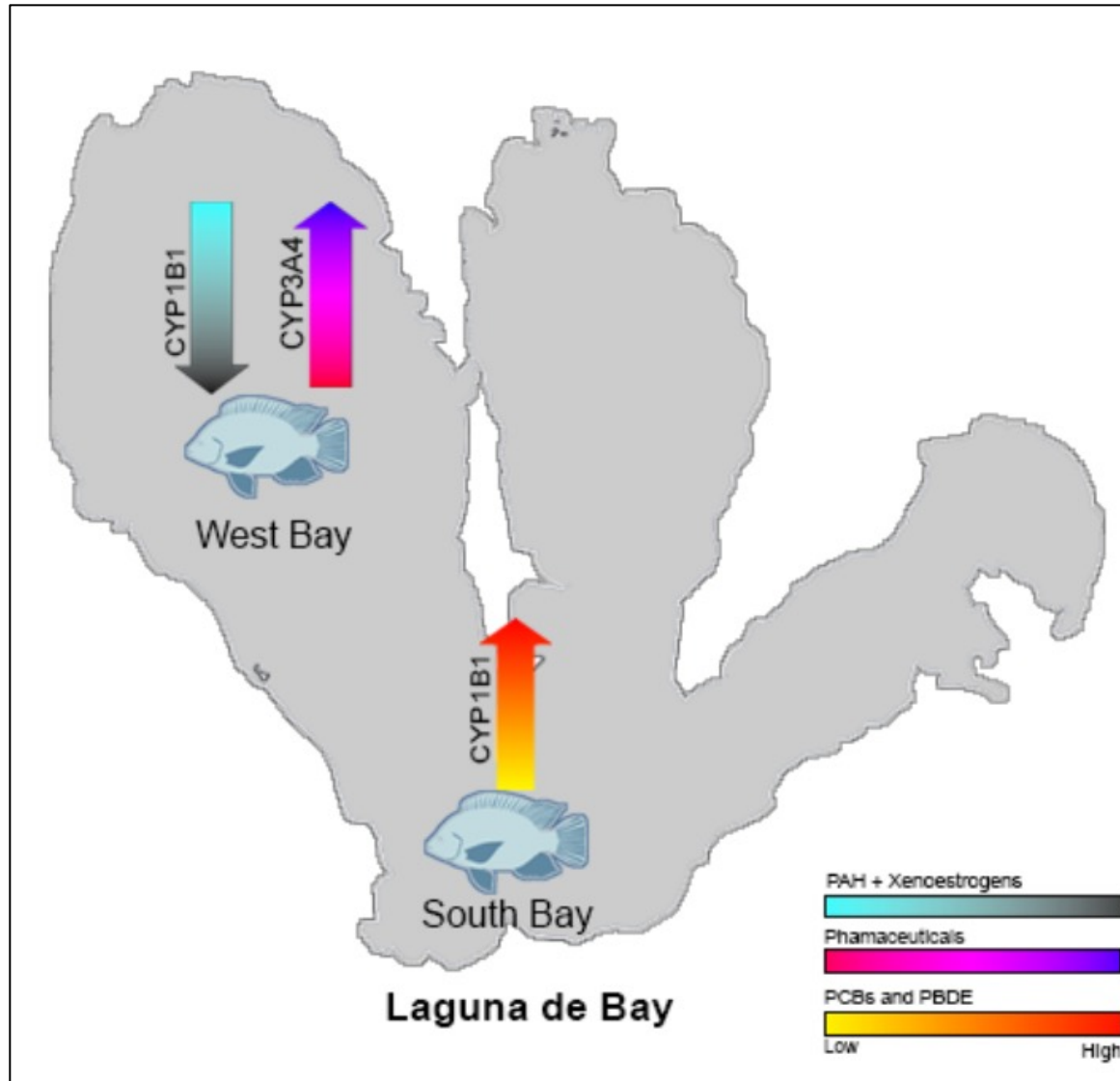


# CYP1A (San Pablo Lakes samples)

Sampling sites	Average	SD
Sampaloc	4.95	3.29
Palakpakin	0.53	1.19
Pandin	0.40	1.91



# CYP450 Gene Expression and Contaminants in Laguna Lake



## ➤ West Bay:

- a) Lower CYP1B1 gene expression might be associated with PAH-Xenoestrogen
- b) Higher CYP3A4 gene expression might be associated with pharmaceutical

## ➤ South Bay:

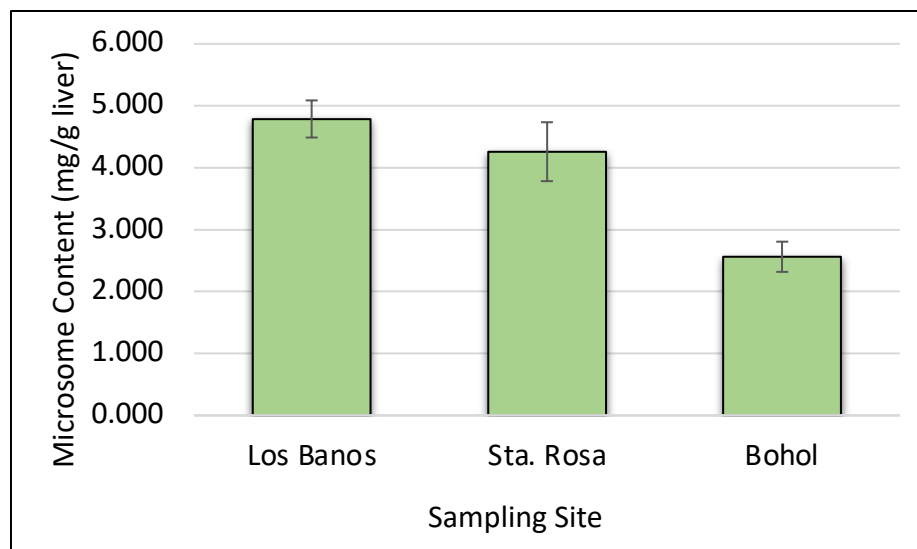
- a) Higher CYP1B1 gene expression might be associated with PCBs and PBDE



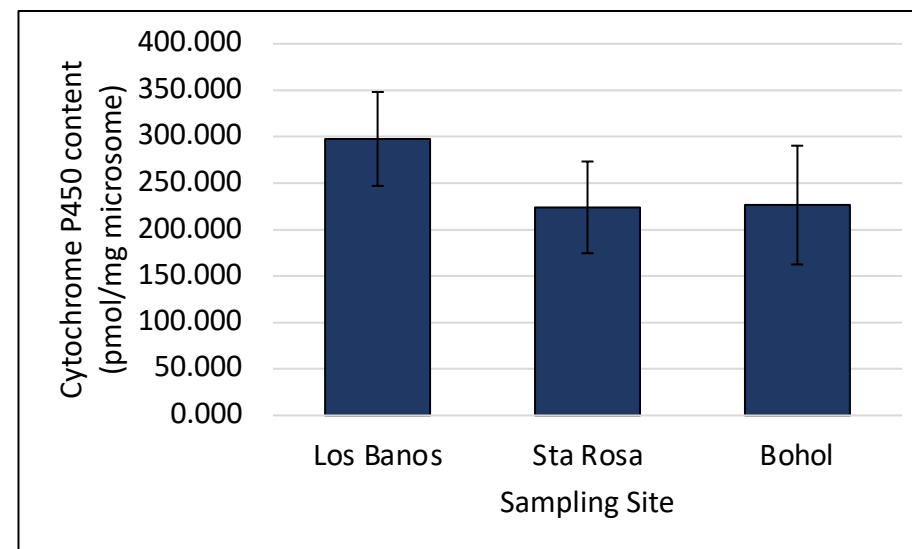


# Biochemical Assays in Tilapia

## Microsome and Total CYP contents



Microsome content of tilapia liver obtained from the three sampling sites. The three sampling sites are significantly different from each other ( $p = 0.0003$ )



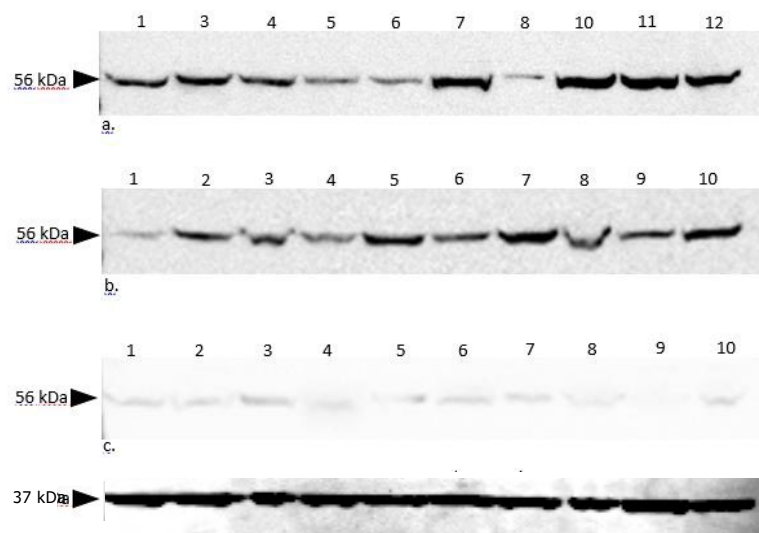
Cytochrome P450 content of the liver microsomes from the tilapia samples obtained from the three sampling sites.



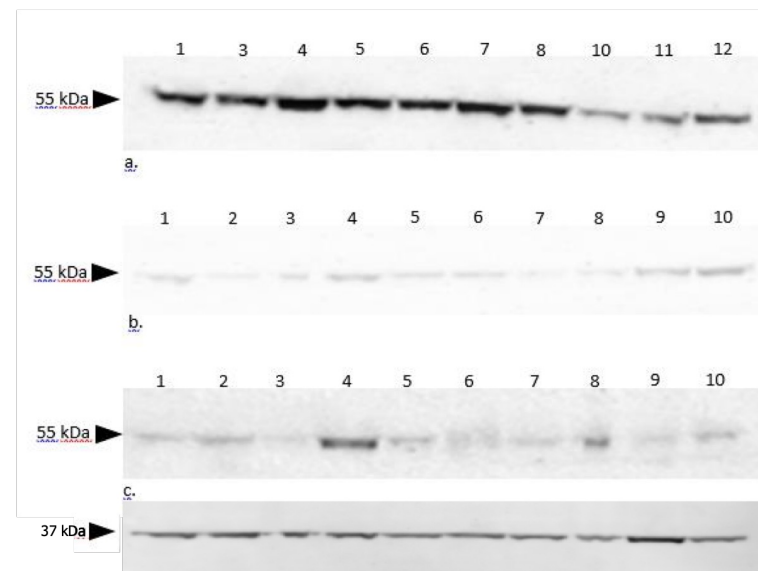
# Protein Expression and Validation in Tilapia (2019)

## Western Blot analysis

### CYP1A1



### CYP1B1

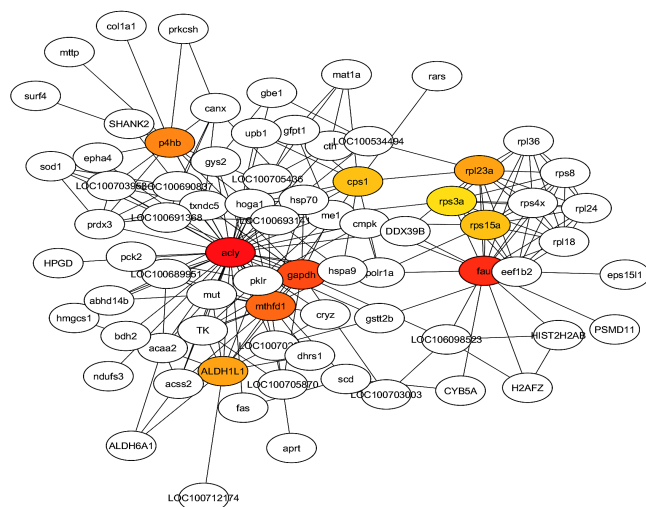


Western blots analysis of CYP1A1 and CYP1B1 proteins. Representative immunoblots of from Nile tilapia in (A) Site 1 Laguna Lake South Bay (A) Site 2 Laguna Lake South West Bay, and (C) Bilar, Bohol. Total protein (48  $\mu$ g) was loaded in each lane. The levels of GAPDH (loading control) at 37kDa were analyzed to ensure samples' loading amount.

CYP3A: no specific binding

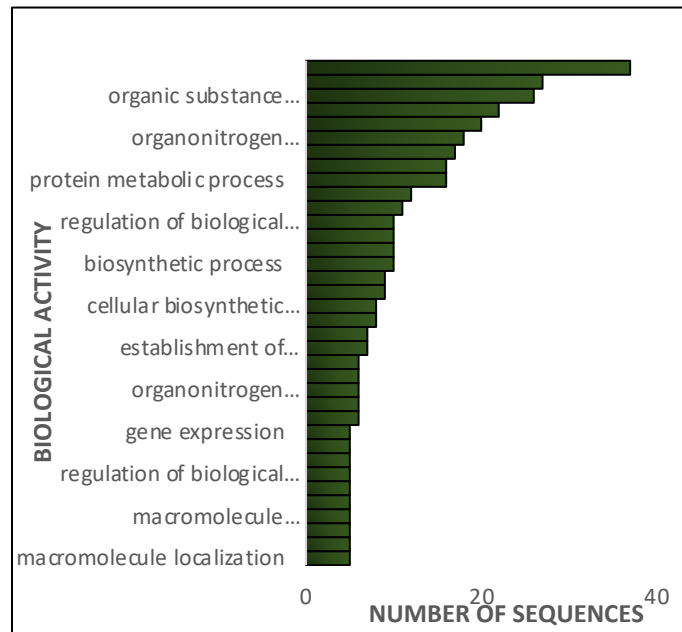


# Protein Profiling in Tilapia

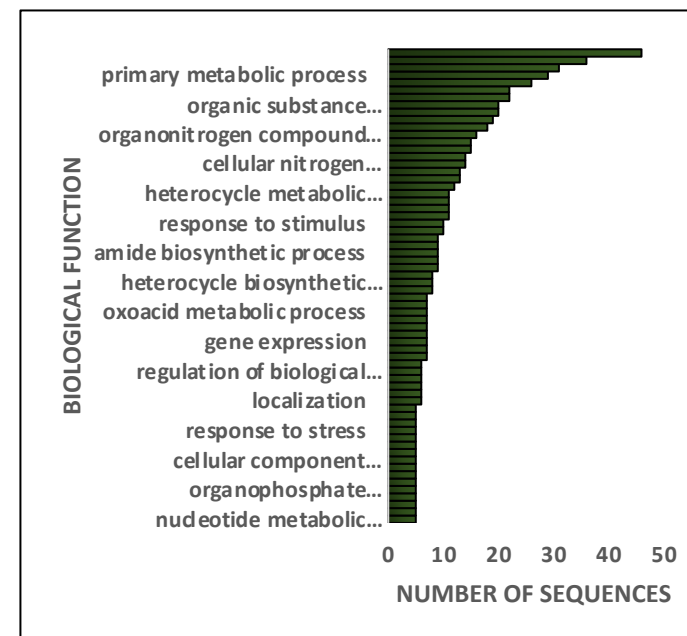


## Upregulated Proteins

Gene Symbol	Protein Name	Betweenness Centrality	Degree	Fold Change
acly	ATP citrate lyase	0.569183	44	-1.7717
fau	40S ribosomal protein S30	0.130853	17	-1.7775
gapdh	Glyceraldehyde-3-phosphate dehydrogenase	0.224083	15	-1.83394
mthfd1	C-1-tetrahydrofolate synthase, cytoplasmic	0.053591	14	-1.78574
p4hb	Protein disulfide-isomerase	0.108836	13	1.65987
rpl23a	Ribosomal protein L23a	0.032682	12	1.79353
ALDH1L1	10-formyltetrahydrofolate dehydrogenase	0.049572	12	1.88041



## Downregulated Proteins





# Protein Profiling in Tilapia

List of differentially expressed protein biomarkers

## involved in stress and detoxification

SITE		UPREGULATED	DOWNREGULATED
Site 1	Male	cyp3a27, rpl23a, mgst, sult1a4, srd42e, CYTB5, BCHE, gsta	ephx2, ABHD14B, UGT, aoc1, calcoco1, gstt2b, dhars1, ALDH91A.1, ADH1, ADH5, hsp70
	Female	FMO1, abhd14b, mgst1, sult1a4, calcoco1	ephx, UGT, pter, CYB5R2, gstt2b, dhars1, hagh, ADH5
Site 2	Male	FMO1, hao1, ABHD14B, UGT, rpl23a, pter, CYB5R2, cat, sdr42e1, aox5	CTYB5, BCHE, hagh, PIEZO2
	Female	hao1, ABHD14B, UGT, CYB5R2, sdr42e1, ALDH9A1A.1, aox	BCHE, gsttb, ndrg1, PIEZO2



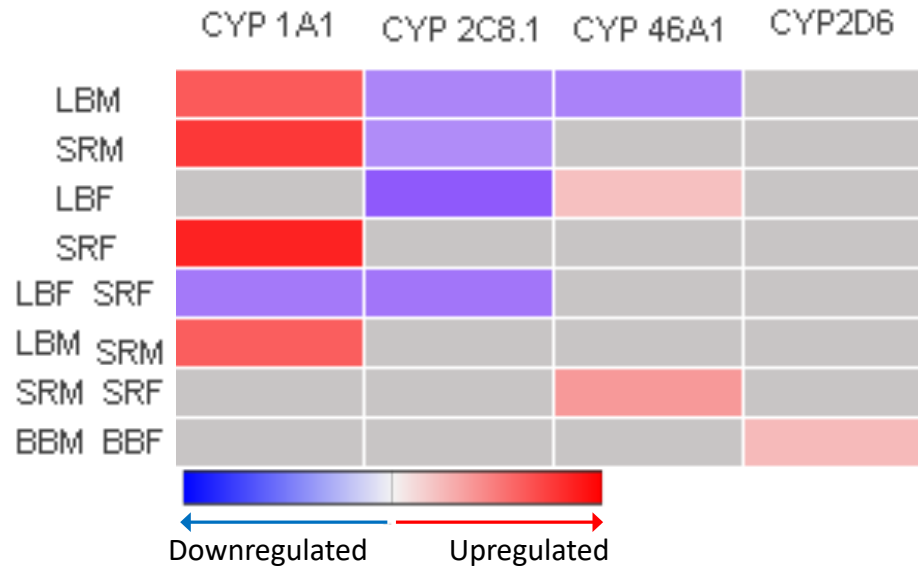
Other organisms living in the lake are also affected.





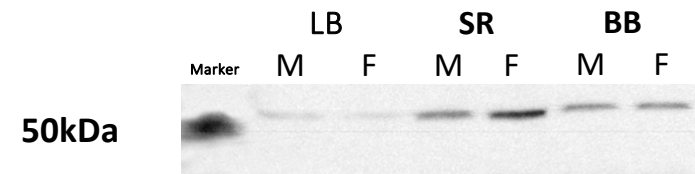
# Toad Hepatic Protein Profile

## Identified differentially expressed CYP450



LBM- Site 1 Male  
 LBF – Site 1 Female  
 SRM – Site 2 Male  
 SRF – Site 2 Female  
 BBM – Site 3 Male  
 BBF – Site 3 Female

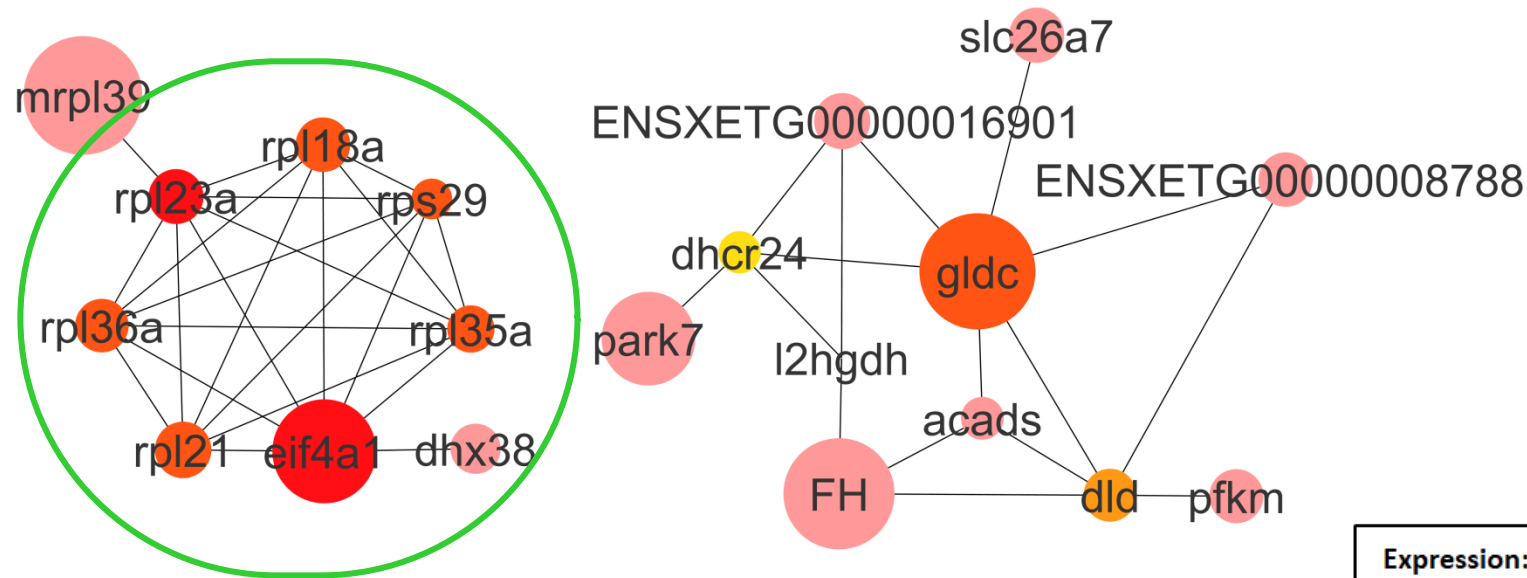
### CYP1A1 Western Blot analysis



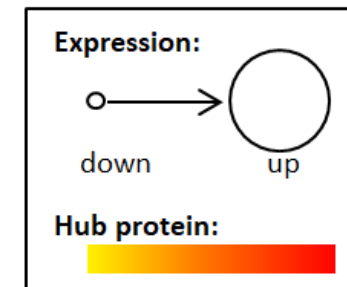


# Toad Hepatic Protein Profile

## Site 3 Differentially expressed proteins



Enzymes that may be involved in detoxification and elimination of exogenous chemicals from the body are downregulated

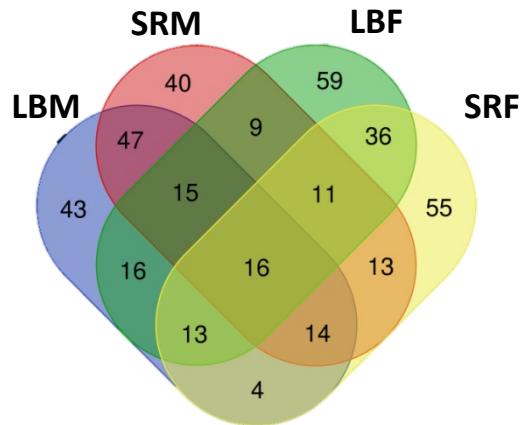




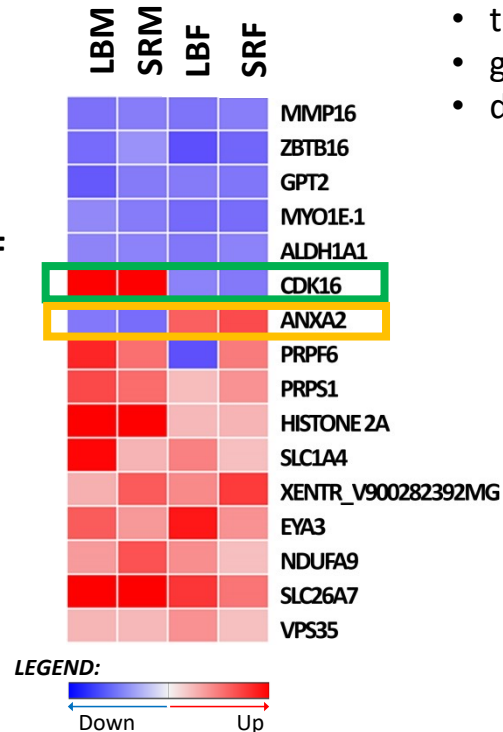
# Toad Hepatic Protein Profile

## Differential Expression of Proteins

**Number of Common proteins in Sites 1 and 2**



**Expression of Common proteins in Sites 1 and 2**



**Upregulated Proteins**

- metabolism
- transport
- gene expression
- development

**Downregulated Proteins**

- metabolism
- intracellular movement
- binding
- stimulus recognition

### CDK16

- G1 to S phase transition
- DNA damage response

### Annexin

- signal transduction
- cell growth regulation

**Proteins involved in cancer are affected.**

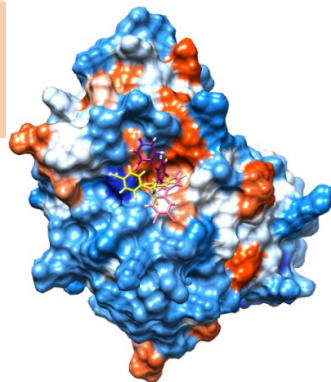
LBM- Site 1 Male  
 LBF – Site 1 Female  
 SRM – Site 2 Male  
 SRF – Site 2 Female



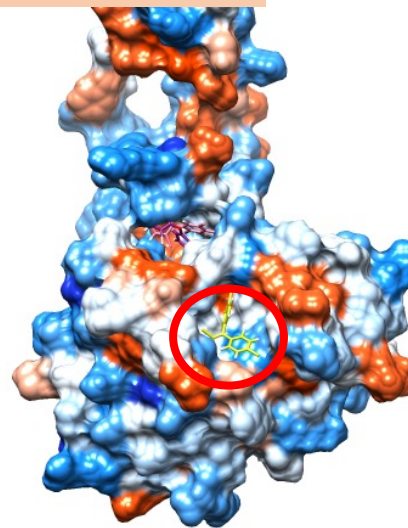
# *In silico* Approaches

## Docking Poses of Persistent Organic Pollutants against the 3D Models of Cancer-linked proteins

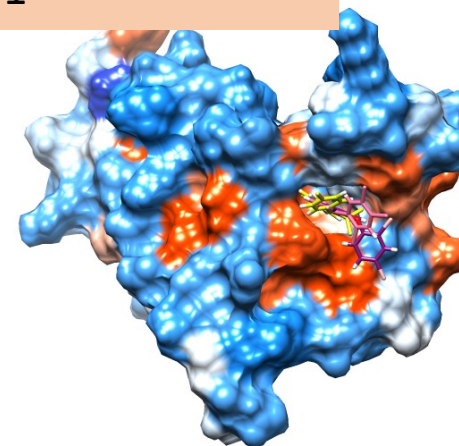
Angptl7-  
Model1-BP



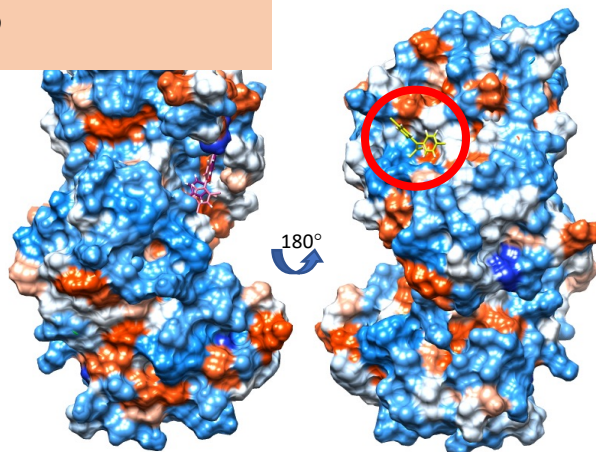
P53-Model1-  
BP



Smarca2-Model2-  
BP1



Anxa2-Model1-  
BP



### Legend

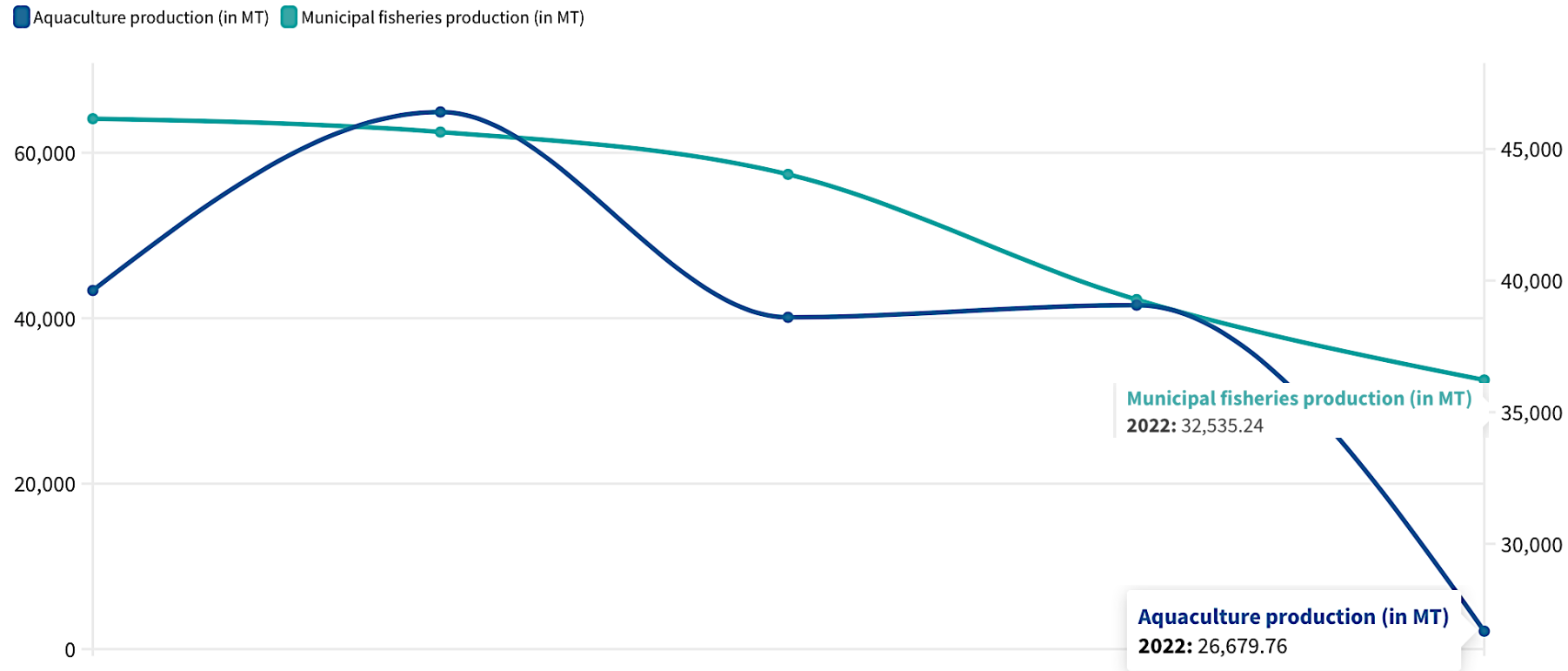
Hydrophilic

Neutral

Hydrophobic



# Declining fish catch in Laguna Lake



Source: Laguna Lake Development Authority , Philippine Statistics Authority •

**Aquaculture Production:** The controlled farming of aquatic organisms, including fish and shellfish, in designated water enclosures, aimed at enhancing seafood production.

**Municipal Fisheries:** Small-scale fishing activities conducted near the coast, primarily for local consumption, involving community-managed, less industrialized methods.

# Water-borne diseases in the region around lakes



Source: Department of Health - Epidemiology Public Health Surveillance Division

Department of Health (DOH) noted a reduction in the morbidity rate due to diarrhea from 1,520 per 100,000 population in 1990 to 347.3 per 100,000 population in 2010

**Recent years have seen notable outbreaks, which health authorities attribute to a combination of socio-cultural factors and environmental issues.**



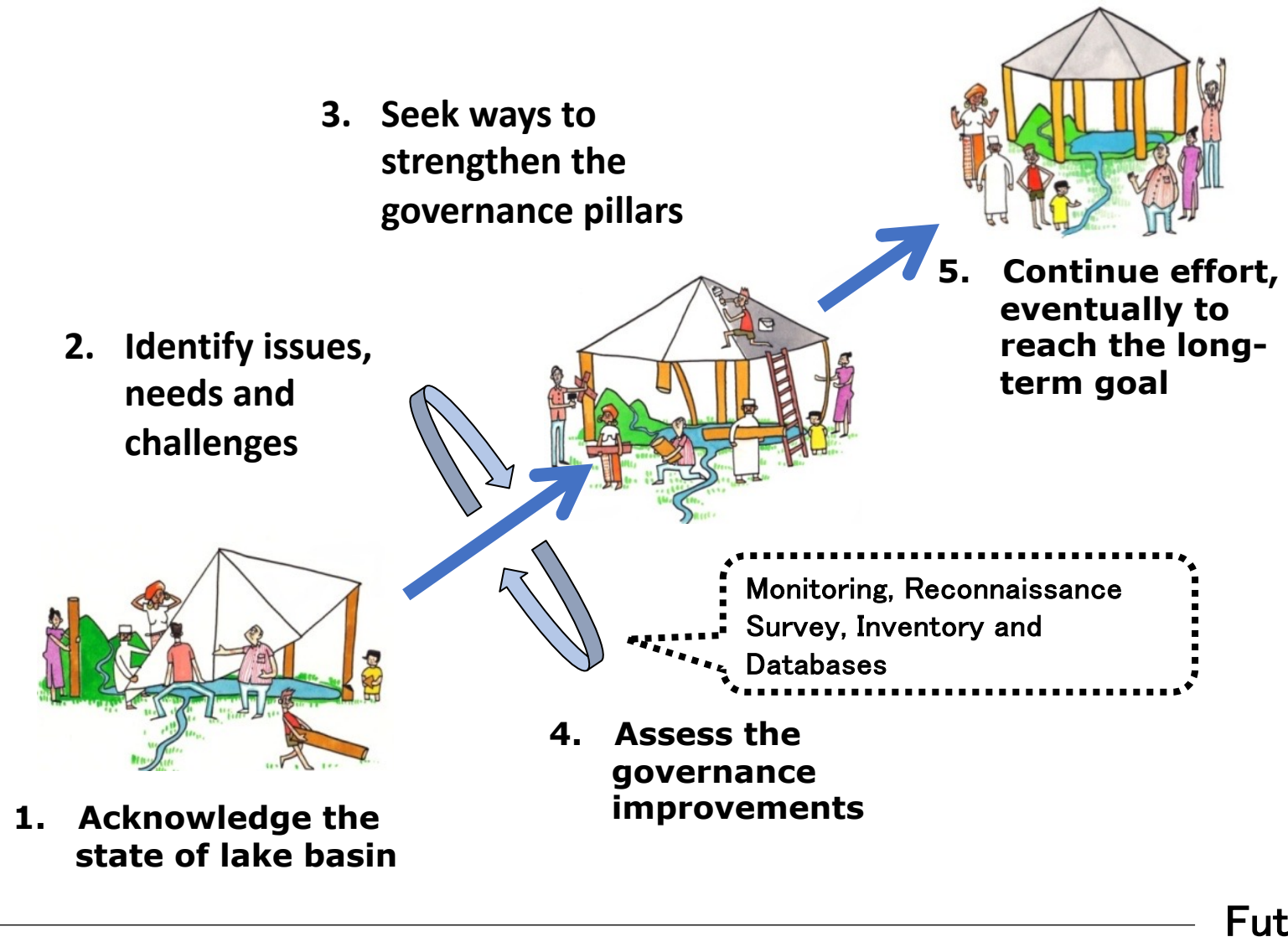
Water quality have far-reaching critical role in the interplay among environmental pollution, biodiversity, aquatic and terrestrial ecosystem function, food production, and human health.



# Lake Governance

More  
Sustainable

Level of Sustainability



Cyclic  
Platform  
Process

**PREMISE:** The **City Tourism Master Plan** was formulated by the City Government of San Pablo to develop Sampaloc Lake and its environs as a premier eco-adventure tourist destination which was adopted and approved on 07 April 2015 by the Sangguniang Panlungsod.

### **Approval and Implementation of LLDA Memorandum Circular No. 2017-03:**

**“Guidelines in Implementing the Zoning of Aquaculture Structures in Sampaloc Lake by Amending Certain Provisions of Memorandum Order No. 2005-43 and Inclusions of Other Rules and Regulations”**



**25 July 2017** - Signing by GM Jaime Medina in San Pablo City



**08 September 2017** - Orientation of Operators



**26-27 November 2017** - Cluster Demarcation



**26 June 2018** – Awarding of Lake Occupancy Permit

## **Recent Developments:**

- **January-March 2018** - Continuous consultation with City Government and fish cage operators on clustering and agreed specific location of fish cages in the lake
- **April to May 2018** – Actual application for LLDA Permit by fish cage operators
- **June 2018** - Demarcation of Actual Relocation Sites of Fish Cages/Ceremonial Transfer
- **3<sup>rd</sup> Quarter 2018** - Actual Transfer of Fish Cages According to MC No. 2017-03
- **December 2018** – 100% completion on the transfer/zoning of fish cages



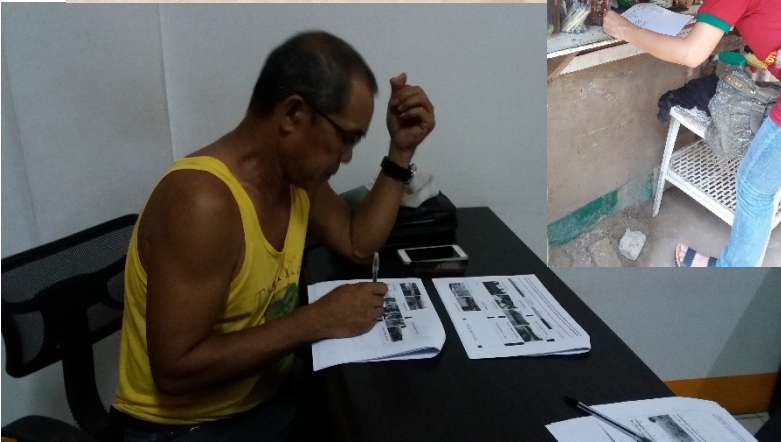
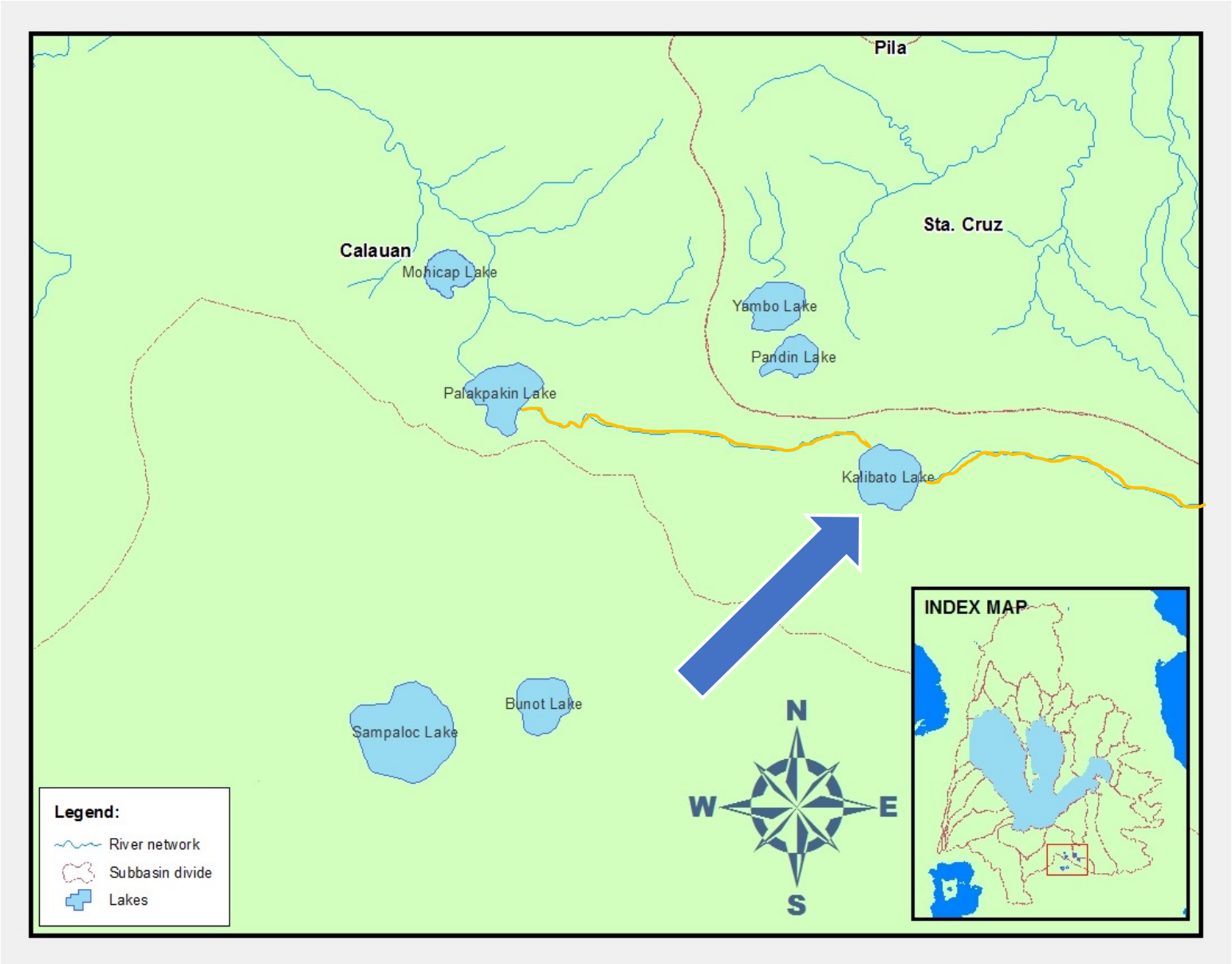


# Research Dissemination to Local Stakeholders



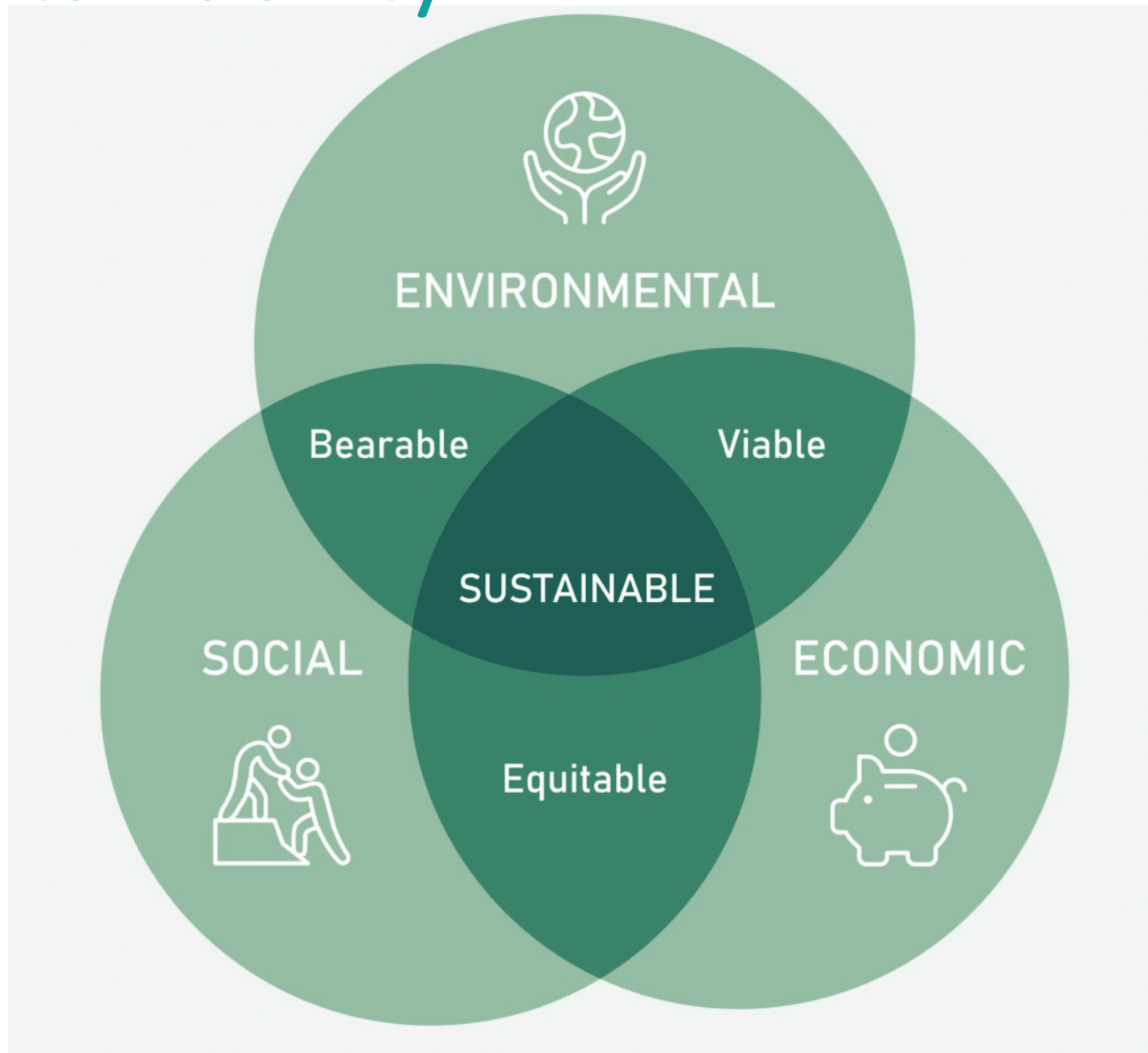


# Ecosystem Services Shared Value Assessment

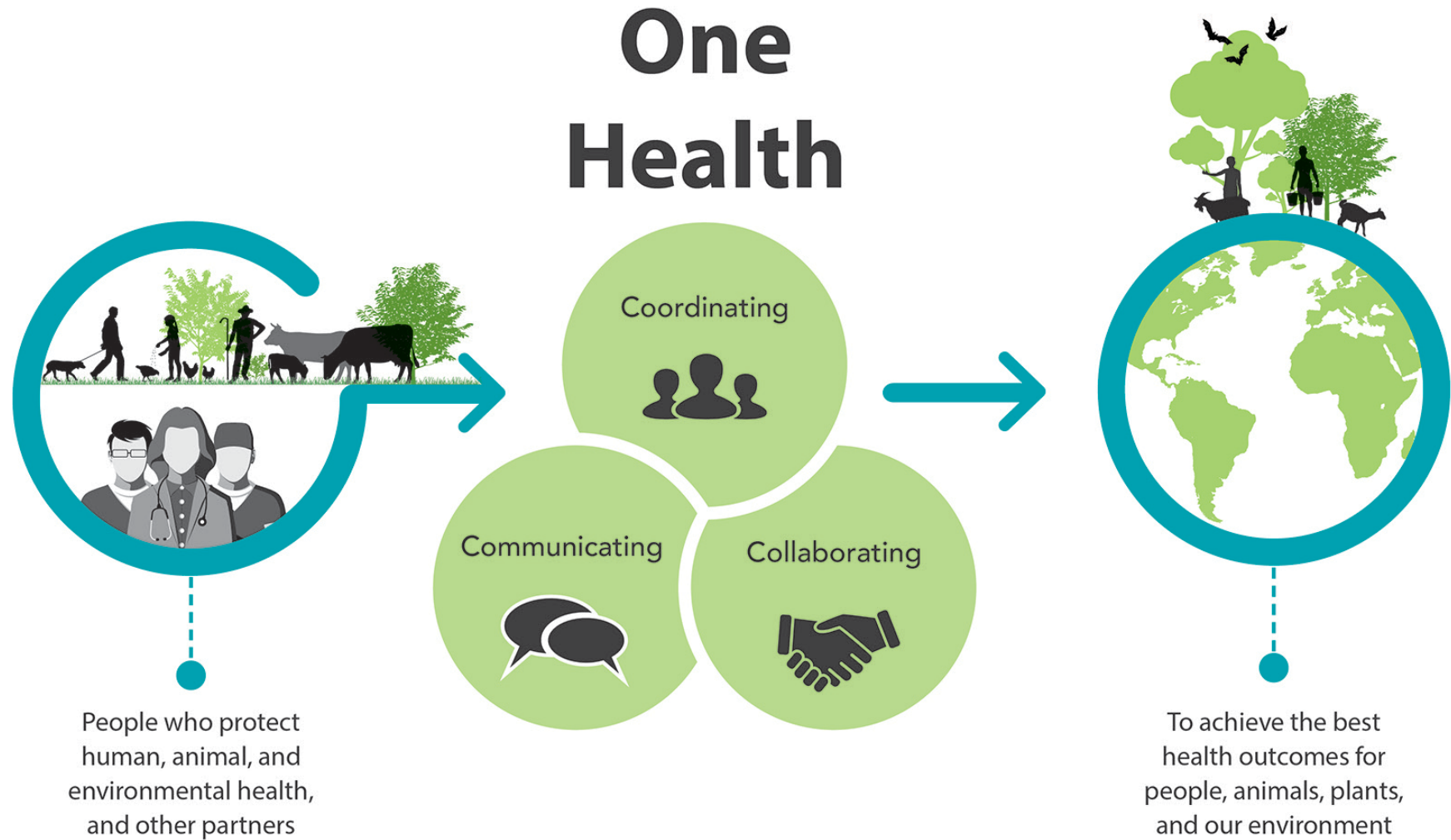




# Sustainability



# One Health Approach



One health, one earth.

# Acknowledgment

Research Mobility Grant, Meiji University

Dr. Takamitsu Kai  
Kurokawa Field Center, Meiji University

Seven Lakes Assessment and Monitoring Program: Strategies toward a  
Sustainable Lake Ecosystems (7 LAMPS)  
Department of Science and Technology, Philippines

Leading Academia in Marine and Environment Pollution Research  
(LaMer)  
Ehime University, Matsuyama, Japan

